

# Greater Monadnock Community Survey

A Community Benefit of Cheshire Medical Center

2024



Dartmouth  
Health

Cheshire Medical Center

# More Information

If you would like to learn more about the findings and insights from this report, the complete Greater Monadnock Community Health Survey is available at [cheshiremed.org/about/community-benefits-reporting](https://cheshiremed.org/about/community-benefits-reporting).

This comprehensive document contains valuable information on various health topics, some of which were not covered in this report.

Topic Area	Full Survey Page Number	Notes on available data
Sociodemographic Information of Participants Across the Region	Pages 3-10	Age, Gender, Educational Attainment, Household Composition, Veteran Status, Own/Rent, Sexual Identity, Race/Ethnicity, Income, Personal Financial Condition Rating, Employment Status, Voter Registration, Geographical Distribution
General Health Status and Healthcare Access	Pages 11-20	Overall health rating, poor physical health days, poor mental health days, healthcare access limitations in the past 12 months, source of health information
Special Topic: Adult Caregiving in Our Community	Pages 21-22	Provision of care for someone who is aging/has a health problem/disability, types of assistance provided, time spent caregiving, caregiving related stress
Food Access and Active Living	Pages 23-28	Weekly exercise frequency, access to buying healthy foods, food security assessment
Special Topic: Transportation	Pages 29-31	Access to a personal motor vehicle, transportation as a barrier to access
Mental Health Perceptions and Social Supports	Pages 32-36	Perception of support, assessment of mental health related stigmas, knowledge of community supports
Community Safety and Connection	Pages 37-40	Feelings of community safety, feeling a sense of community, rating community as a place to live
Emergency Personal Preparedness	Pages 41-45	Perception of emergency response time, emergency kit prevalence, personal resiliency measures

Questions about the data and what it means for your strategic efforts? Connect with Maggie Graul, Population Health Epidemiologist in the Center for Population Health at [mgraul@cheshire-med.com](mailto:mgraul@cheshire-med.com)



University of  
New Hampshire

The Survey Center



**Healthy Monadnock Alliance  
2024 Greater Monadnock Community Survey**

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The Survey Center  
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*The University of New Hampshire*  
**Survey Center**

The UNH Survey Center is an independent, non-partisan academic survey research organization and division of the UNH College of Liberal Arts.

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## Table of Contents

Executive Summary .....	1
Key Findings .....	1
Demographics .....	3
Health Status and Healthcare Access.....	11
Food Access and Active Living.....	23
Transportation .....	29
Mental Health .....	32
Community Safety and Connection .....	37
Emergency Preparedness and Resiliency .....	41
Appendix A: Detailed Tabular Results .....	46
Appendix B: Open-ended Responses .....	103
Appendix C: Survey Instrument .....	107



## Executive Summary

The University of New Hampshire Survey Center, in conjunction with the healthy Monadnock Alliance, conducted the 2024 Greater Monadnock Community Survey to better understand the Monadnock community's health concerns and quality of life. Monadnock region residents received two letters inviting them to complete the survey online, along with a postcard reminder. Overall, 533 respondents completed the survey between March 28 and June 3rd, 2024.

The following figures display survey results for each question. Appendix A contains detailed tabular results, Appendix B contains the open-ended responses, and Appendix C contains the survey instrument. Due to rounding, percentages may not sum to 100%.

### Key Findings

#### Demographics

Respondents are most likely to report residing in Keene, Peterborough, Chesterfield, Swanzey, and Jaffrey. When asked to rate their financial situation a scale from 0-10, a quarter give a rating of 0-4, nearly half give a rating of 5-7, and a quarter give a rating of 8-10.

#### Health Status and Healthcare Access

A majority of respondents rate their overall health as good and only one in twenty rate it as poor or very poor. Those from less wealthy households are less likely to rate their overall health highly. Close to half of respondents report at least 1 day in the past 30 in which poor physical health kept them from their usual activities, and three in ten say the same about their mental health.

About one in six each say that at least once in the past 12 months they were unable to get care for a sickness or illness or have a routine medical visit. Those with low incomes are particularly likely to say this has happened to them. Both groups are most likely to cite being unable to get an appointment scheduled in a reasonable time as a reason they were unable to get the care they needed. Healthcare professionals, the internet, and family members, friends, and co-workers are the most popular sources of health information among respondents.

Just under a quarter of respondents are currently providing care or assistance to someone in need. Those who are doing so most often report doing physical tasks such as cleaning the home and going shopping. Nearly half provide care or assistance once a day or more often and a majority say that it adds a lot or some to their personal levels of stress.

#### Food Access and Active Living

Most respondents find it very or somewhat easy to buy healthy foods like fresh fruits or vegetables. Those who feel it is difficult by far most often cite the cost of healthy foods as an impediment. A majority say that at least rarely they are unable to buy the kind of food they wanted because it was too expensive and nearly one in five say that this is always or often the case. One-third say that at least rarely they cannot afford to eat balanced meals and one in five at least rarely cut the size or skip meals because there was not enough food. Those with lower levels of income and education are more likely to report these situations happening to them over the past 12 months. More than half of respondents say that they exercise vigorously 3 times a week or more often, particularly older people, men, and those with good financial situations, while those with poor financial situations and women are less likely to exercise this often.

#### Transportation

The vast majority of respondents have a functioning and legal personal motor vehicle and very few say that a lack of transportation prevents them from activities or accessing services. Those with lower incomes and renters are more likely than others to lack personal transportation and to be limited by a lack of transportation.

#### Mental Health

Nearly two-thirds of respondents feel that they definitely have someone to support them in the case of an emergency, and nearly all the rest say they probably have such a person. Clear majorities know of entities or organizations to contact if they are in need of help regarding mental health, substance abuse, or aging issues, while smaller majorities are aware of resources for help with children or adolescents or if they are facing financial difficulties. A plurality agree that people often use mental health as an excuse to get out of tough situations, particularly registered Republicans and young people. However, a majority would not try to conceal receiving mental health treatment from friends and family and disagree that people worry too much about their mental health and do not need mental health treatment unless they have serious issues.

### **Community Safety and Connection**

A majority of respondents feel a sense of community with others in their hometown while only one in five disagree. Nine in ten feel very or somewhat safe in public spaces during the day, particularly those with higher incomes and levels of education. Relatively few young people, those with low incomes, and those with a high school education or less feel this way. Overall, most respondents rate their hometown as a very good or good place to live, particularly those in good financial situations.

### **Emergency Preparedness and Resiliency**

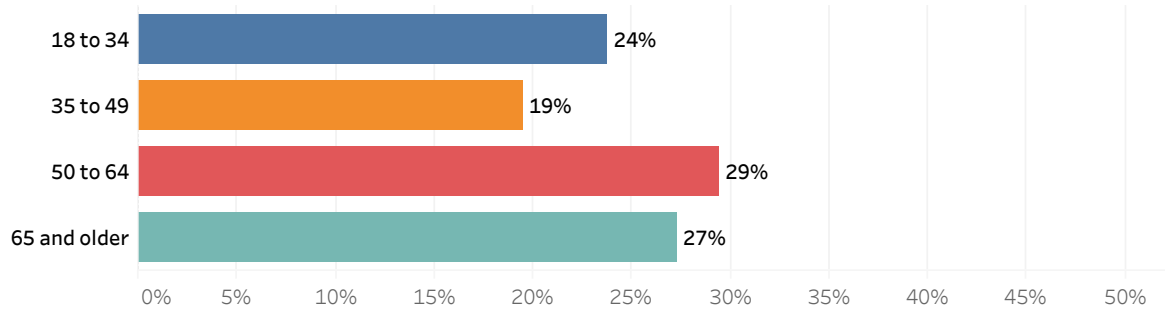
In the event of a catastrophic disaster, a majority of respondents feel that emergency responders would get to them within several hours or sooner. About one-third say that their household has a complete emergency preparedness kit while half have an partially complete kit and one in six have no emergency preparedness kit at all. Large majorities of respondents feel that they tend to bounce back after personal hardships, are able to adapt when changes occur, and can deal efficiently with unexpected events.

## Demographics

NOTE: This survey data is weighted to latest American Community Survey (ACS) estimates from the U.S. Census Bureau by age, level of education, and gender. The data is also weighted by party registration based on the latest registration numbers provided by the New Hampshire Secretary of State.

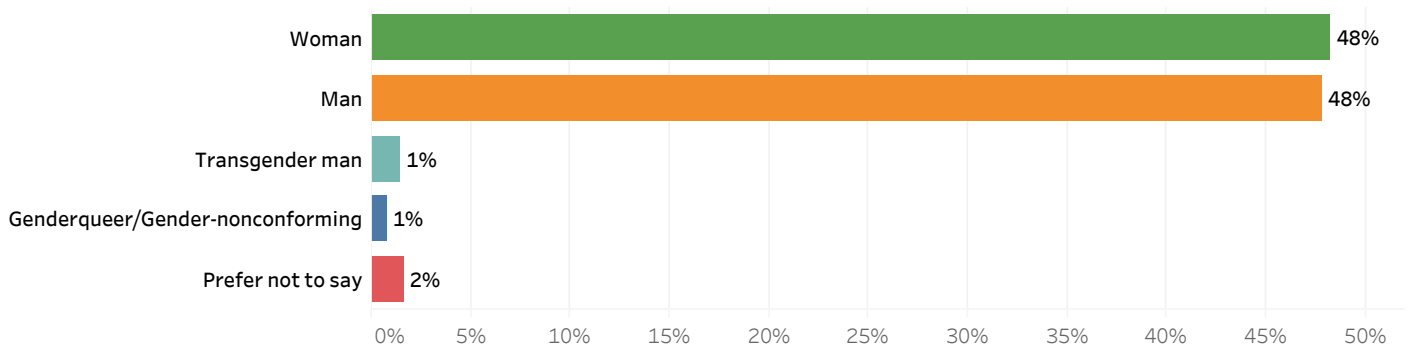
Twenty-four percent of respondents are between the ages of 18 and 34, 19% are between the ages of 35 and 49, 29% are between the ages of 50 and 64, and 27% are 65 or older.

Figure 1: Age of Respondent



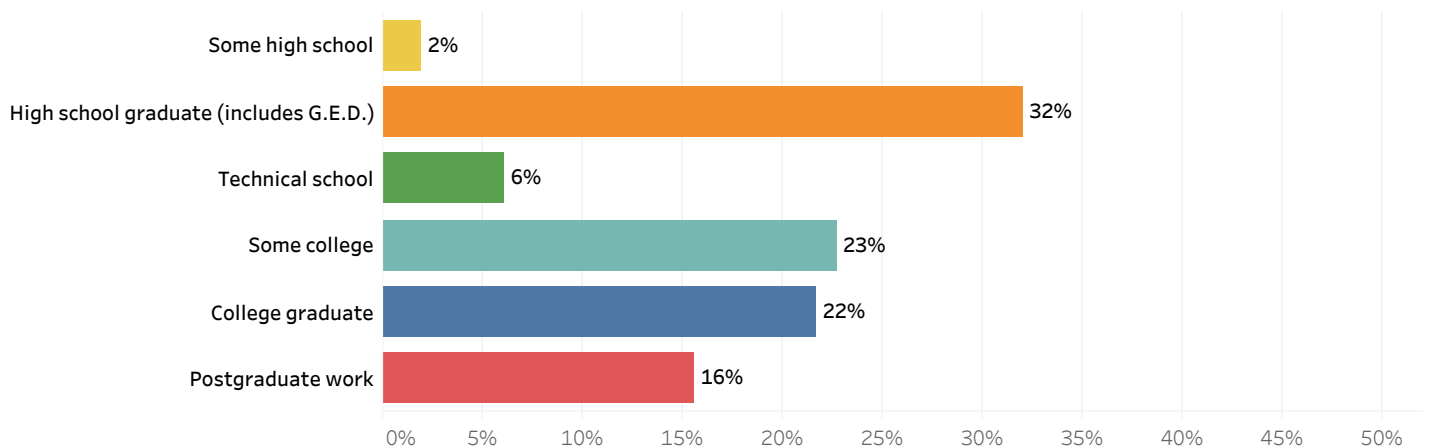
Forty-eight percent of respondents identify as women and 48% identify as men. One percent of respondents identify as a transgender man, 1% identify as genderqueer or gender-nonconforming, and 2% prefer not to say.

Figure 2: Gender of Respondent



One-third of respondents (32%) say a high school degree is the highest level of education they have achieved with another 2% saying they have some high school education but not a diploma. Nearly three in ten (29%) have attended technical school (6%) or have some college education (23%) while 22% are college graduates and 16% have completed postgraduate work.

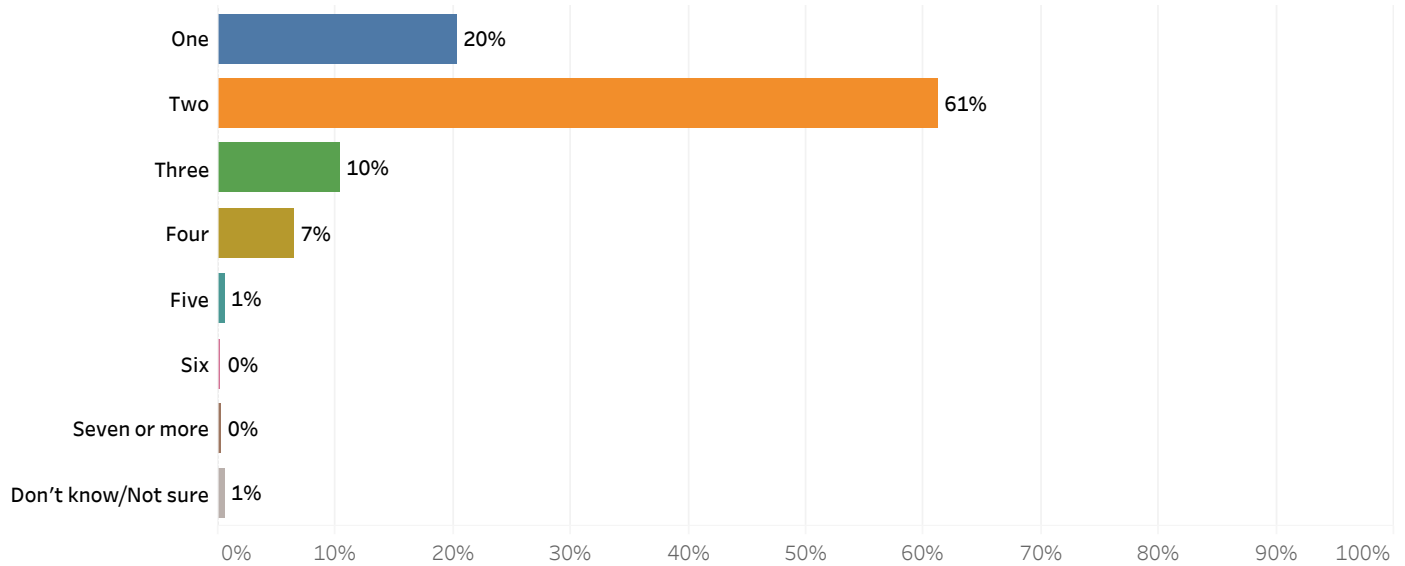
Figure 3: Highest Level of Education Completed by Respondent





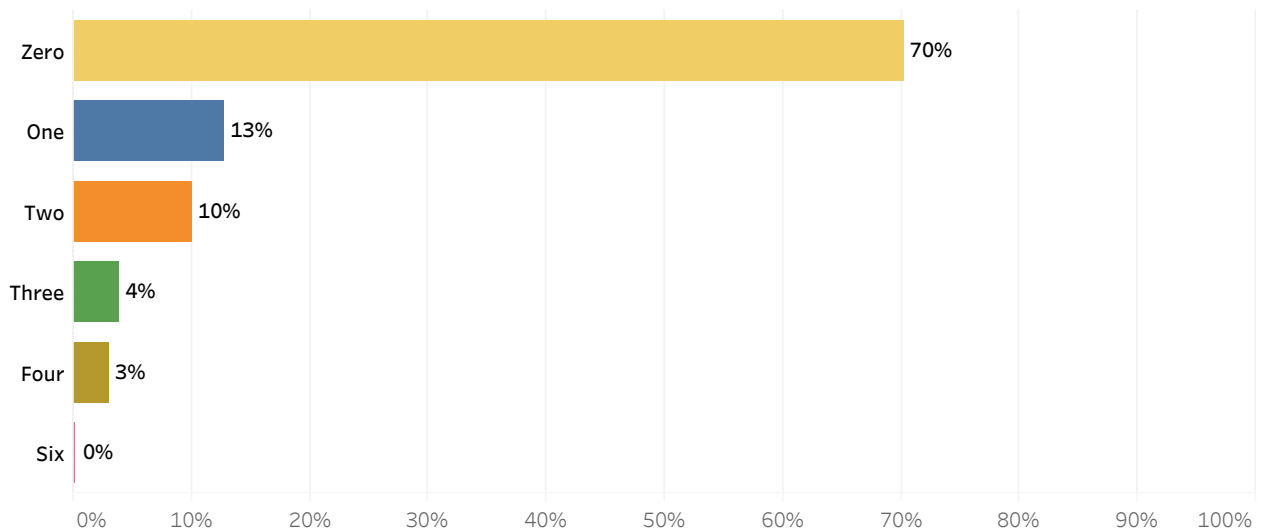
One in five respondents (20%) say that they are the only adult in their household, 61% are in a household with two adults, 10% are in a household with three adults, and 8% are in a household with four or more adults.

**Figure 4: Number of Adults in Household**



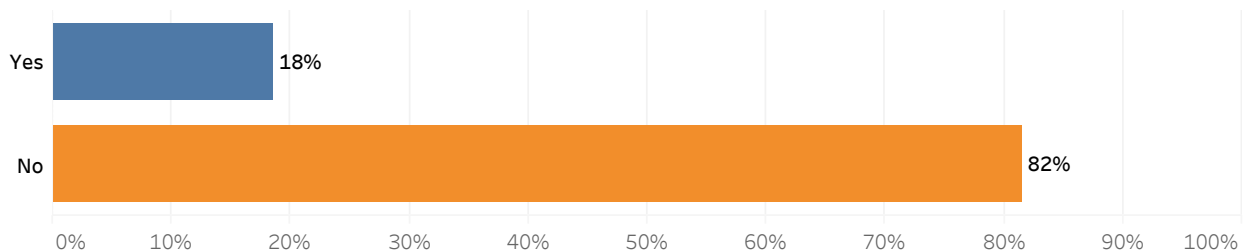
Seven in ten respondents (70%) say that there are no children in their household, 13% have one child in their household, 10% have two children in their household, and 7% have three or more children in their household.

**Figure 5: Number of Children in Household**



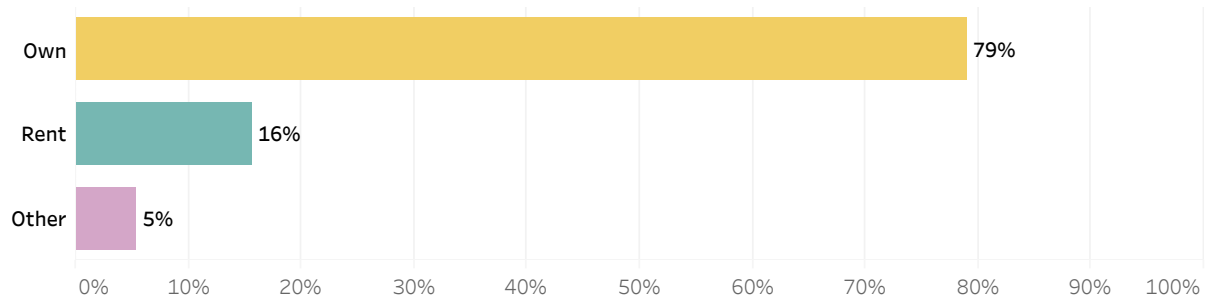
Just under one in five respondents (18%) say that they or someone else in their household is a veteran of the armed forces, while 82% say no one in their household is a veteran.

**Figure 6: Veteran Household**



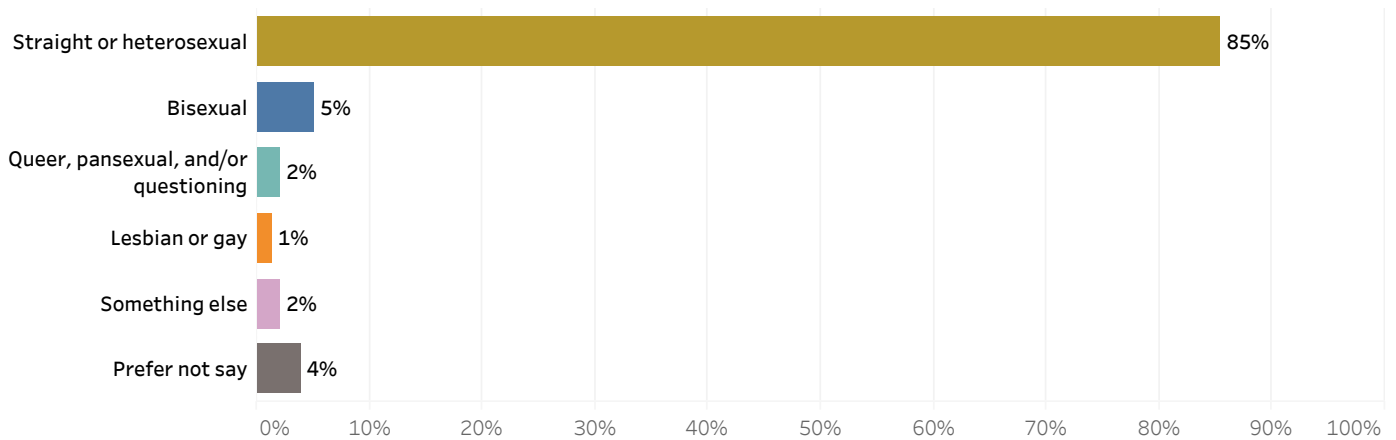
Four in five respondents (79%) say that they own their home, 16% rent their home, and 5% have a different living arrangement.

**Figure 7: Own or Rent Home**



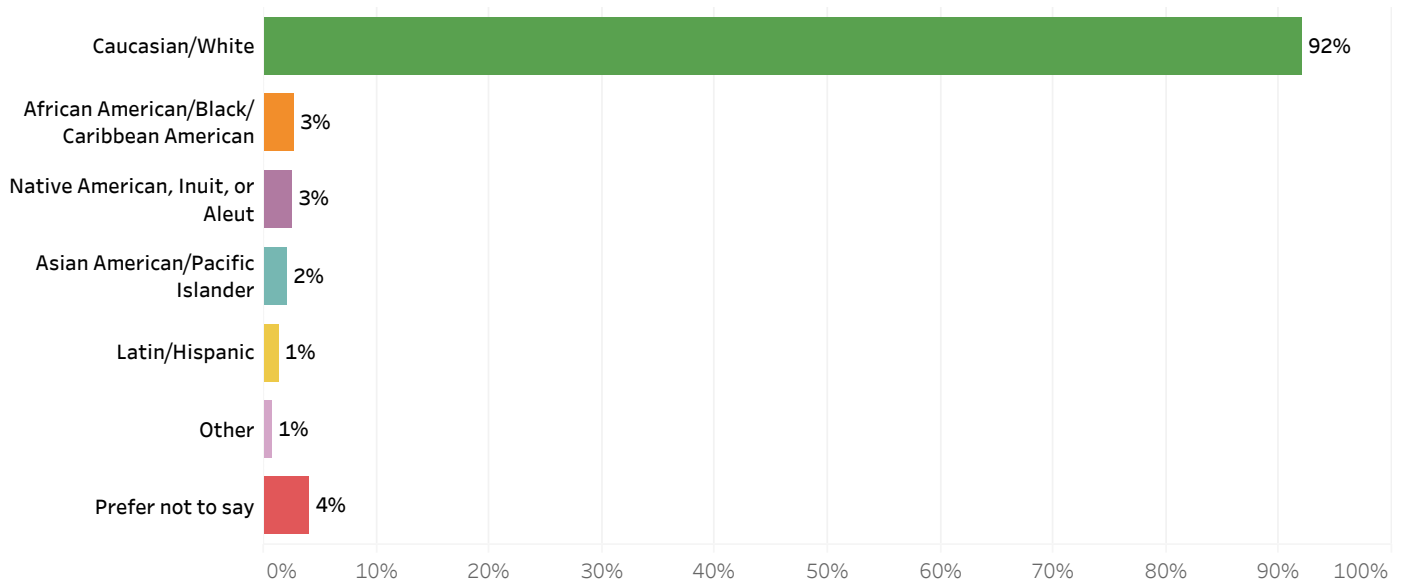
A large majority of respondents (85%) say that their sexual identity is straight or heterosexual, 5% identify as bisexual, 2% identify as queer, pansexual, or questioning, while 1% identify as lesbian or gay. Two percent say their sexual identity is something else while 4% prefer not to say.

**Figure 8: Sexual Identity of Respondent**



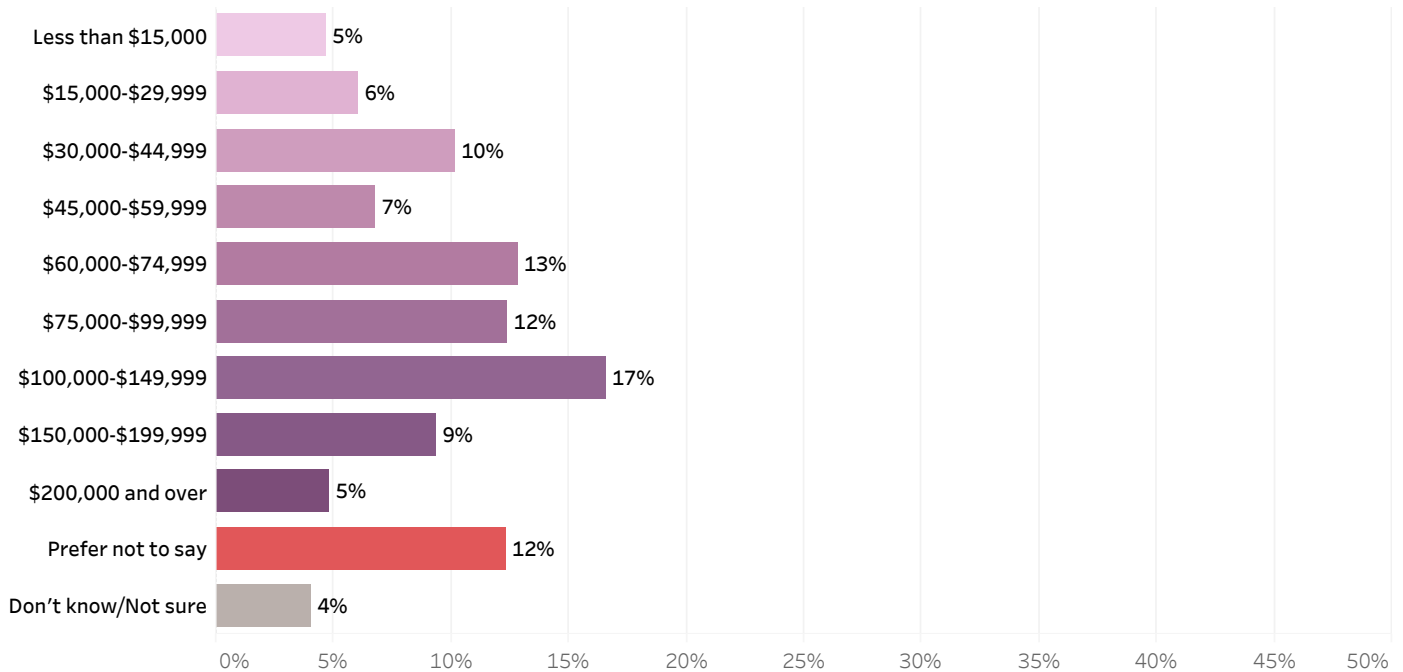
More than nine in ten respondents (92%) identify as Caucasian or White, 3% identify as African American, Black, or Caribbean American, 3% identify as Native American, Inuit, or Aleut, 2% identify as Asian American or Pacific Islander, and 1% identify as Latin or Hispanic. One percent of respondents identify as another race or ethnicity while 4% prefer not to say.

**Figure 9: Race/Ethnicity of Respondent (Select all that apply)**



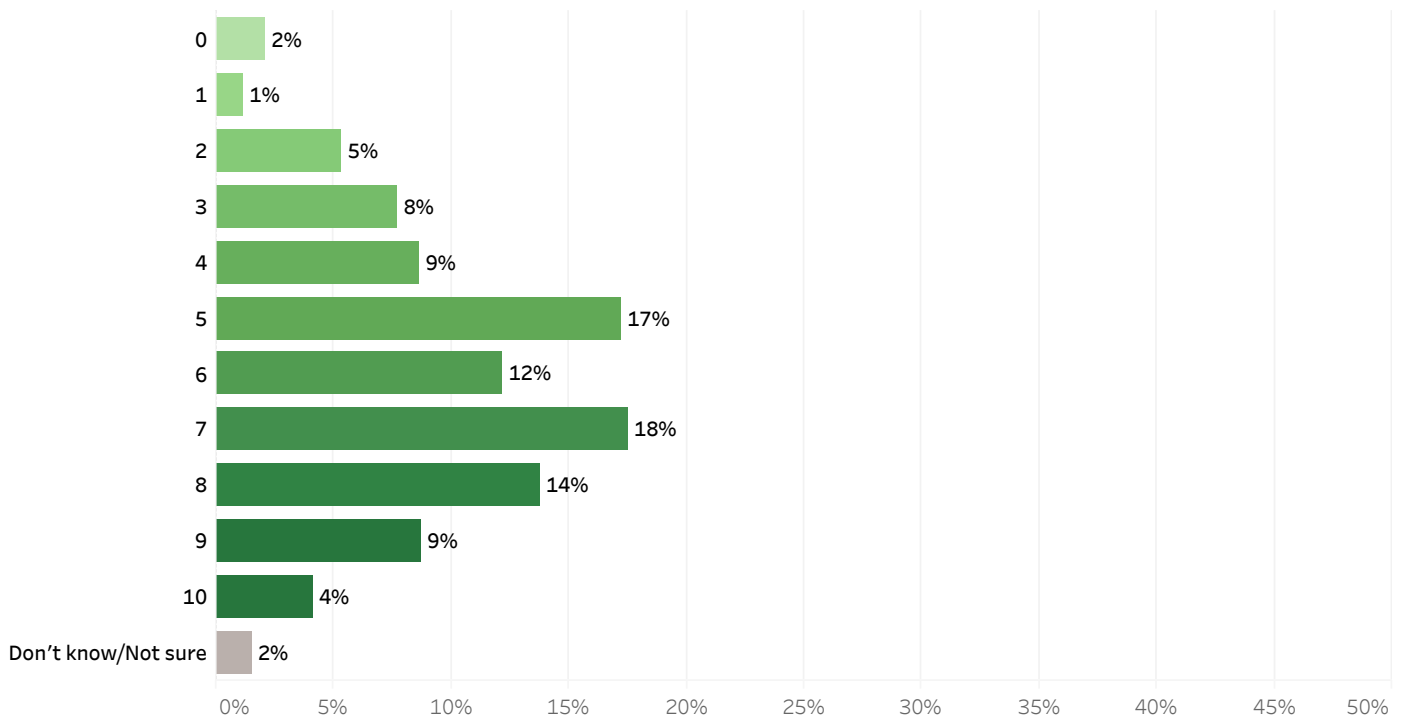
Eleven percent of respondents say that their household income is less than \$30,000 while 17% say their household income is between \$30,000 and \$59,999. One-quarter of respondents (25%) have a household income between \$60,000 and \$99,999 while nearly one-third (31%) have a household income of \$100,000 or more. Four percent of respondents say they don't know what their household income is while 12% prefer not to say.

Figure 10: Household Income



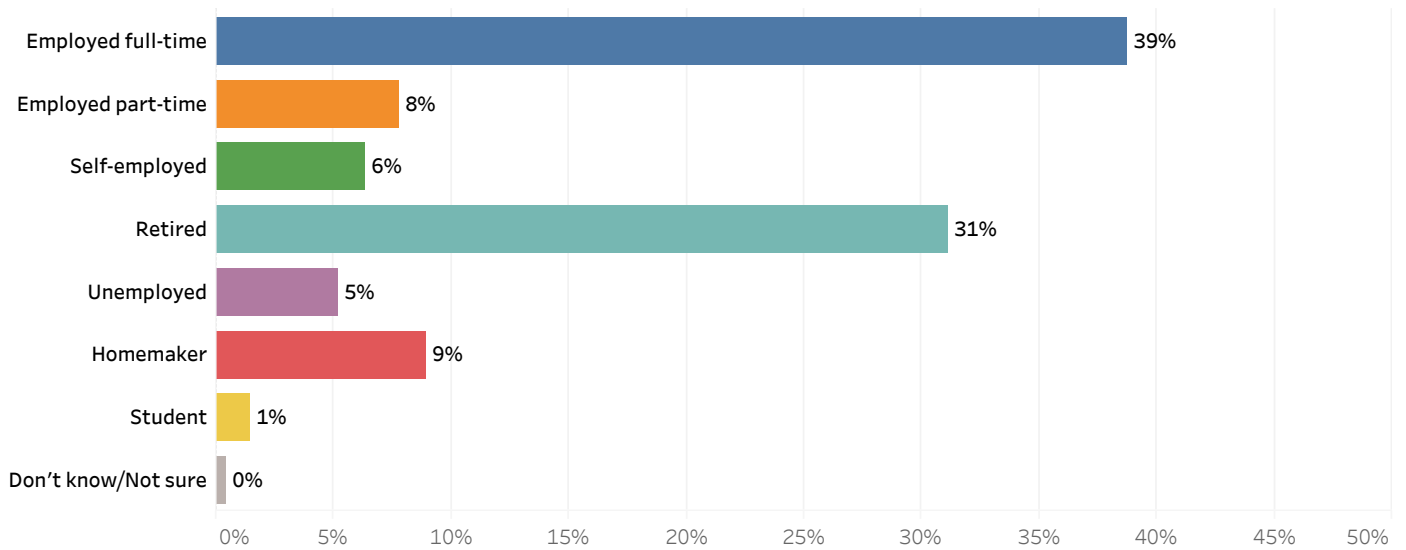
When asked to rate their financial condition on a scale of 0 to 10, with 10 representing the best possible financial condition and 0 representing the worst, one-quarter of respondents rated their financial condition with a 0 (2%), 1 (1%), 2 (5%), 3 (8%), or 4 (9%). Just under half (47%) rated their financial condition with a 5 (17%), 6 (12%), or 7 (18%) while one-quarter (27%) rated their financial condition with a 8 (14%), 9 (9%), or 10 (4%).

Figure 11: Rating of Financial Condition



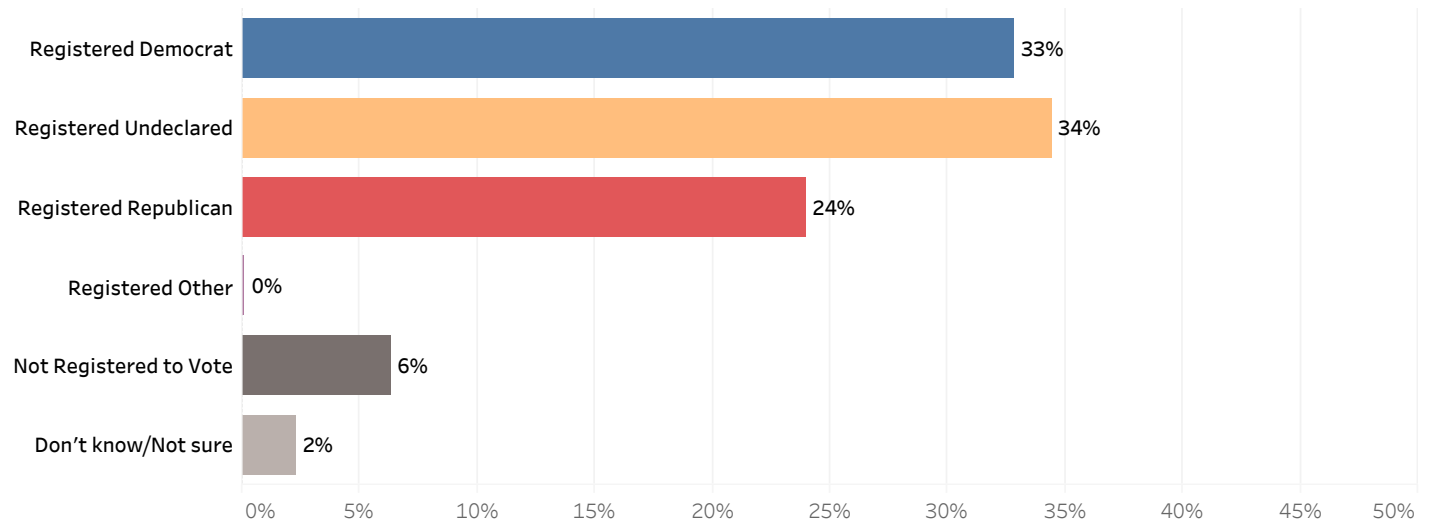
Two in five respondents (39%) say they are employed full-time while 8% are employed part-time and 6% are self-employed. Thirty-one percent of respondents are retired, 5% are unemployed, 9% are homemakers, and 1% are students.

Figure 12: Employment Status



One-third of respondents (33%) are Registered Democrats while a similar amount are Registered Undeclareds (34%). One-quarter of respondents (24%) are Registered Republicans, 6% are not registered to vote, and 2% are not sure of their voter registration status.

Figure 13: Voter Registration of Respondent



Twenty-two percent of respondents live in the City of Keene, 54% live in the other 22 towns in Cheshire County, and 25% live in the 10 towns in Hillsborough County that were included in the survey.

Figure 14: Respondent's City/Town of Residence

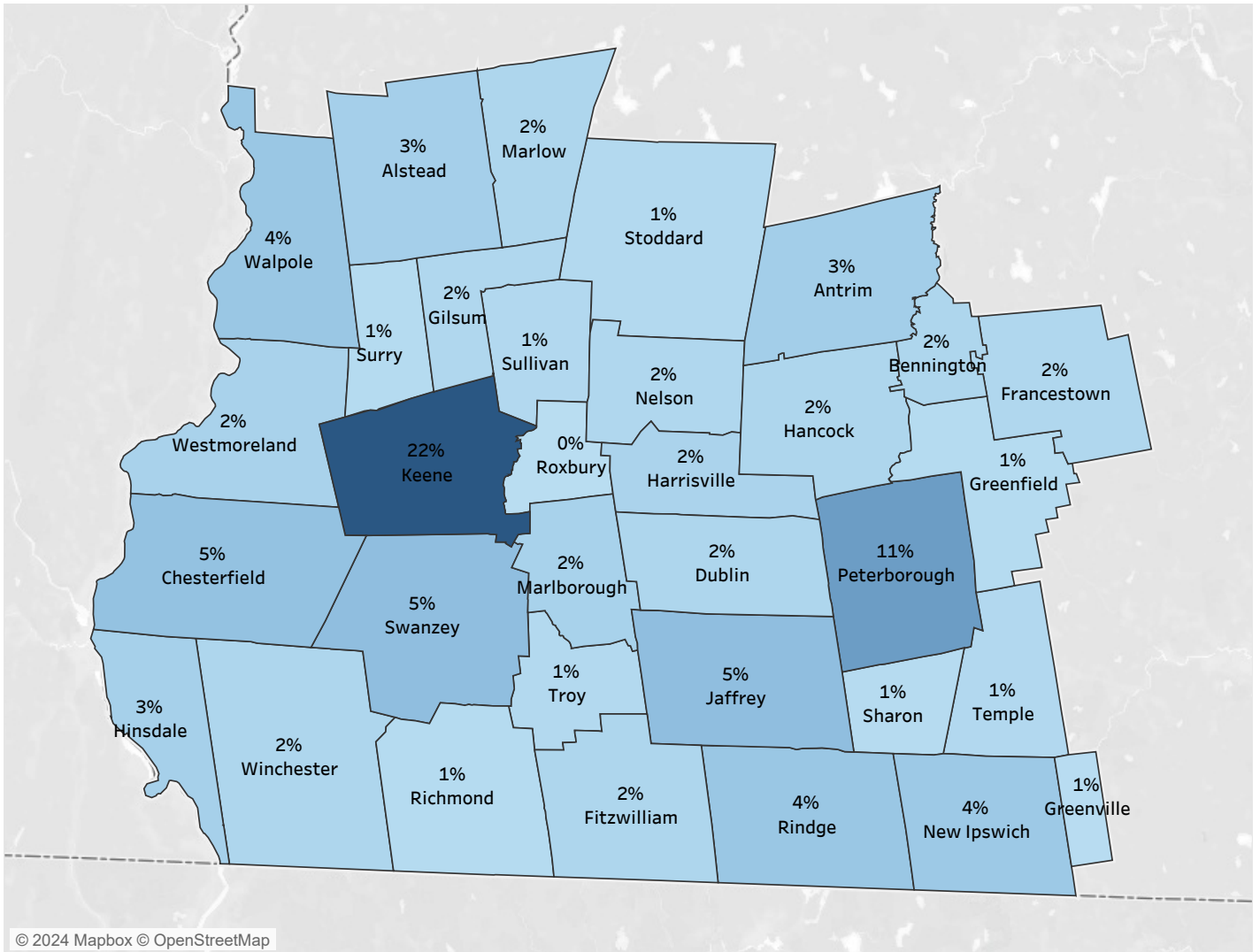


Figure 15: Demographics By Region

		Region		
		Keene	Rest of Cheshire	Western Hillsborough
<b>Age</b>	18 to 34	21%	19%	37%
	35 to 49	28%	22%	8%
	50 to 64	28%	31%	27%
	65 and older	24%	28%	28%
<b>Gender</b>	Woman	48%	47%	52%
	Man	50%	48%	45%
	Transgender man		3%	
	Genderqueer/Gender-nonconforming	1%	1%	
	Prefer not to say	2%	1%	3%
<b>Education</b>	Some high school		2%	4%
	High school graduate (includes G.E.D.)	23%	38%	28%
	Some college	28%	21%	21%
	Technical school	6%	6%	8%
	College graduate	25%	19%	24%
	Postgraduate work	18%	15%	15%
<b>Adults in HH</b>	One	28%	17%	22%
	Two	54%	66%	56%
	Three	14%	11%	7%
	Four	1%	5%	14%
	Five	1%	1%	1%
	Six			1%
	Seven or more		1%	
	Don't know/Not sure	3%	0%	
<b>Children in HH</b>	Zero	76%	65%	76%
	One	14%	16%	6%
	Two	9%	13%	4%
	Three	1%	4%	5%
	Four		1%	9%
	Six		0%	
<b>Veteran in HH</b>	Yes	12%	17%	27%
	No	88%	83%	73%
<b>Own or Rent Home</b>	Own	61%	86%	78%
	Rent	33%	7%	20%
	Other	6%	7%	2%
<b>Sexual Identity</b>	Straight or heterosexual	78%	93%	75%
	Bisexual	6%	3%	9%
	Queer, pansexual, and/or questioning	5%	2%	
	Lesbian or gay	1%	1%	3%
	Something else	3%		6%
	Prefer not say	7%	2%	6%



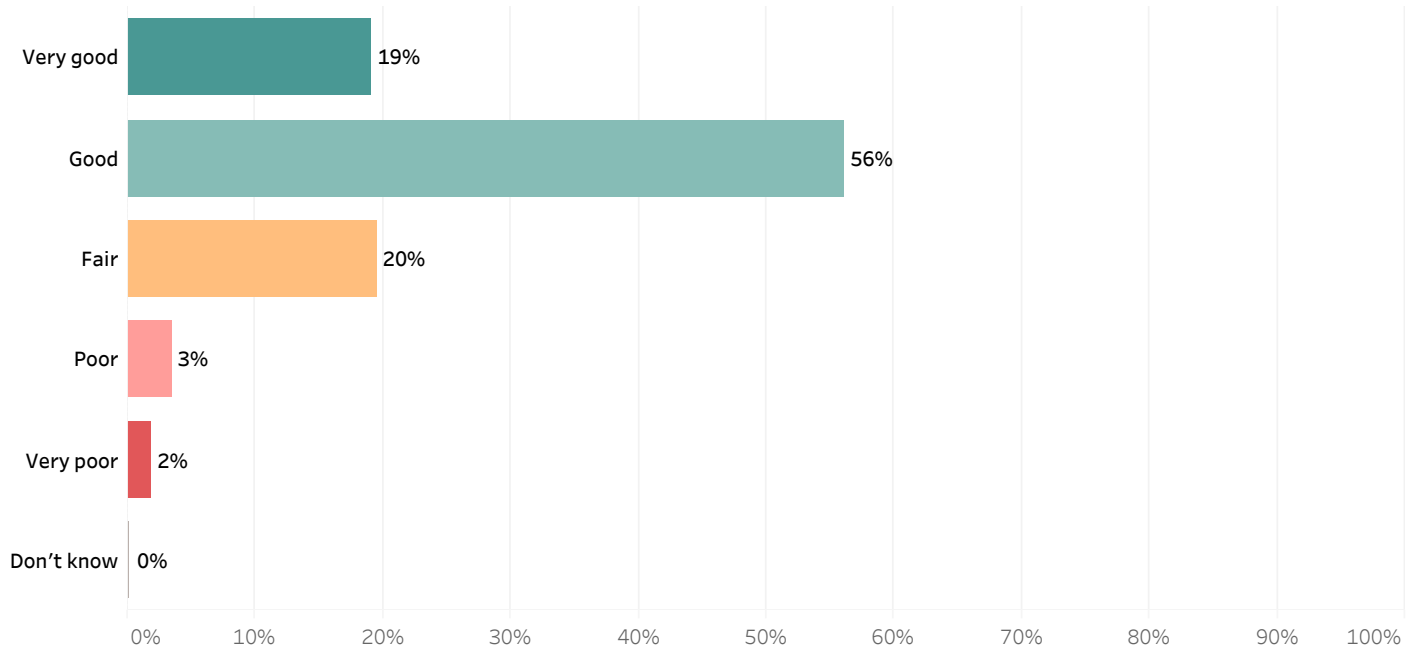
Figure 16: Demographics By Region

		Region		
		Keene	Rest of Cheshire	Western Hillsborough
<b>Race/Ethnicity</b>	Native American, Inuit, or Aleut	5%	1%	3%
	Asian American/Pacific Islander	4%	2%	
	African American/Black/ Caribbean American	4%	3%	
	Caucasian/White	91%	90%	96%
	Latin/Hispanic	4%	1%	1%
	Other		1%	1%
	Prefer not to say	4%	4%	4%
<b>Household Income</b>	Less than \$15,000	9%	5%	
	\$15,000-\$29,999	8%	5%	6%
	\$30,000-\$44,999	13%	8%	13%
	\$45,000-\$59,999	3%	10%	4%
	\$60,000-\$74,999	13%	11%	16%
	\$75,000-\$99,999	7%	18%	5%
	\$100,000-\$149,999	18%	13%	23%
	\$150,000-\$199,999	11%	7%	13%
	\$200,000 and over	5%	5%	4%
	Prefer not to say	8%	13%	16%
Don't know/Not sure	4%	6%		
<b>Rating of Financial Condition</b>	1	1%	2%	1%
	2	8%	3%	8%
	3	10%	4%	14%
	4	18%	6%	7%
	5	8%	22%	14%
	6	10%	12%	15%
	7	9%	25%	9%
	8	15%	11%	19%
	9	9%	9%	8%
	10	8%	3%	4%
	Don't know/Not sure	4%	1%	
<b>Employment Status</b>	Employed full-time	50%	35%	37%
	Employed part-time	7%	5%	15%
	Homemaker	5%	10%	11%
	Retired	24%	35%	30%
	Self-employed	2%	10%	2%
	Student	5%	1%	
	Unemployed	6%	5%	5%
	Don't know/Not sure	2%		
<b>Voter Registration</b>	Registered Democrat	47%	30%	26%
	Registered Undeclared	32%	32%	42%
	Registered Republican	12%	26%	29%
	Registered Other	0%		
	Not Registered to Vote	8%	8%	2%
	Don't know/Not sure	0%	4%	0%

## Health Status and Healthcare Access

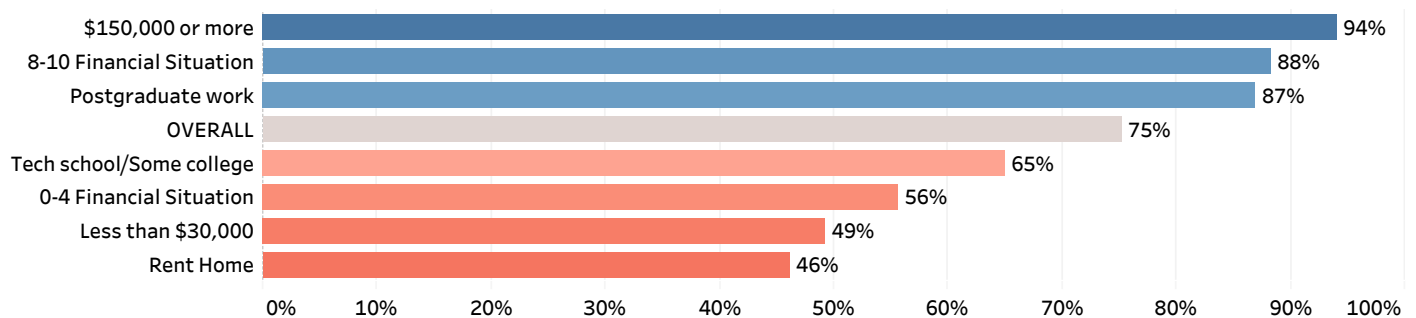
One in five respondents (19%) rate their overall health as very good while a majority (56%) rate their health as good. Twenty percent rate their health as fair, 3% rate it as poor, and 2% rate it as very poor.

Figure 17a: In general, how would you rate your overall health?



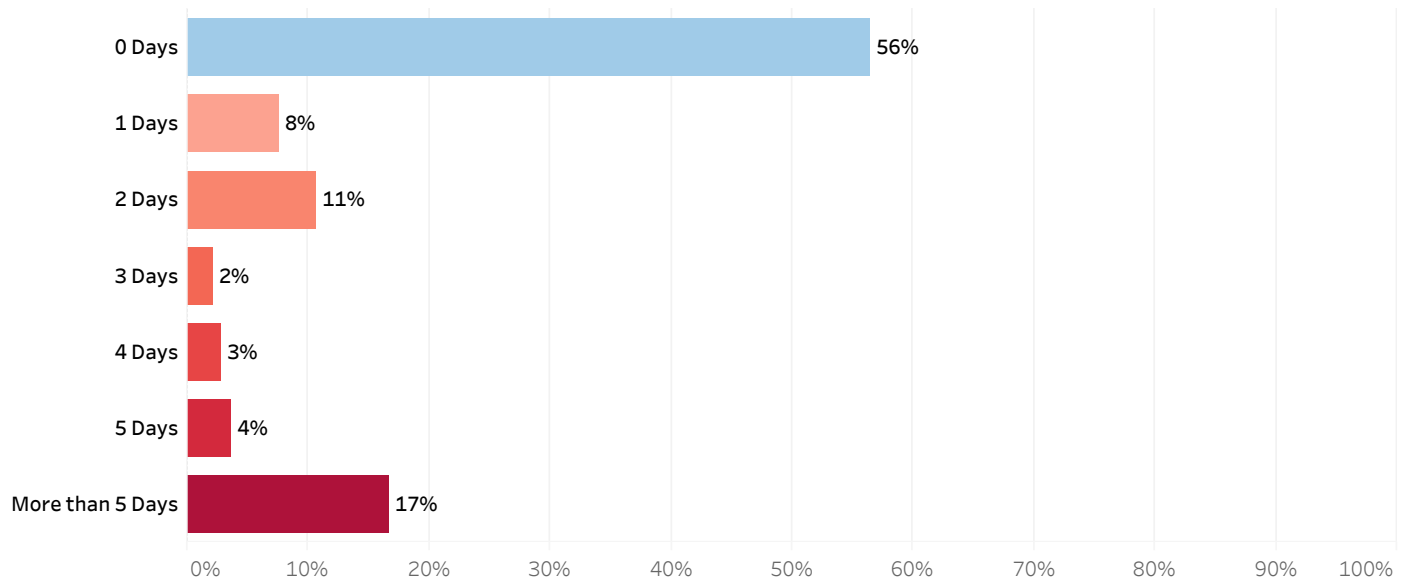
- Respondents with a household income of \$150,000 or more, those who rate their financial situation between 8 and 10, and those who have completed postgraduate work are more likely than others to rate their overall health as very good or good. Respondents who rent their home, those with a household income of less than \$30,000, those who rate their financial situation between 0 and 4, and those who attended technical school or have some college education are less likely to rate their overall health as very good or good.

Figure 17b: Rate overall health as very good or good - By Select Demographics



Just over half of respondents (56%) say that there were no days in the past 30 when poor physical health kept them from doing their usual activities, such as self-care, work, or recreation. Eight percent say this was the case 1 day in the past 30, 11% say there were 2 days, 9% say there were between 3 and 5 days, and 17% say this was the case for more than 5 days.

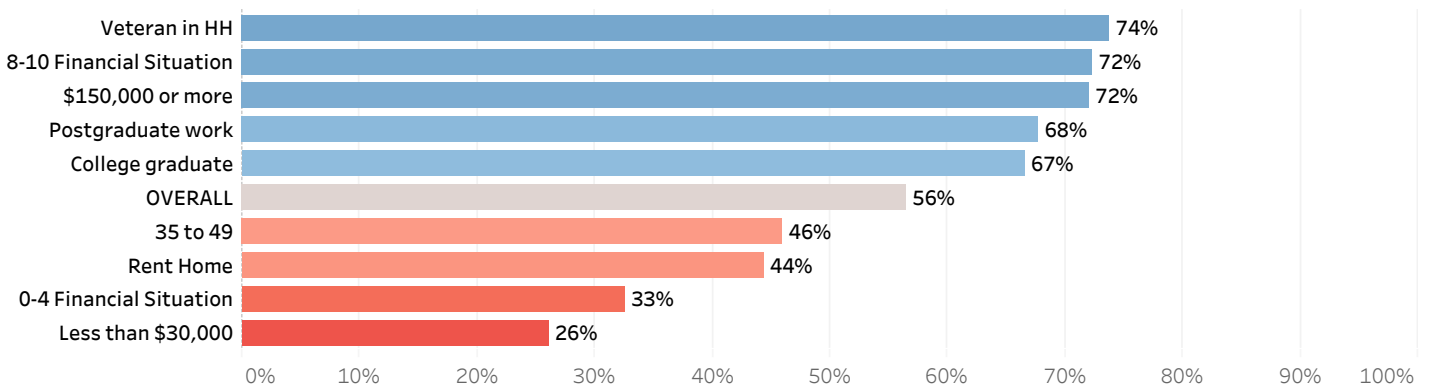
**Figure 18a: For about how many days during the past 30 days did poor physical health keep you from doing your usual activities, such as self-care, work, or recreation?**



- Respondents who have a veteran in their household, those who rate their financial situation between 8 and 10, those with a household income of \$150,000 or more, and those who are college graduates or have more education are more likely than others to say they were no days in the past 30 in which poor physical health kept them from doing usual activities. Those with a household income less than \$30,000, those who rate their financial situation between 0 and 4, those who rent their home, and those between the ages of 35 and 49 are less likely than others to say this is the case.

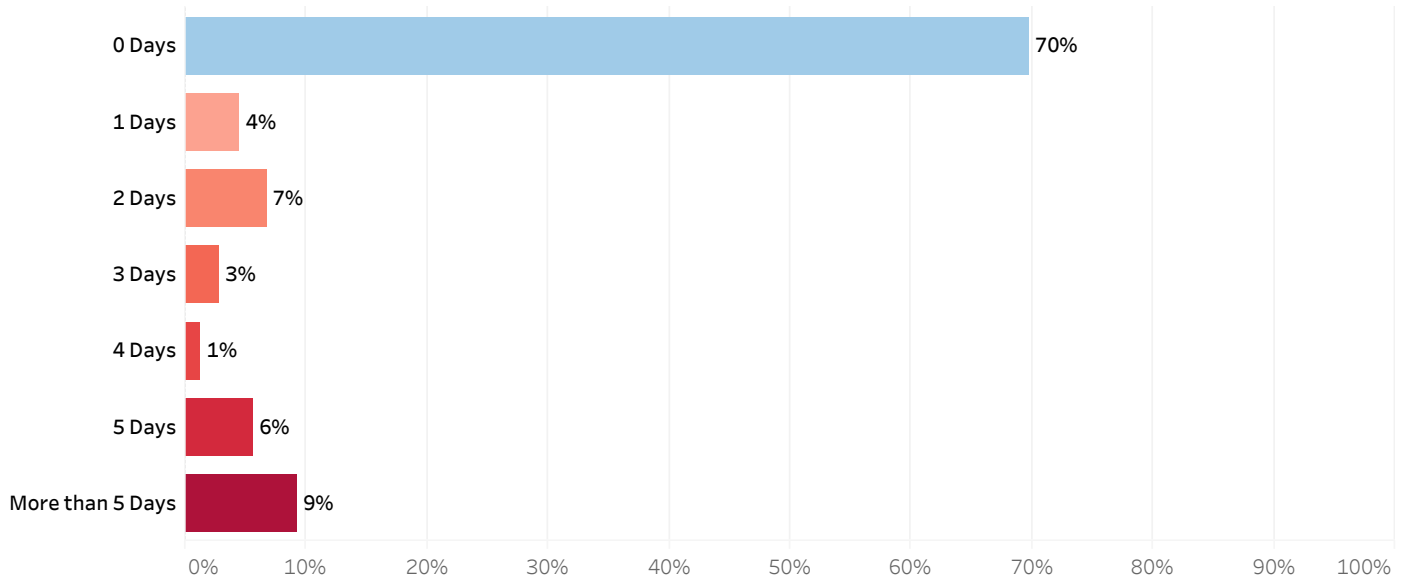
**Figure 18b: How many in past 30 days did poor physical health keep from doing usual activities, such as self-care, work, or recreation - By Select Demographics**

0 Days



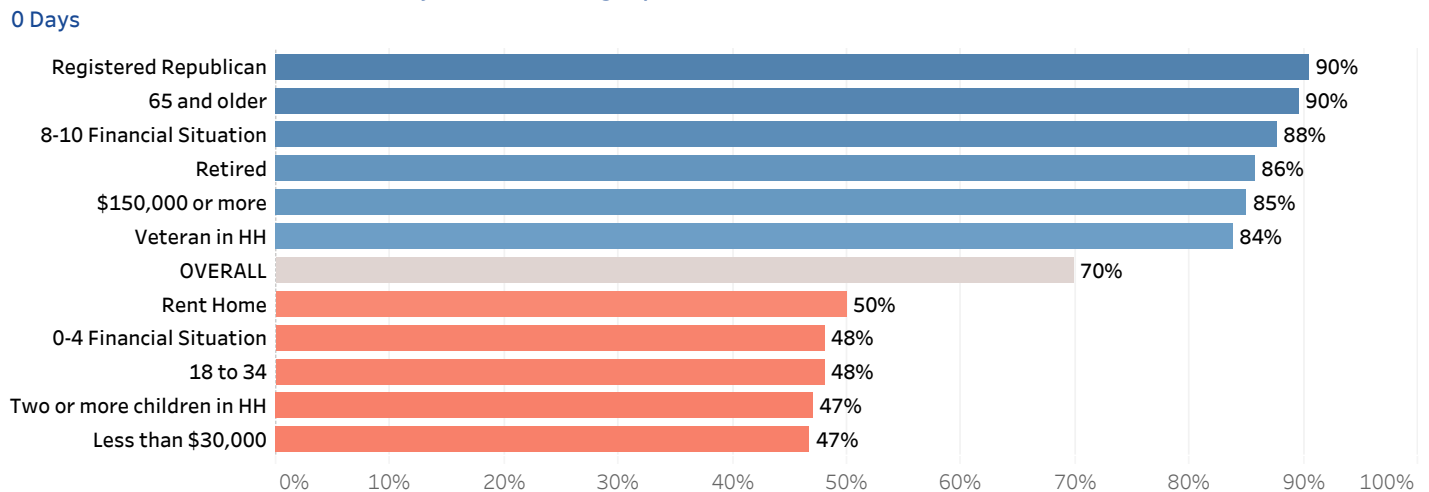
Seven in ten respondents (70%) say that were no days in the past 30 when poor mental health kept them from doing their usual activities, such as self-care, work, or recreation. Four percent say this was the case 1 day in the past 30, 7% say there were 2 days, 10% say there were between 3 and 5 days, and 9% say this was the case for more than 5 days.

**Figure 19a: For about how many days during the past 30 days did poor mental health keep you from doing your usual activities, such as self-care, work, or recreation?**



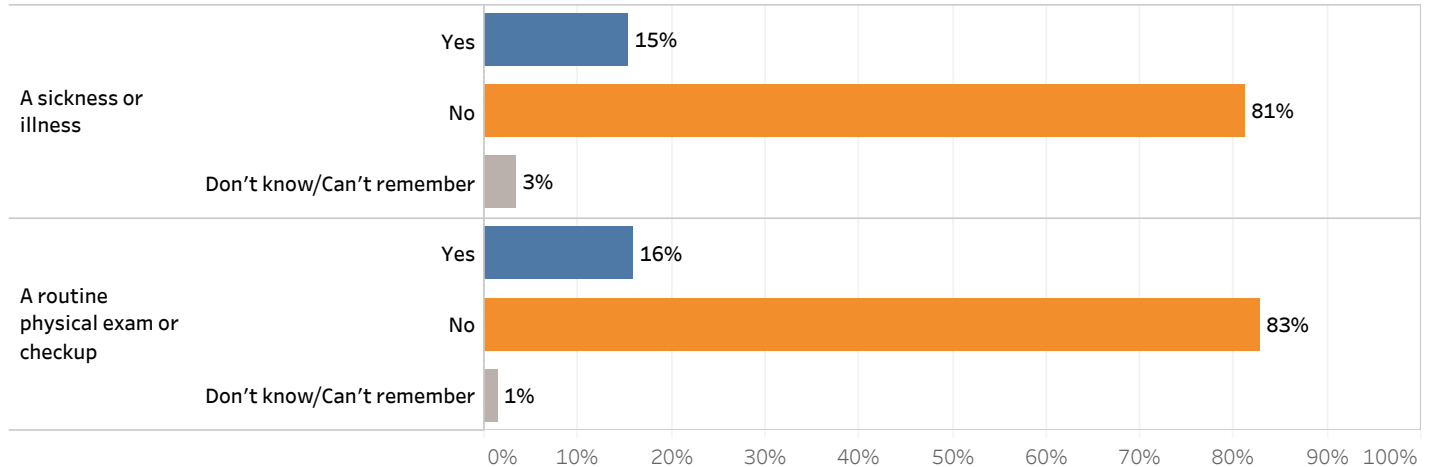
- Registered Republicans, those aged 65 and older, those who rate their financial situation between 8 and 10, those who are retired, those with a household income of \$150,000 or more, and those who have a veteran in their household are more likely than others to say their were no days in the past 30 in which poor mental health kept them from doing usual activities. Those with a household income less than \$30,000, those with two or more children in their household, those aged 18 to 34, those who rate their financial situation between 0 and 4, and those who rent their home are less likely than others to say this is the case.

**Figure 19b: How many in past 30 days did poor mental health keep from doing usual activities, such as self-care, work, or recreation - By Select Demographics**



Fifteen percent of respondents say that in the past 12 months, they or another adult in their household needed or wanted medical care for a sickness or illness, 81% say this did not happen in the past 12 months, and 3% don't know or can't remember. Sixteen percent of respondents say that in the past 12 months, they or another adult in their household needed or wanted a routine physical exam or checkup, 83% say this did not happen in the past 12 months, and 1% don't know or can't remember.

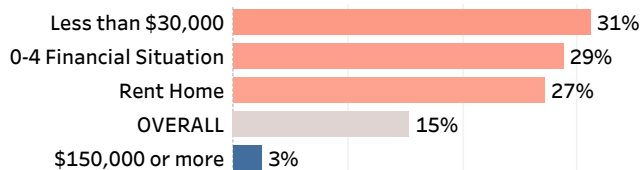
**Figure 20a: In the past 12 months, have you or another adult in your household needed or wanted medical care for the following reasons but did not or could not get care?**



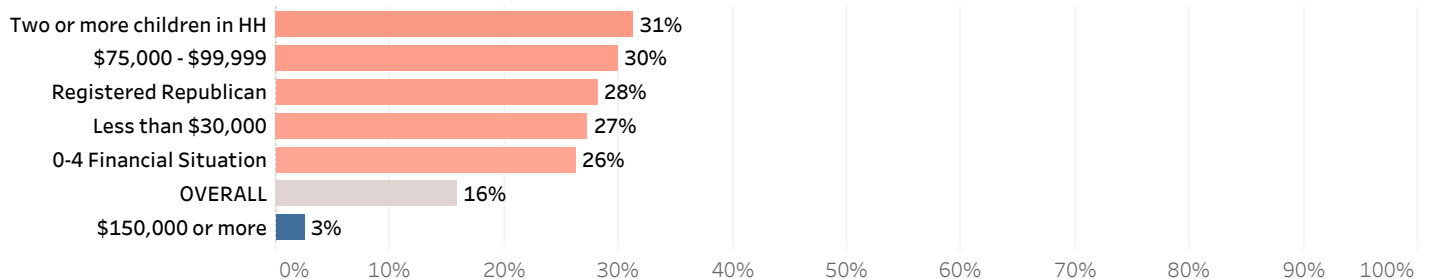
- Respondents with a household income of less than \$30,000, those who rate their financial situation between 0 and 4, and those who rent their home are more likely than others to say that there was a time in the past 12 months when they or someone in their household needed or wanted medical care for a sickness or illness but did not or could not get it. Those with a household income of \$150,000 or more are less likely than others to say this was the case.
- Respondents with two or more children in their household, those with a household income between \$75,000 and \$99,999 or less than \$30,000, Registered Republicans, and those who rate their financial situation between 0 and 4 are more likely than others to say that there was a time in the past 12 months when they or someone in their household needed or wanted a routine physical exam or checkup but did not or could not get it. Those with a household income of \$150,000 or more are less likely than others to say this was the case.

**Figure 20b: Needed or wanted medical care for the following reasons but did not or could not get care - By Select Demographics**

**A sickness or illness**

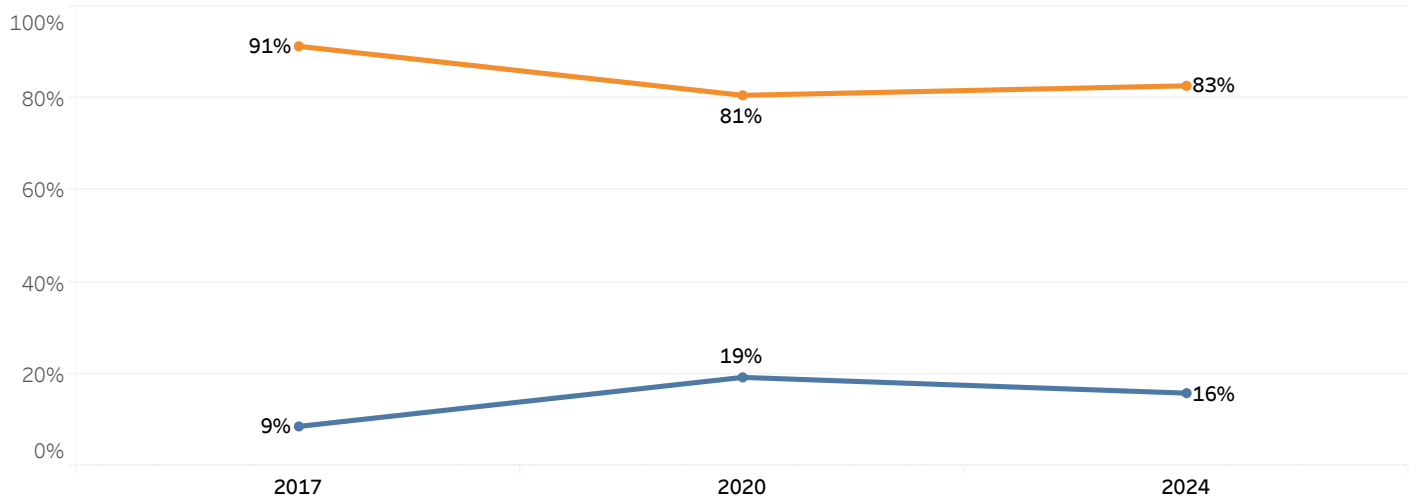


**A routine physical exam or checkup**

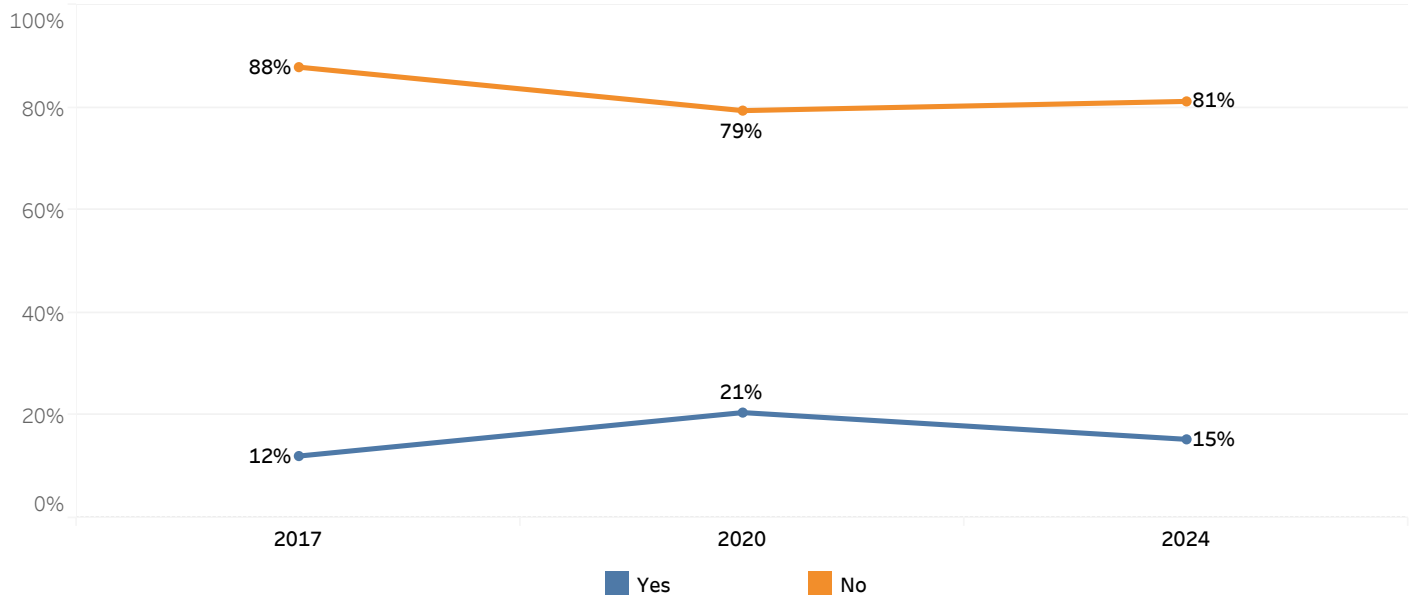


Respondents are slightly less likely than in 2020 but slightly more likely than in 2017 to say there was a time in the past 12 months where they or another adult in their household needed or wanted medical care for a routine physical exam or checkup or for a sickness or illness.

**Figure 20c: In the past 12 months, have you or another adult in your household needed or wanted medical care for the following reasons but did not or could not get care? - By Year**  
A Routine Physical Exam or Checkup



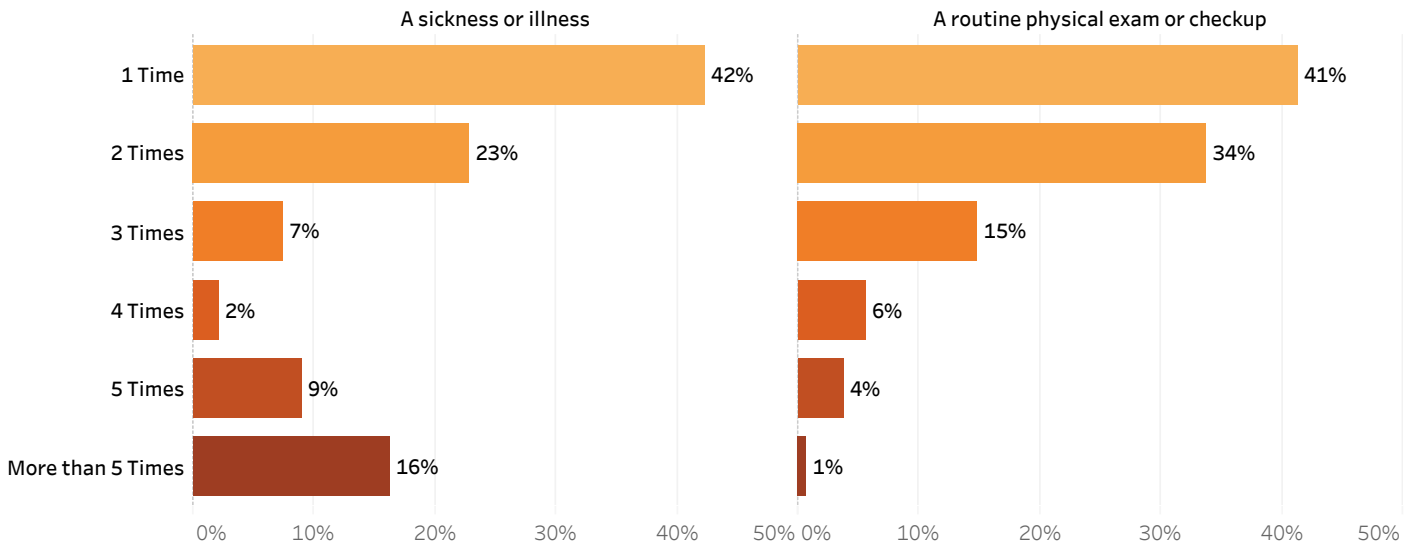
A Sickness or Illness



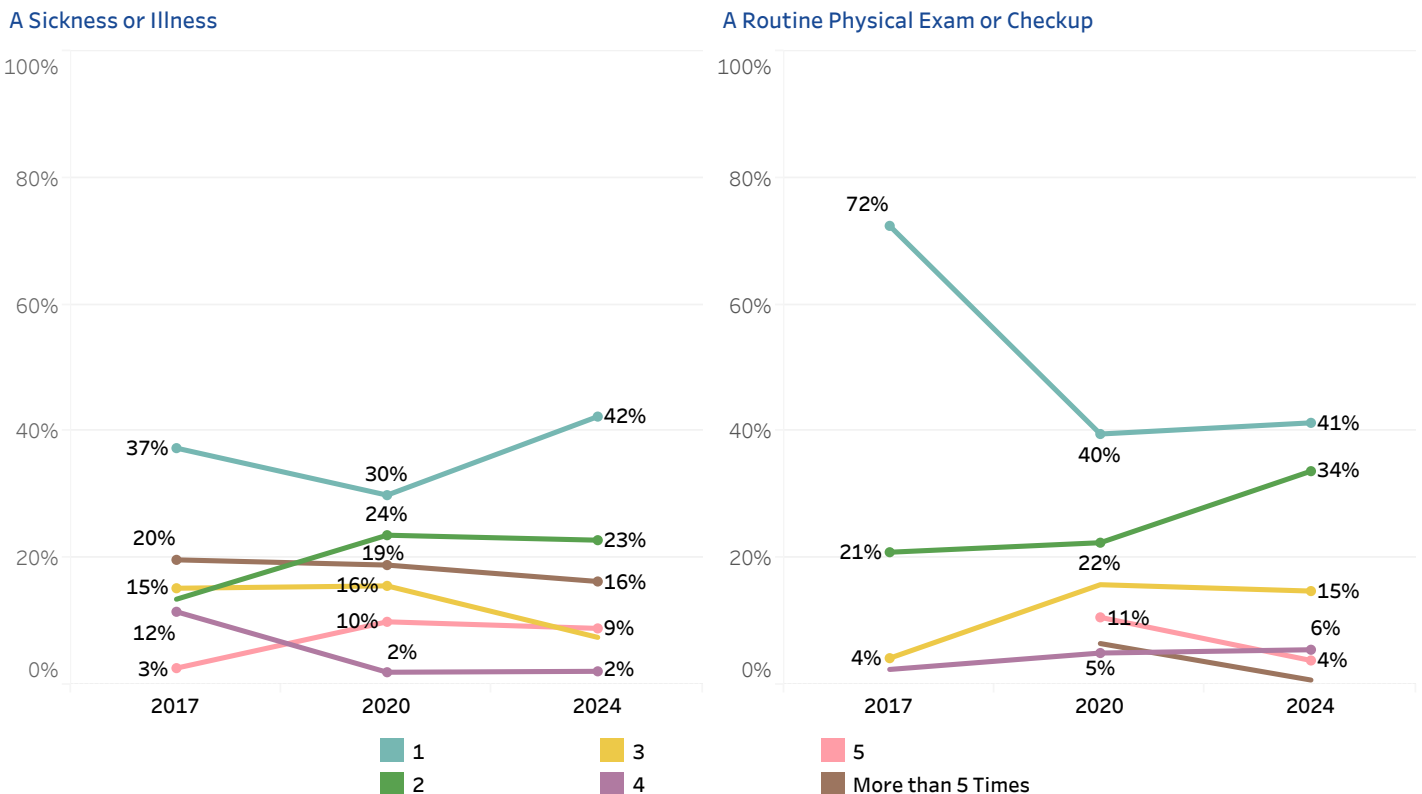


Among respondents who said they or someone in their household needed or wanted medical care in the last 12 months for a sickness or illness but did not or could not get care, 42% say this happened 1 time, 23% say it happened 2 times, 7% say it happened 3 times, 2% say it happened 4 times, 9% say it happened 5 times, and 16% say it happened more than 5 times. Among respondents who said they or someone in their household needed or wanted a routine physical exam or checkup in the last 12 months but did not or could not get it, 41% say this happened 1 time, 34% say it happened 2 times, 15% say it happened 3 times, 6% say it happened 4 times, 4% say it happened 5 times, and 1% say it happened more than 5 times.

**Figure 21a: How many times in the past 12 months have you or another adult in your household needed or wanted medical care for the following reasons but did not or could not get care for any reason?**

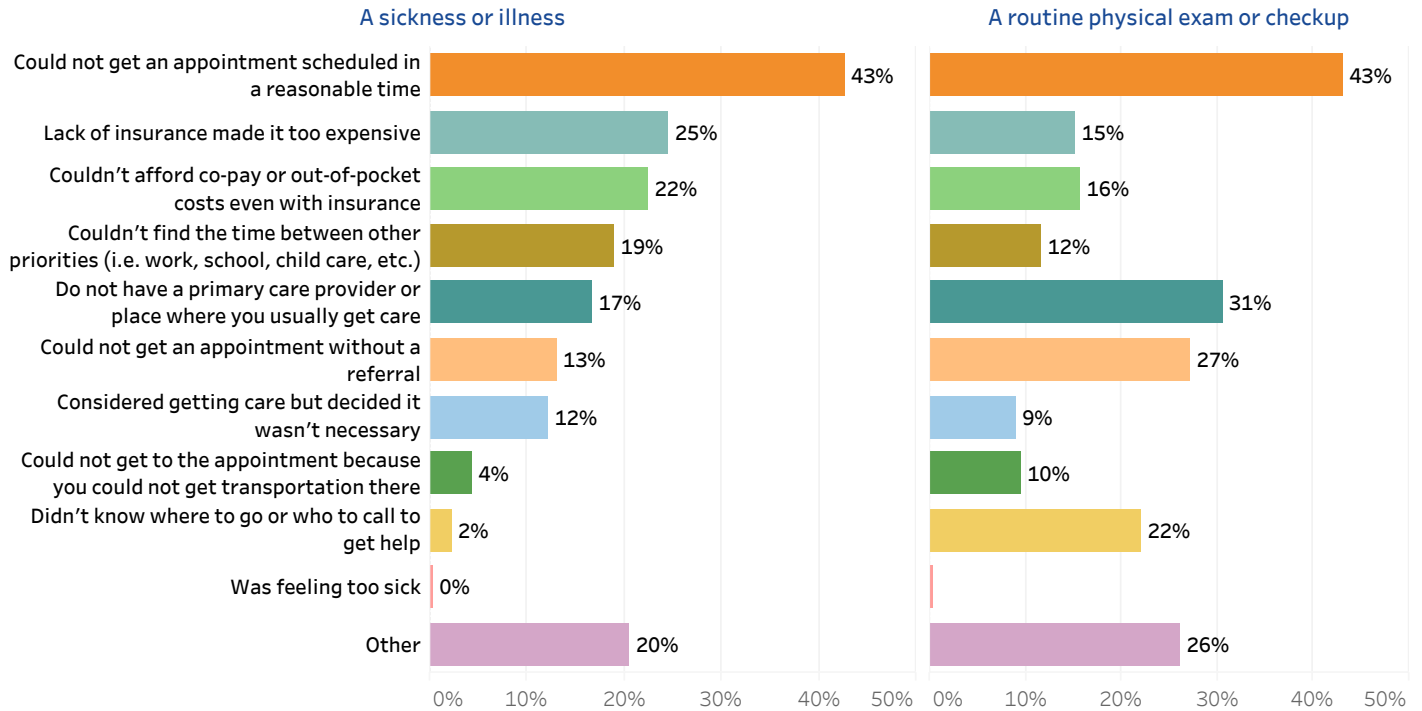


**Figure 21b: How many times in the past 12 months have you or another adult in your household needed or wanted medical care for the following reasons but did not or could not get care for any reason? - By Year**



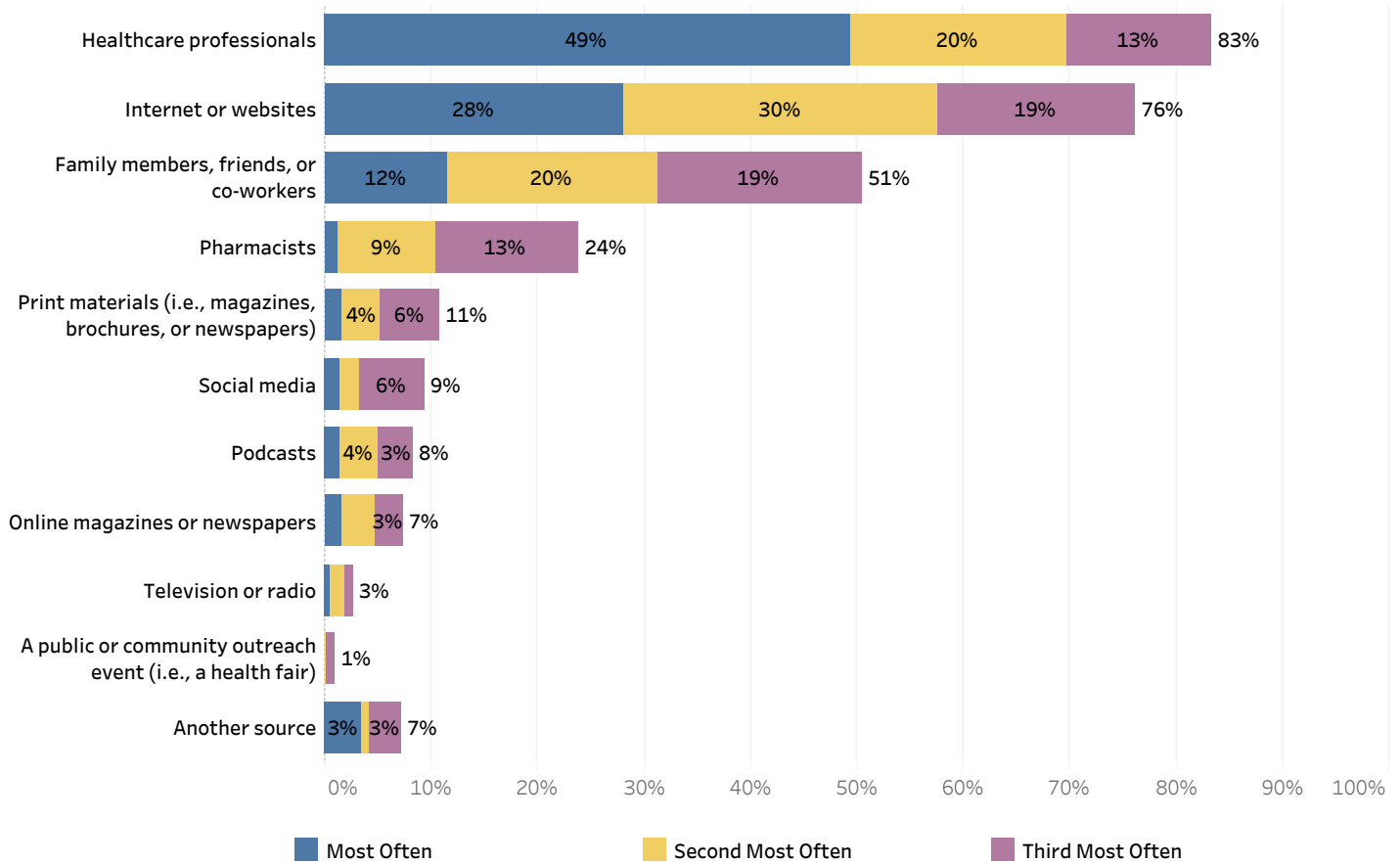
Respondents who were unable to or did not receive medical care for a sickness or illness were most likely to mention not getting an appointment scheduled in a reasonable time (43%), a lack of insurance making it too expensive (25%), or not being able to afford a co-pay or out-of-pocket costs even with insurance (22%) as reasons why. Respondents who were unable to or did not receive a routine physical exam or checkup were most likely to mention not getting an appointment scheduled in a reasonable time (43%), not having a primary care provider or place where they usually get care (31%), not being able to get an appointment without a referral (27%), and not knowing where to go or who to call for help (22%) as reasons why.

Figure 22: Why were you unable or did not receive care for... (Select all that apply)



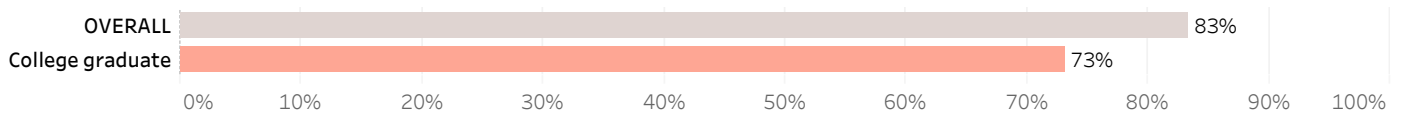
More than four in five respondents (83%) say that healthcare professionals are the source of health information they used the most often (49%), second most often (20%), or third most often (13%) in the past 12 months. Three in four (76%) say that they use the internet or websites as a top three source of health information for themselves while half (51%) say the same about family members, friends, or co-workers. One-quarter of respondents (24%) say that pharmacists are a top three source of health information for them in the past year while fewer respondents say the same about print materials (11%), social media (9%), podcasts (8%), online magazines or newspapers (7%), television or radio (3%), or a public or community outreach event (1%).

**Figure 23a: In the past 12 months, which of the following are the three sources you have used most often as a source of health information for yourself?**



- College graduates are less likely than others to say that healthcare professionals are one of their top three sources of health information.

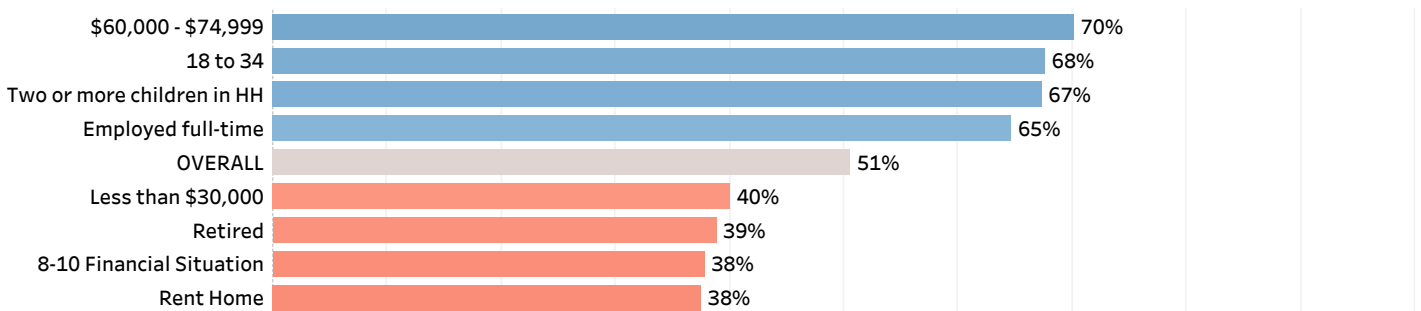
**Figure 23b: Three sources used most often as a source of health information - By Select Demographics**  
Healthcare professionals



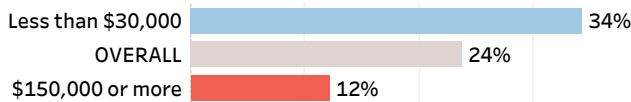
- Respondents with a household income between \$60,000 and \$74,999, those aged 18 to 34, those with two or more children in their household, and those who are employed full-time are more likely than others to say family members, friends, or co-workers are one of their top three sources of health information. Respondents who rent their home, those who rate their financial situation between 8 and 10, those who are retired, and those with a household income of less than \$30,000 are less likely to say this.
- Respondents with a household income of less than \$30,000 are more likely than others to say pharmacists are one of their top three sources of health information. Those with a household income of \$150,000 or more are less likely to say this.
- Respondents who are retired and those who rate their financial situation between 8 and 10 are more likely than others to say print materials are one of their top three sources of health information. Those aged 18 to 34 and those with two or more children in their household are less likely to say this.
- Respondents with a household income less than \$30,000 are more likely than others to say social media is one of their top three sources of health information.
- Respondents aged 35 to 49 and those with a household income between \$100,000 and \$149,999 are more likely than others to say podcasts are one of their top three sources of health information.

**Figure 23c: Three sources used most often as a source of health information - By Select Demographics**

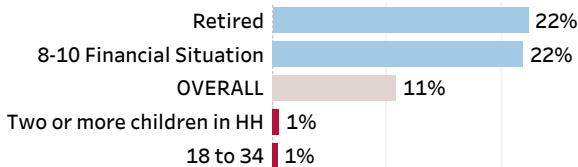
**Family members, friends, or co-workers**



**Pharmacists**



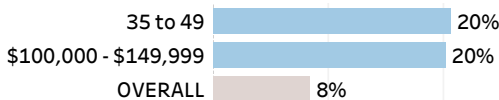
**Print Materials**



**Social Media**



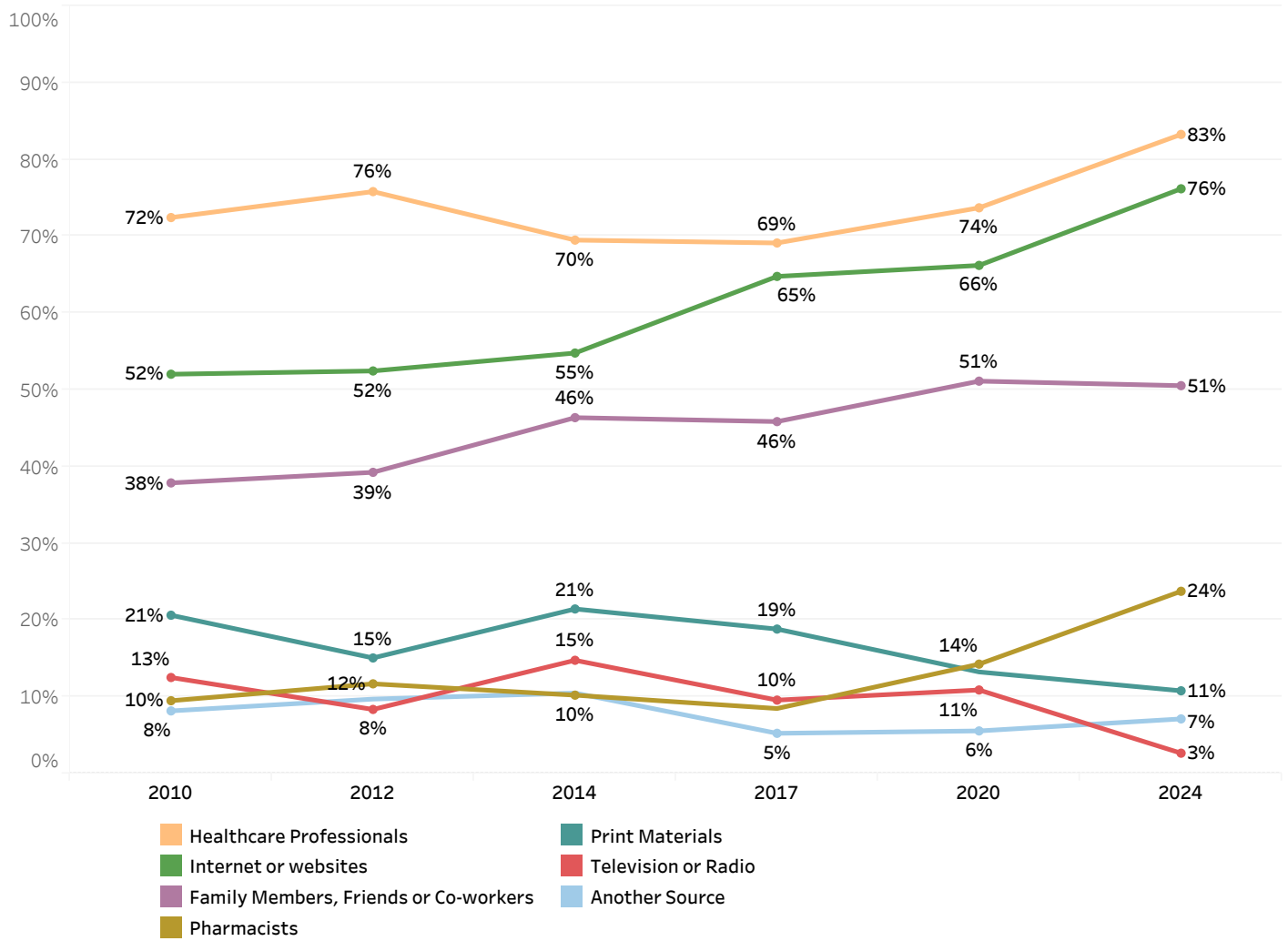
**Podcasts**



0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

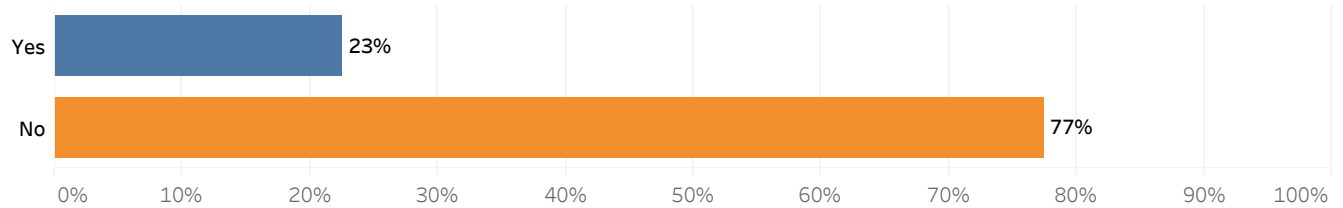
Respondents are more likely than in previous years to say that healthcare professionals, the internet or websites, and pharmacists are one of three sources of health information that they use most often. Respondents are less likely than in previous years to say print materials or television or radio are one of their top three sources.

Figure 23d: Three sources used most often as a source of health information - By Year



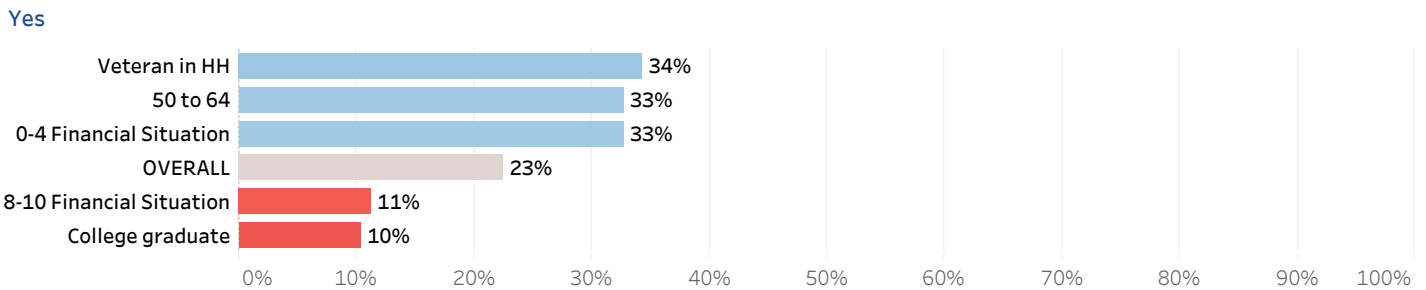
Just under one-quarter of respondents (23%) say that they currently provide care or assistance to a friend or family member who is aging, has a health problem, or has a disability, while 77% do not currently provide this care.

**Figure 24a: Do you currently provide care or assistance to a friend or family member who is aging, has a health problem, or has a disability?**



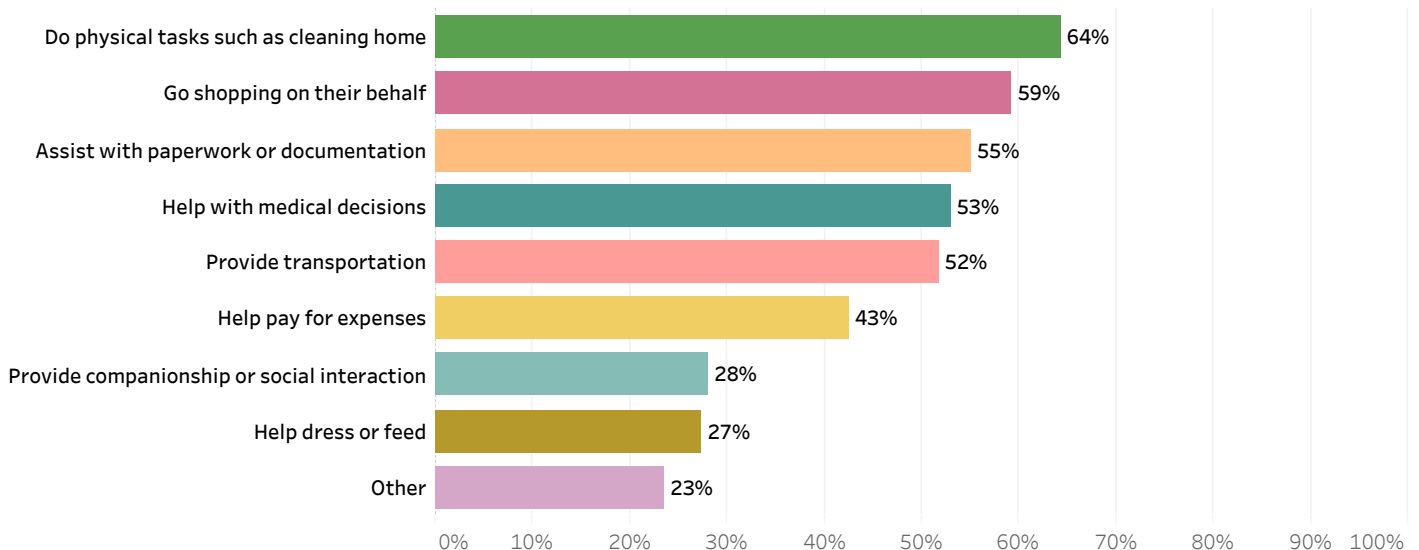
- Respondents with a veteran in their household, those aged 50 to 64, and those who rate their financial situation between 0 and 4 are more likely than others to say that they currently provide care or assistance to a friend or family member who is aging, has a health problem, or has a disability. Respondents who are college graduates and those who rate their financial situation between 8 and 10 are less likely than others to say this.

**Figure 24b: Currently provide care or assistance to a friend or family member who is aging, has a health problem, or has a disability - By Select Demographics**



Among respondents who say that they currently provide care or assistance to a friend or family member who is aging, has a health problem, or has a disability (N=120), nearly two-thirds (64%) say that they do physical tasks such as cleaning the home as the type of care or assistance they provide, while smaller majorities go shopping (59%), assist with paperwork or documentation (55%), help with medical decisions (53%), or provide transportation (52%). Forty-three percent of respondents help pay for expenses as part of care or assistance they provide while 28% provide companionship or social interaction, 27% help dress or feed, and 23% provide some other type of care or assistance.

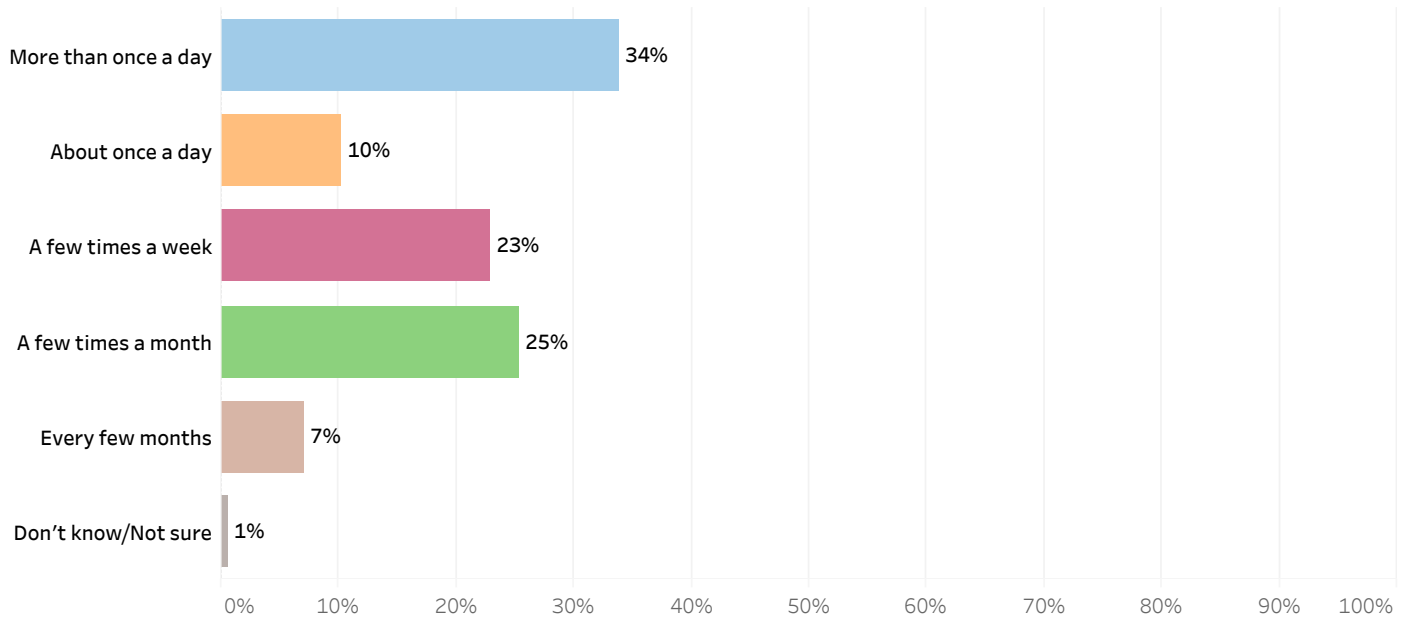
**Figure 25: What kind of things do you typically do to provide care or assist your family member or friend who is aging, has a health problem, or has a disability?**





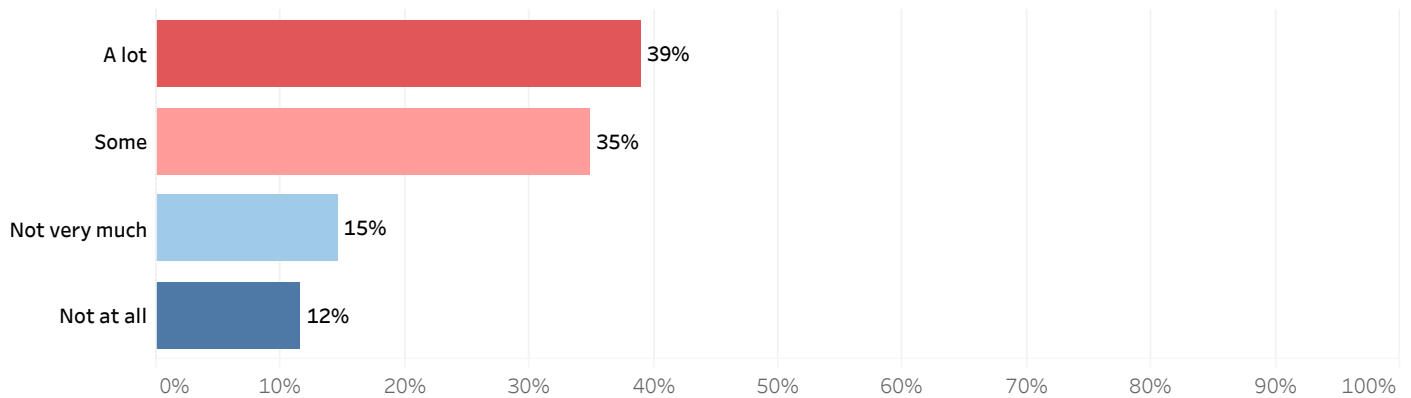
Among respondents who say that they currently provide care or assistance to a friend or family member who is aging, has a health problem, or has a disability, one-third (34%) say they provide this care or assistance more than once a day while another 10% provide it about once a day. Twenty-three percent provide this care or assistance a few times a week, 25% provide it a few times a month, and 7% provide it every few months.

**Figure 26a: About how often do you typically provide care or assistance to a family member or friend who is aging, has a health problem, or has a disability?**



Among respondents who say that they currently provide care or assistance to a friend or family member who is aging, has a health problem, or has a disability, three in four respondents (74%) say that providing this care or assistance adds a lot (39%) or some (35%) to their personal levels of stress, while only 15% say this adds not very much to their personal levels of stress and 12% say this doesn't add to it at all.

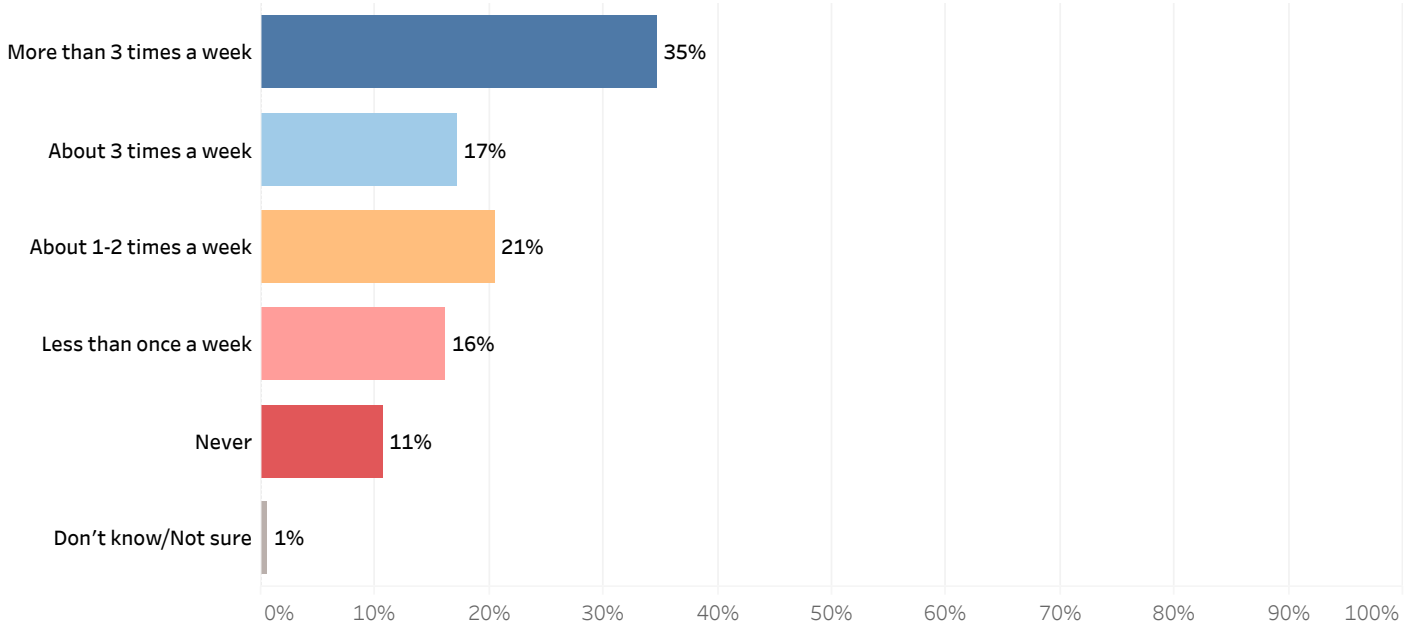
**Figure 26b: How much, if it all, does providing care or assistance to a friend or family member who is aging, has a health problem, or has a disability add to your personal levels of stress?**



## Food Access and Active Living

Thirty-five percent of respondents say that they exercise in a way that causes some increase in breathing or heart rate for at least 20 minutes more than 3 times a week, 17% do so about 3 times a week, 21% do so about 1-2 times a week, 16% do this less than once a week, 11% never exercise in this way, and 1% don't know or are unsure.

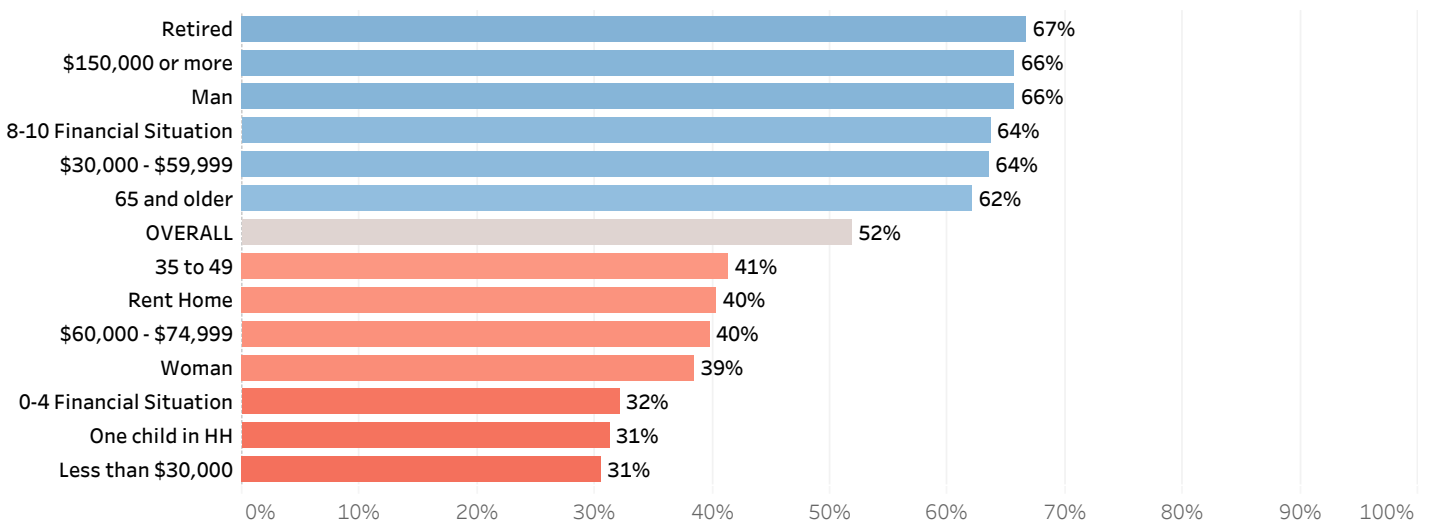
**Figure 27a: In a typical week, how often do you exercise in a way that causes some increase in breathing or heart rate for at least 20 minutes?**



- Respondents who are retired, those with a household income of \$150,000 or more or between \$30,000 and \$59,999, men, those who rate their financial situation between 8 and 10, and those aged 65 and older are more likely than others to say they exercise in a way that causes some increase in breathing or heart rate for at least 20 minutes about 3 times a week or more often. Respondents with a household income less than \$30,000 or between \$60,000 and \$74,999, those with one child in their household, those who rate their financial situation between 0 and 4, women, those who rent their home, and those between the ages of 35 and 49 are less likely to say they exercise this often.

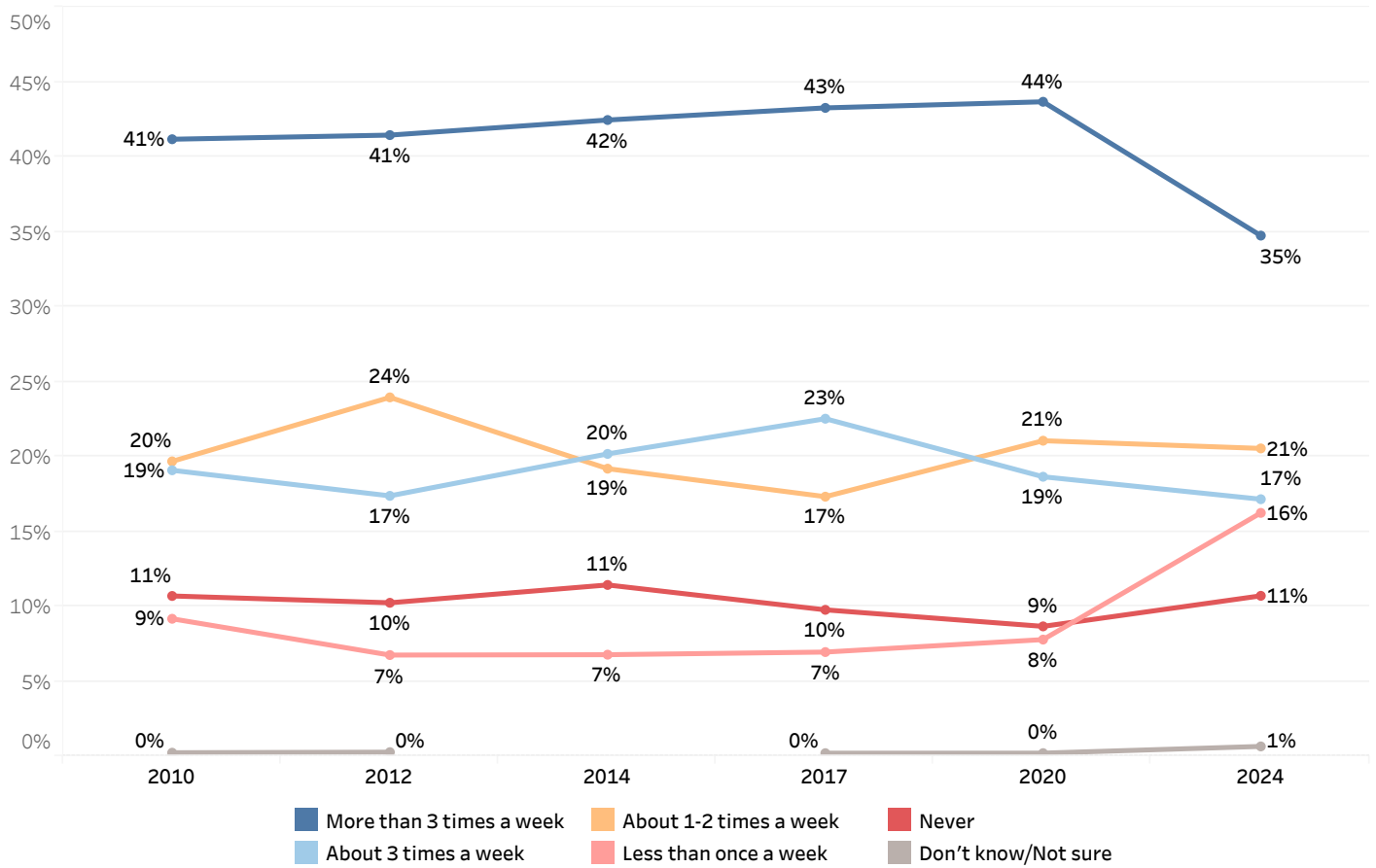
**Figure 27b: In a typical week, how often do you exercise in a way that causes some increase in breathing or heart rate for at least 20 minutes - By Select Demographics**

About 3 times a week or more



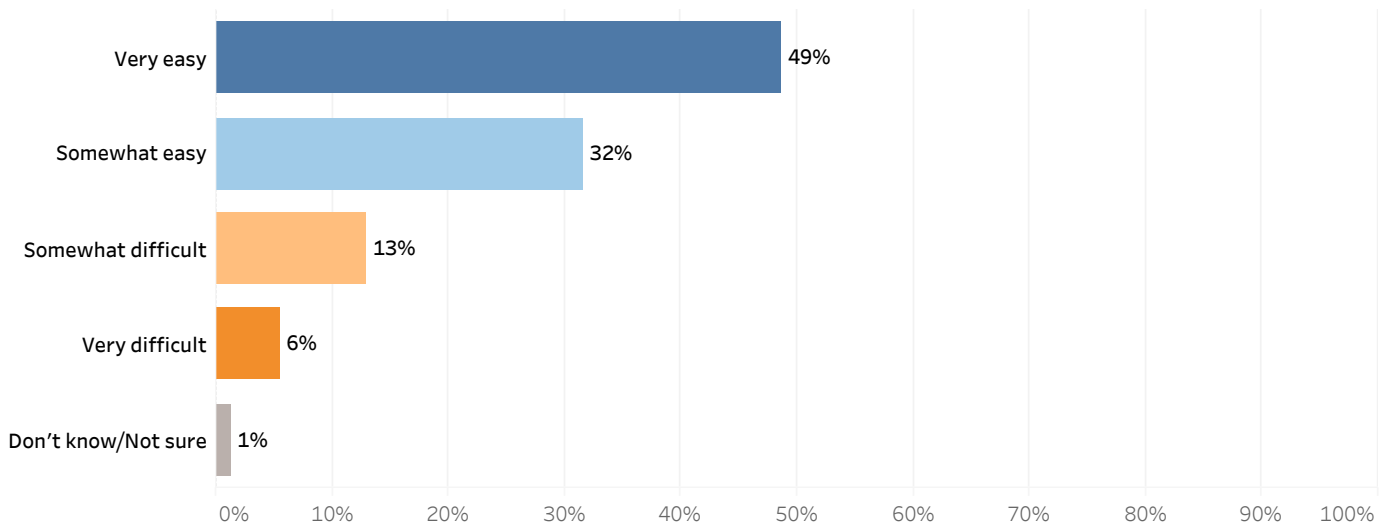
Respondents are somewhat less likely than in previous years to say that they exercise more than 3 times in a typical week while they are somewhat more likely than in previous years to say that they exercise less than once a week.

**Figure 27c: In a typical week, how often do you exercise in a way that causes some increase in breathing or heart rate for at least 20 minutes - By Year**



Four in five respondents (80%) say they consider it very (49%) or somewhat (32%) easy to buy healthy foods like fresh fruits or vegetables, 13% say it is somewhat difficult, and 6% say it is very difficult.

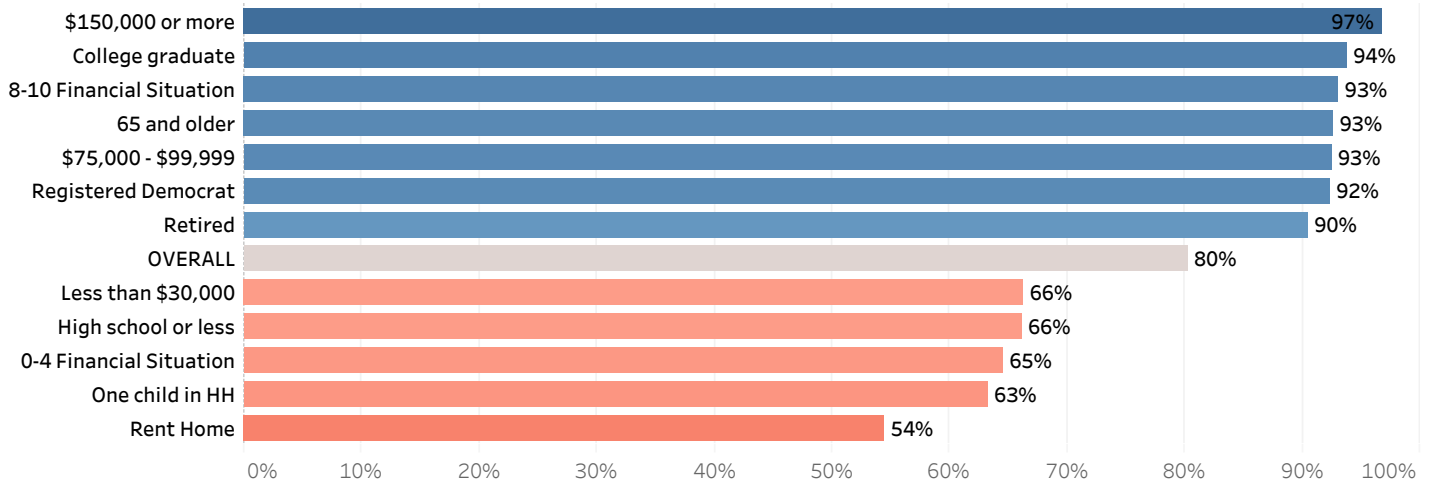
**Figure 28a: How easy or difficult is it for you to buy healthy foods like fresh fruits or vegetables?**



- Respondents with a household income of \$150,000 or more or between \$75,000 and \$99,999, college graduates, those who rate their financial situation between 8 and 10, those aged 65 and older, Registered Democrats, and those who are retired are more likely than others to say they find it very or somewhat easy to buy healthy foods like fresh fruits or vegetables. Those who rent their home, those with one child in their household, those who rate their financial situation between 0 and 4, those with a high school education or less, and those with a household income less than \$30,000 are less likely to find this to be very or somewhat easy.

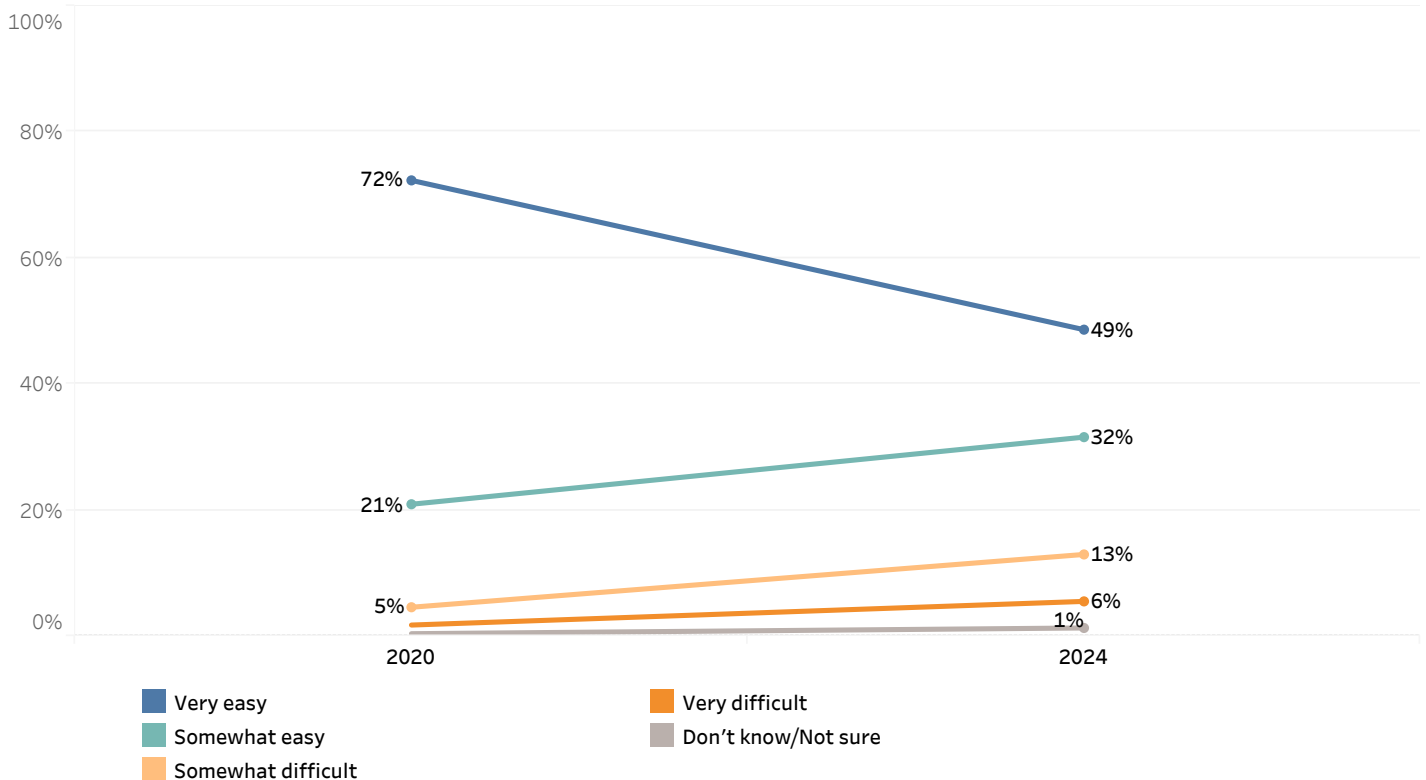
**Figure 28b: How easy or difficult is it for you to buy healthy foods like fresh fruits or vegetables - By Select Demographics**

Very or somewhat easy



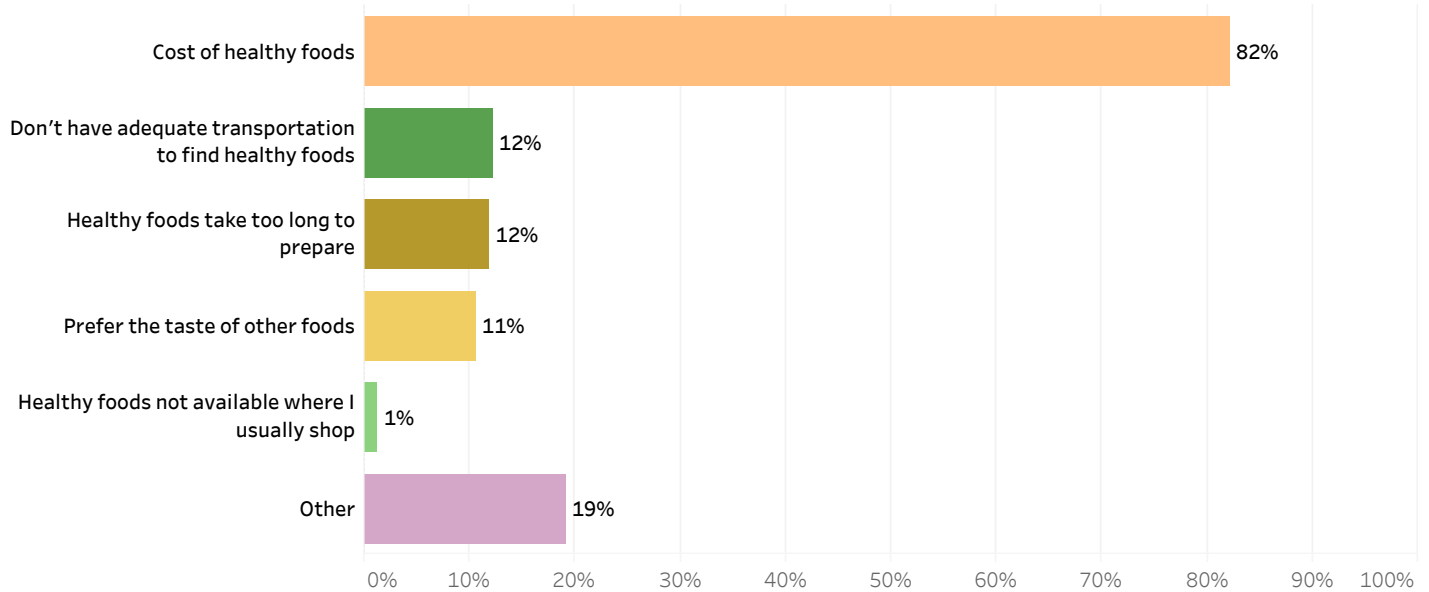
Respondents are less likely than in 2020 to say that it is very easy to buy healthy foods like fresh fruits or vegetables.

**Figure 28c: How easy or difficult is it for you to buy healthy foods like fresh fruits or vegetables - By Year**



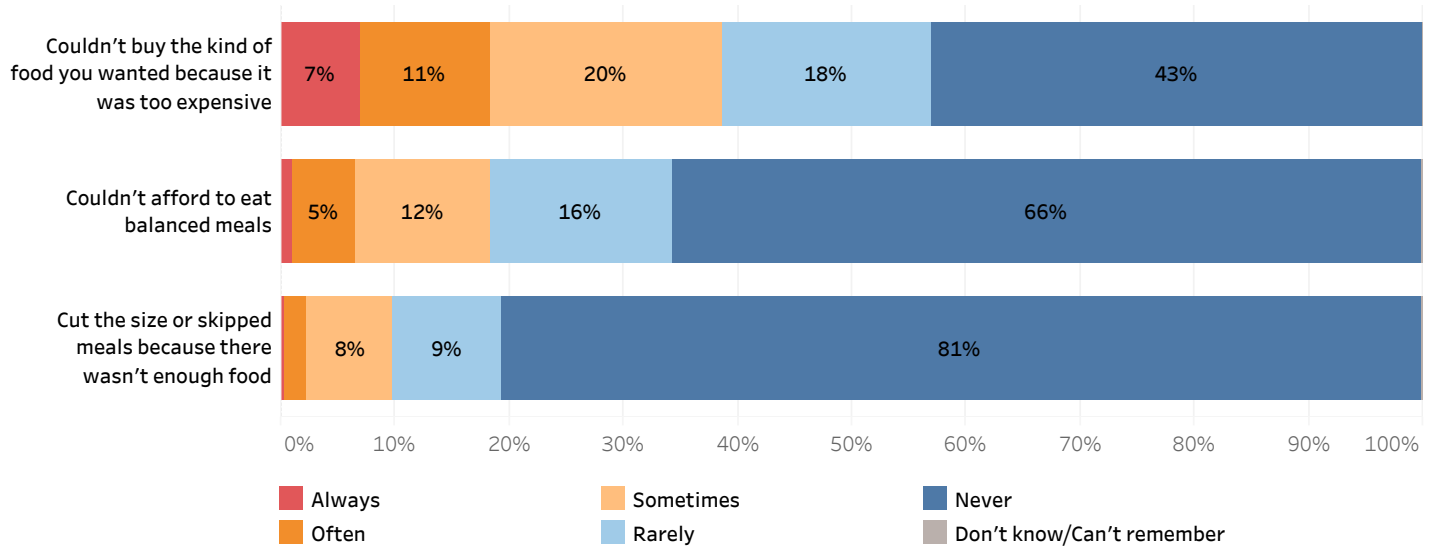
Among respondents who indicated it is very or somewhat difficult for them to buy healthy foods like fresh fruits or vegetables (N=99), more than four in five (82%) cite the cost of healthy foods as a reason. Far fewer respondents mention not having adequate transportation to find healthy foods (12%), healthy foods taking too long to prepare (12%), preferring the taste of other foods (11%), or healthy foods not being available where they shop (1%).

**Figure 29: Why would you say that it is difficult for you to buy healthy foods like fresh fruits and vegetables? (Please select all that apply)**



Seven percent of respondents say that in the past 12 months, it always happened that they couldn't buy the kind of food they wanted because it was too expensive, 11% say this happened often, 20% say this happened sometimes, 18% say this happened rarely, and 43% say this never happened. One-third of respondents (34%) say that they couldn't afford to eat balanced meals happened always (1%), often (5%), sometimes (12%), or rarely (16%), while 66% say this never happened. Roughly one in five respondents (19%) say that they cut the size or skipped meals because there wasn't enough food always (<1%), often (2%), sometimes (8%), or rarely (9%), while 81% say this never happened.

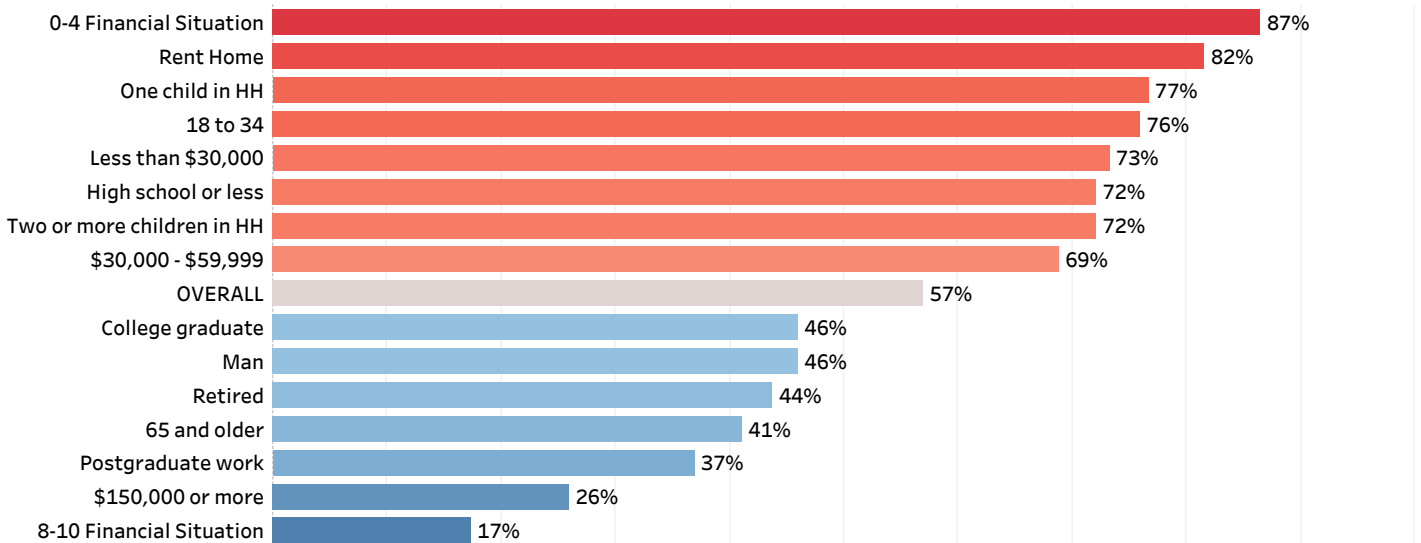
**Figure 30a: How often did the following things happen for anyone in your household over the past 12 months?**



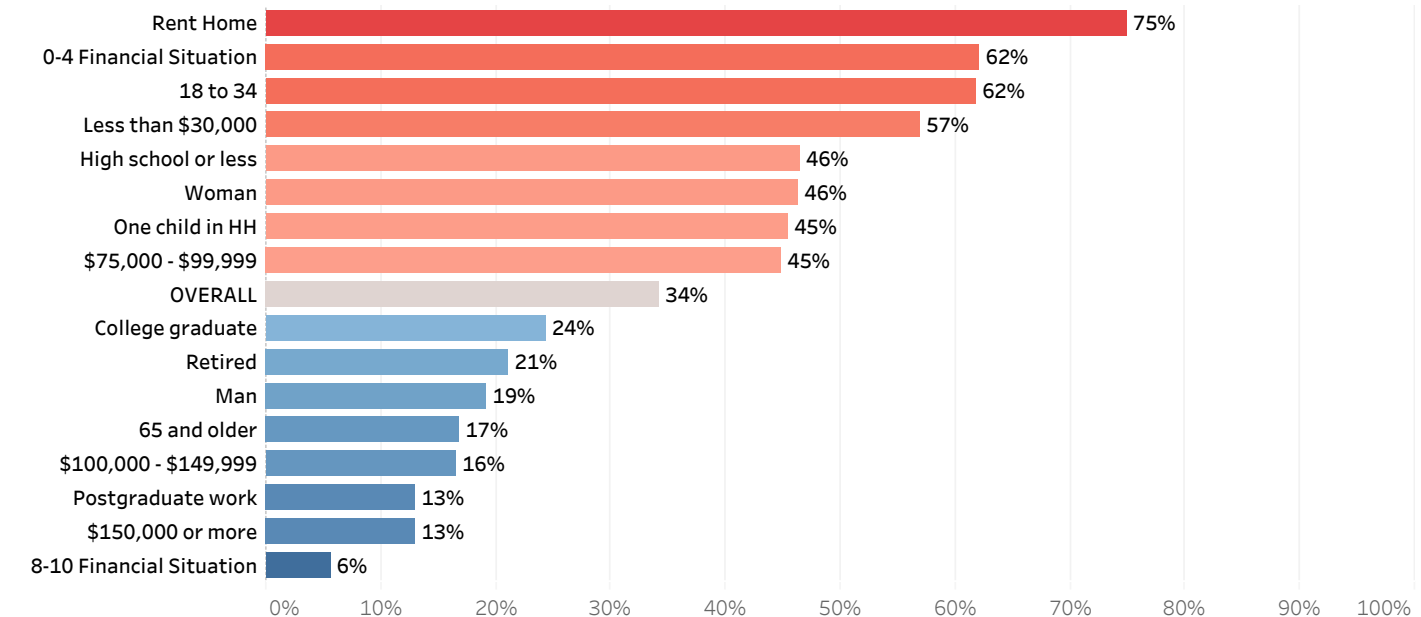
- Respondents who rate their financial situation between 0 and 4, those who rent their home, those with children in their household, those between the ages of 18 and 34, those with a household income of less than \$60,000, and those with a high school degree or less are more likely than others to say in the past 12 months, they or someone in their household couldn't buy the kind of food they wanted because it was too expensive. Respondents who rate their financial situation between 8 and 10, those with a household income of \$150,000 or more, those who have a college degree or more education, those aged 65 and older, those who are retired, and men are less likely to say this happened in the past 12 months.
- Respondents who rent their home, those who rate their financial situation between 0 and 4, those aged 18 to 34, those with a household income of less than \$30,000 or between \$75,000 and \$99,999, those with a high school degree or less, and women are more likely than others to say in the past 12 months, they or someone in their household couldn't afford to eat balanced meals. Respondents who rate their financial situation between 8 and 10, those with a household income of \$100,000 or more, those who have a college degree or more education, those aged 65 and older, men, and those who are retired are less likely to say this happened in the past 12 months.

**Figure 30b: Happen for anyone in your household over the past 12 months - By Select Demographics**

Couldn't buy the kind of food you wanted because it was too expensive



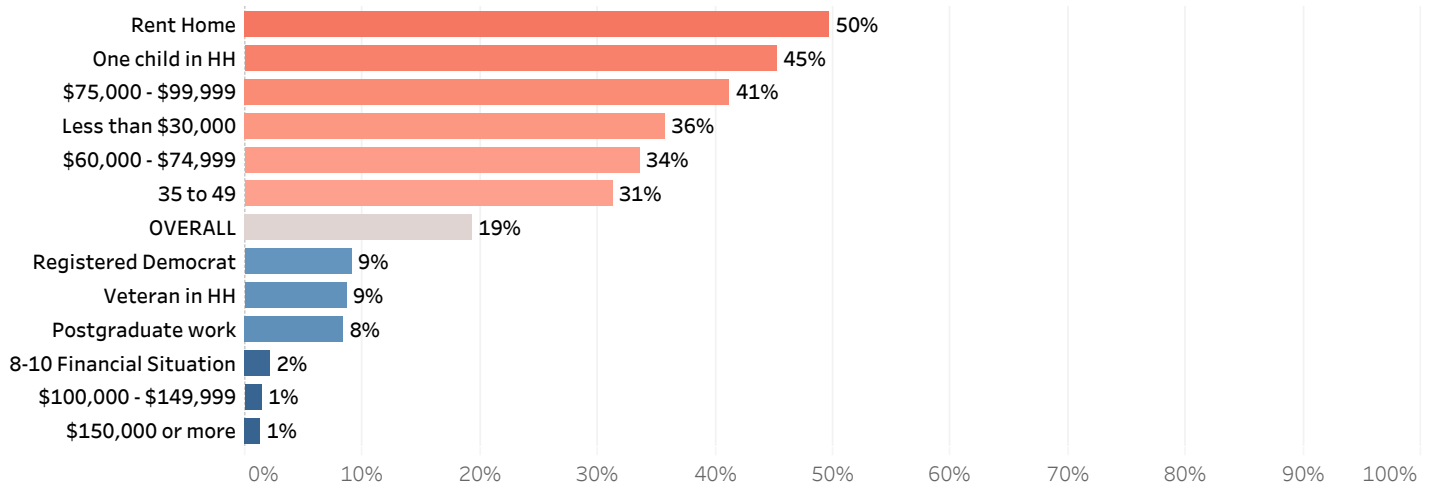
Couldn't afford to eat balanced meals





- Respondents who rent their home, those with one child in their household, those with a household income less than \$30,000 or between \$60,000 and \$99,999, and those between the aged 35 to 49 are more likely than others to say in the past 12 months, they or someone in their household cut the size or skipped meals because there wasn't enough food. Respondents with a household income of \$100,000 or more, those who rate their financial situation between 8 and 10, those who have completed postgraduate work, those with a veteran in their household, and Registered Democrats are less likely to say this happened in the past 12 months.

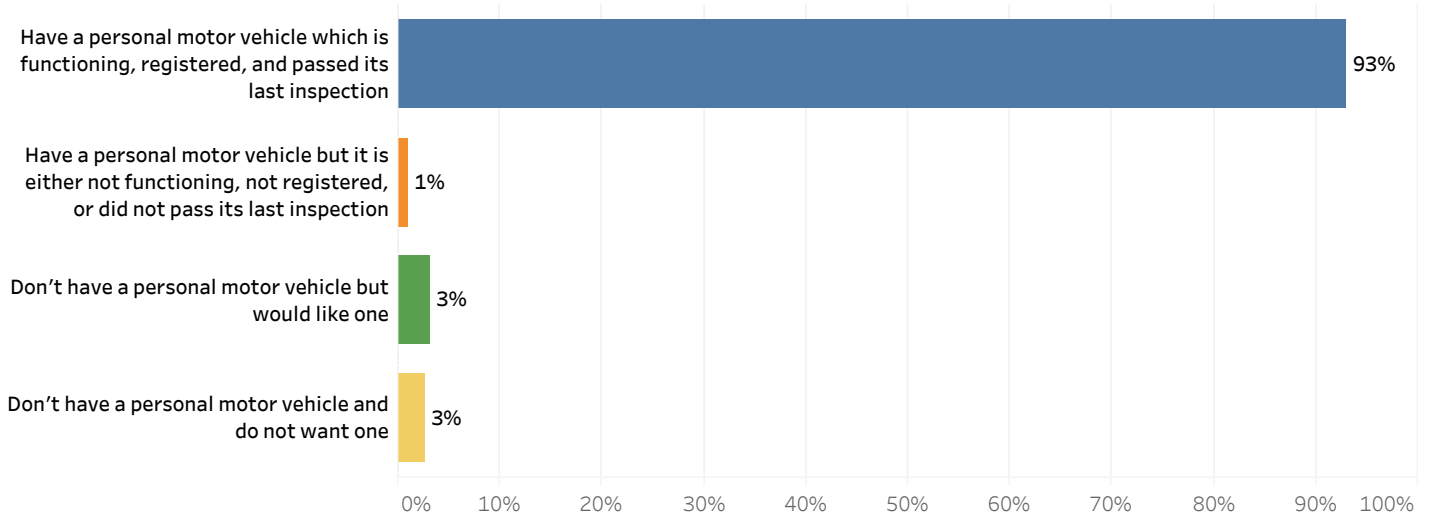
**Figure 30c: Happen for anyone in your household over the past 12 months - By Select Demographics**  
Cut the size or skipped meals because there wasn't enough food



## Transportation

The large majority of respondents (93%) say they have a personal motor vehicle which is functioning, registered, and passed its last inspection, 1% have a personal motor vehicle that is either not functioning, not registered, or did not pass its last inspection, 3% don't have a personal motor vehicle but would like one, and 3% don't have a personal motor vehicle and don't want one.

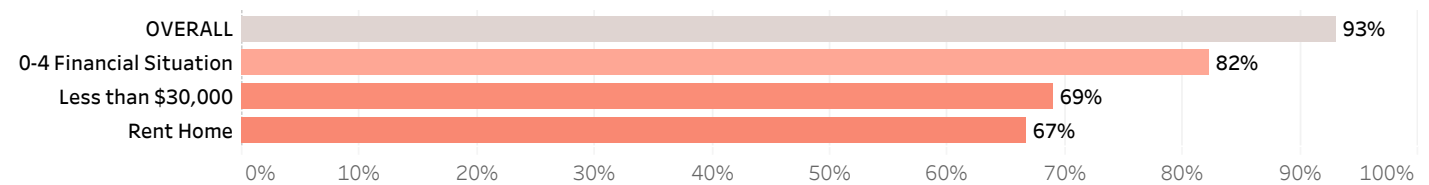
**Figure 31a: Which of the following best describes your current situation regarding a personal motor vehicle (i.e. car, truck, or motorcycle)?**



- Respondents who rent their home, those with a household income less than \$30,000, and those who rate their financial situation between 0 and 4 are less likely than others to have a personal motor vehicle which is functioning, registered, and passed its last inspection.

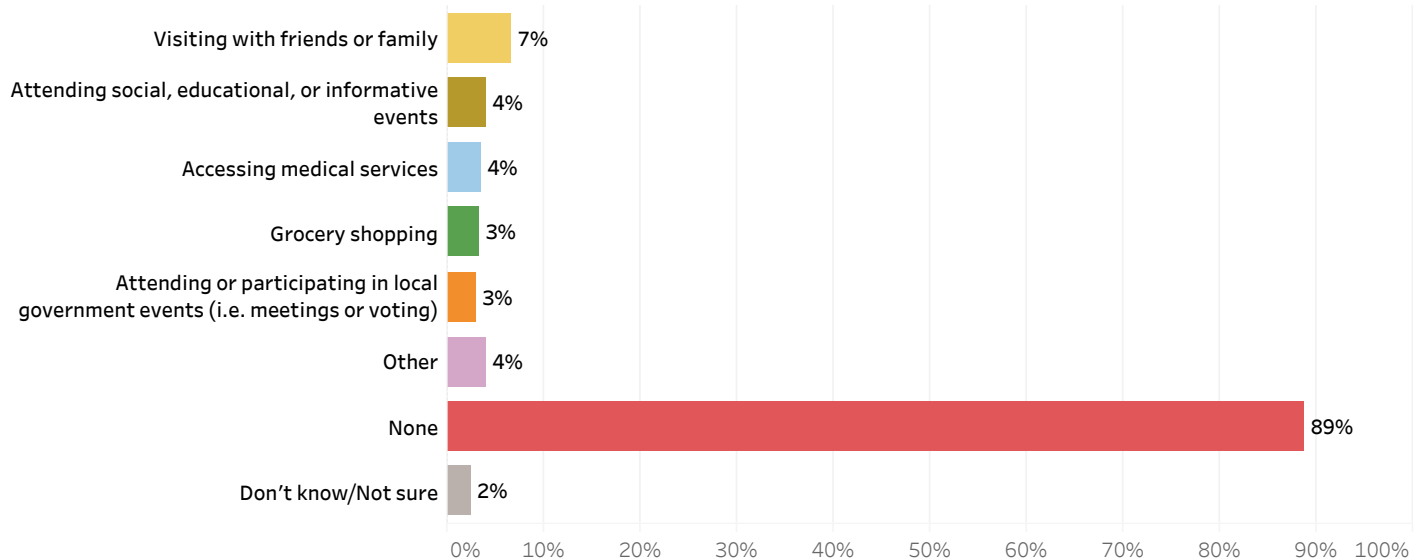
**Figure 31b: Best describes your current situation regarding a personal motor vehicle - By Select Demographics**

Have a personal motor vehicle which is functioning, registered, and passed its last inspection



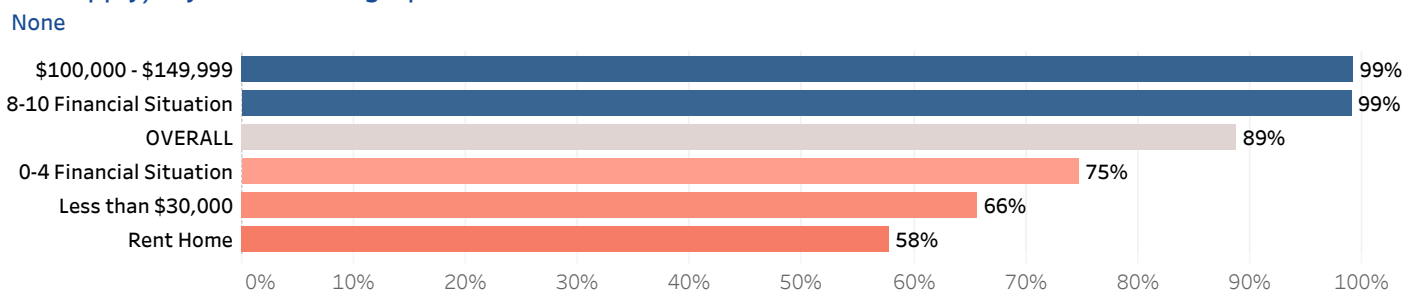
Seven percent of respondents say that a lack of transportation has prevented them from visiting with friends or family, 4% each say it has prevented them attending social, educational, or informative events, or accessing medical services, and 3% each say it has prevented them grocery shopping or attending or participating in local government events. Four percent say a lack of transportation has prevented them from doing something else while 89% say that they have not been prevented from doing these things due to a lack of transportation.

**Figure 32a: Does a lack of transportation ever prevent you from doing the following things? (Please select all that apply)**



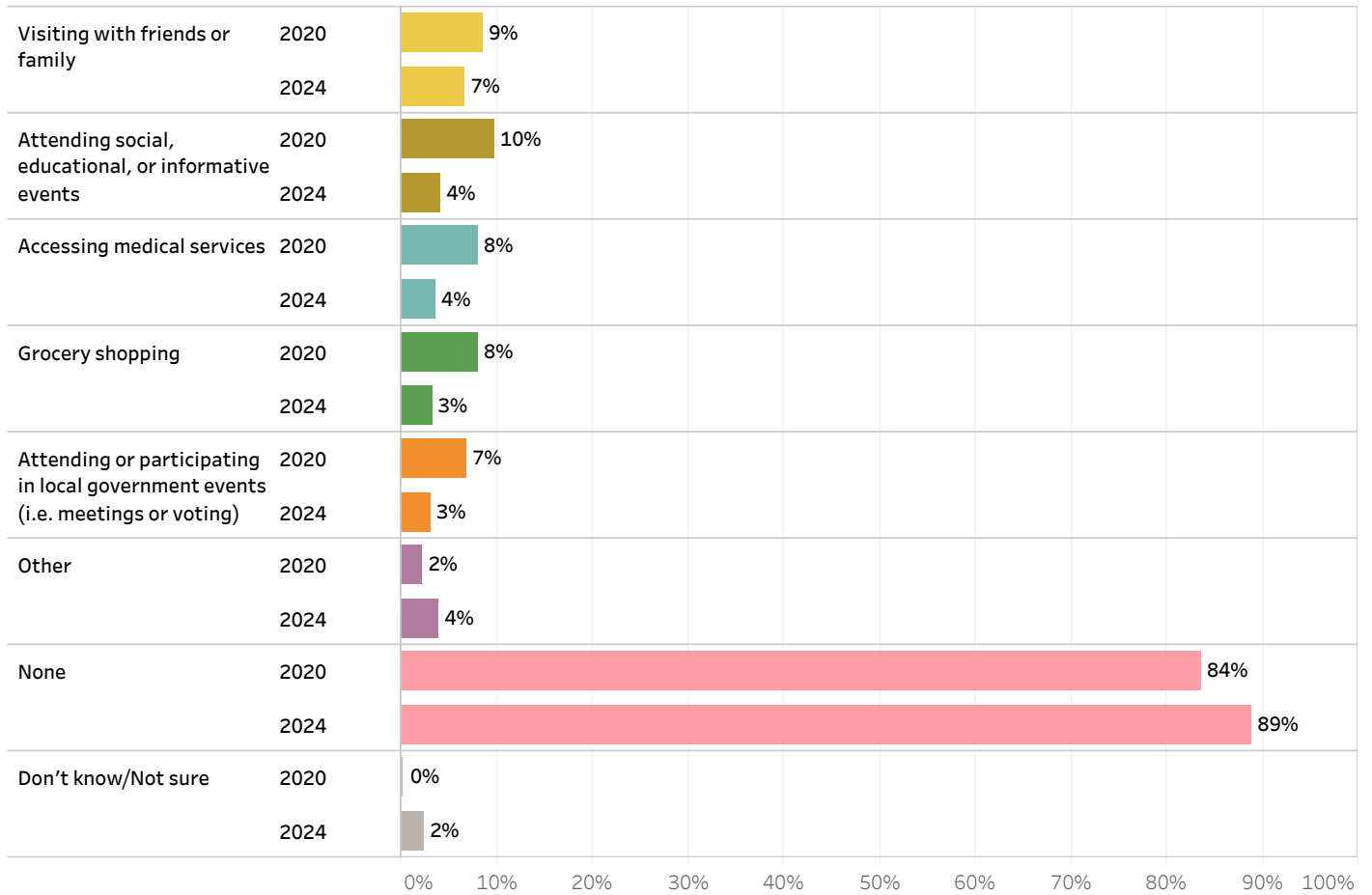
- Respondents with a household income between \$100,000 and \$149,999 and those who rate their financial situation between 8 and 10 are more likely than others to say they have never been prevented from doing any of the above things due to a lack of transportation. Those who rent their home, those with a household income of less than \$30,000, and those who rate their financial situation between 0 and 4 are less likely to say this.

**Figure 32b: Does a lack of transportation ever prevent you from doing the following things? (Please select all that apply)- By Select Demographics**



Respondents are slightly more likely than in 2020 say that a lack of transportation has not prevented them from doing any of the following things.

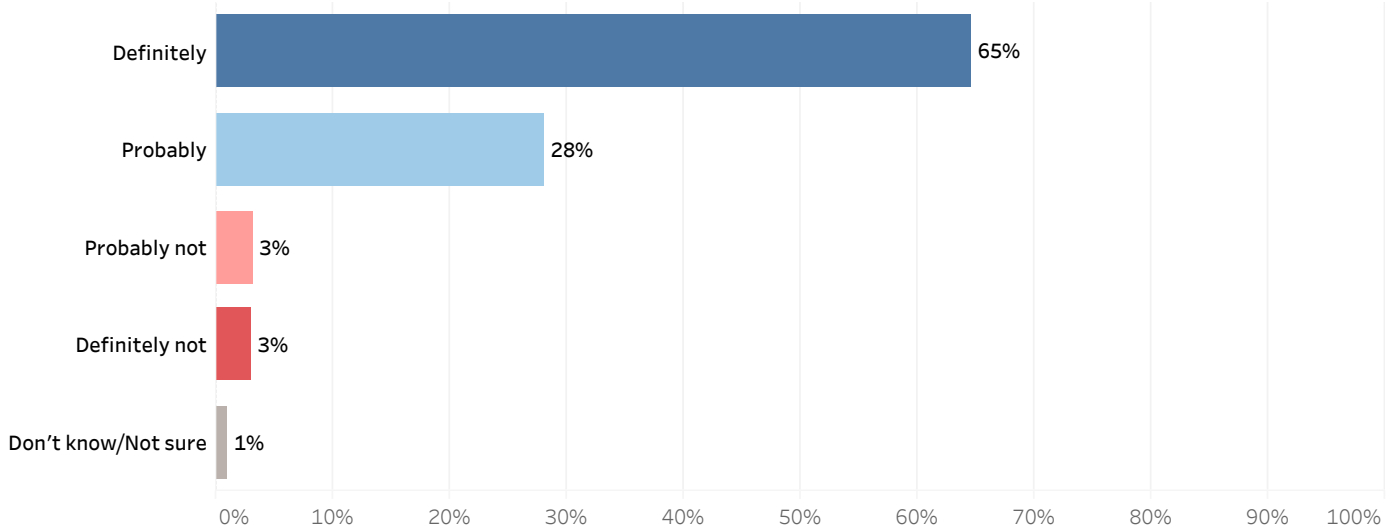
**Figure 32c: Does a lack of transportation ever prevent you from doing the following things? (Please select all that apply) - By Year**



## Mental Health

Nearly two-thirds of respondents (65%) say that if something unexpected happened, like an emergency, that they definitely have someone in their life that they could count on to support them. Just over one-quarter (28%) say they probably have somebody they can count on, 3% say they probably don't, and 3% say they definitely don't.

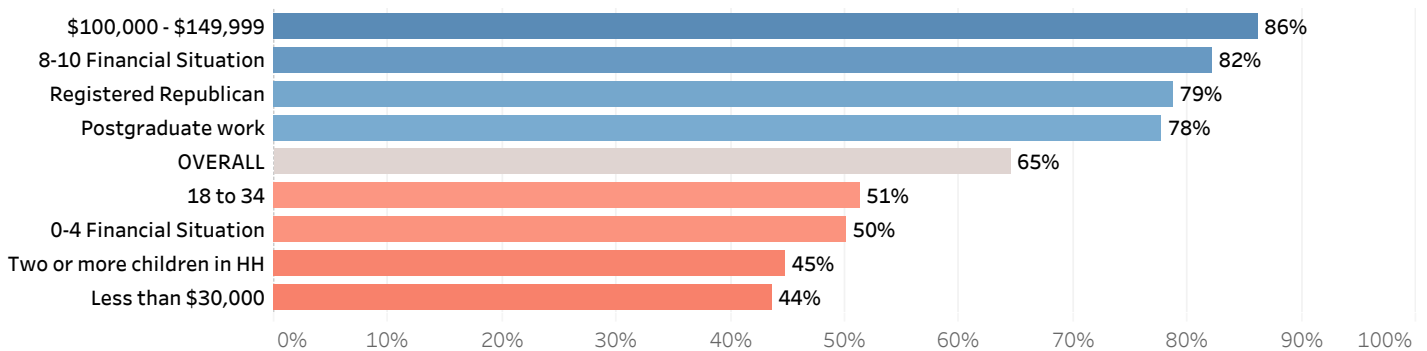
Figure 33a: If something unexpected happened, like an emergency, do you have someone in your life who you could count on to support you?



- Respondents with a household income between \$100,000 and \$149,999, those who rate their financial situation between 8 and 10, Registered Republicans, and those who have completed postgraduate work are more likely than others to say they definitely have someone in their life who they could count on to support them if something unexpected happened. Those with a household income of less than \$30,000, those with two or more children in their household, those who rate their financial situation between 0 and 4, and those between the ages of 18 and 34 are less likely than others to say they definitely have someone.

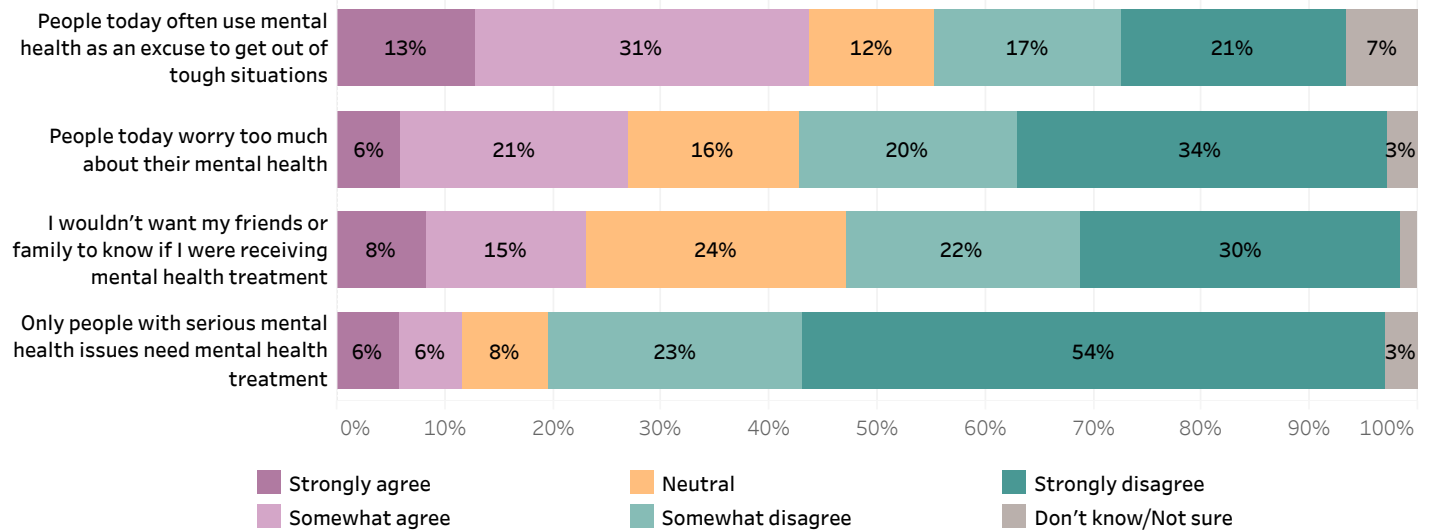
Figure 33b: If something unexpected happened, like an emergency, do you have someone in your life who you could count on to support you - By Select Demographics

### Definitely



Forty-one percent of respondents strongly (13%) or somewhat (31%) agree that people today often use mental health as an excuse to get out of tough situations while 38% somewhat (17%) or strongly (21%) disagree. Twenty-seven percent of respondents say that people today worry too much about their mental health while a majority (54%) disagree. Twenty-three percent of respondents say they wouldn't want their friends or family to know if they were receiving mental health treatment while a majority (51%) disagree. Just 12% agree that only people with serious mental health issues need mental health treatment while three-quarters (77%) disagree.

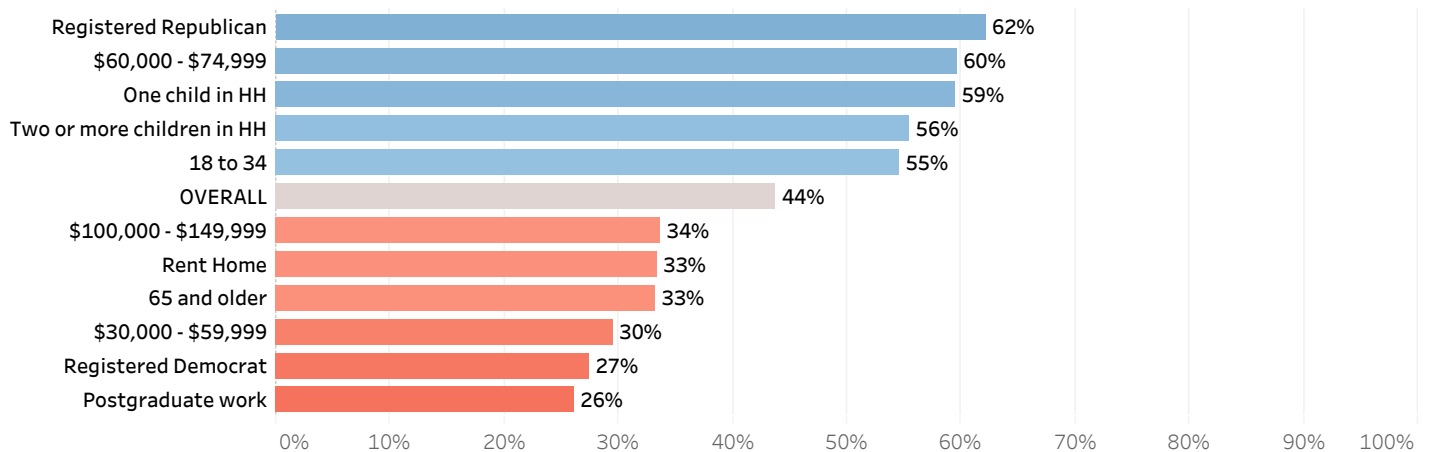
**Figure 34a: Below, please indicate whether you agree or disagree with the following statements about mental health:**



- Registered Republicans, those with a household income between \$60,000 and \$74,999, those with children in their household, and those aged 18 to 34 are more likely to agree that people today often use mental health as an excuse to get out of tough situations. Respondents who have completed postgraduate work, Registered Democrats, those with a household income between \$30,000 and \$59,999 or between \$100,000 and \$149,999, those aged 65 and older, and those who rent their home are less likely to agree with this.

**Figure 34b: Agree with following statements about mental health - By Select Demographics**

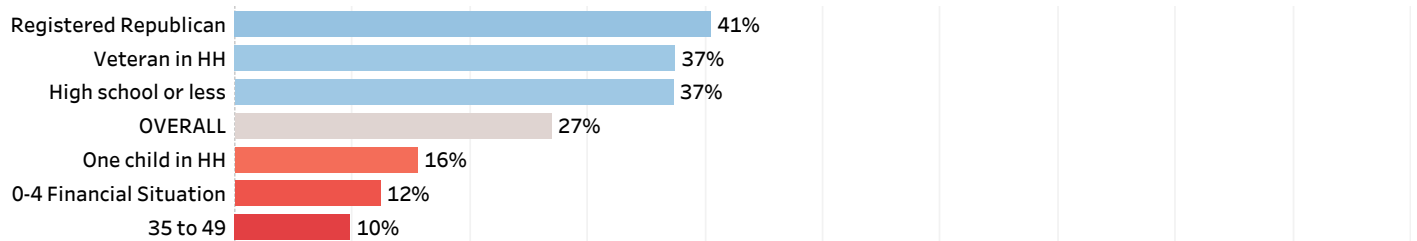
People today often use mental health as an excuse to get out of tough situations



- Registered Republicans, those with a veteran in the household, and those with a high school degree or less are more likely to agree that people today worry too much about their mental health. Respondents between the ages of 35 and 49, those who rate their financial situation between 0 and 4, and those with one child in the household are less likely to agree with this.
- Those with a veteran in the household are more likely to agree that they wouldn't want their friends or family to know if they were receiving mental health treatment. Respondents with one child in the household are less likely to agree with this.
- Registered Republicans and those with one child in the household are more likely to agree that only people with serious mental health issues need mental health treatment.

**Figure 34c: Below, please indicate whether you agree or disagree with the following statements about mental health - By Select Demographics**

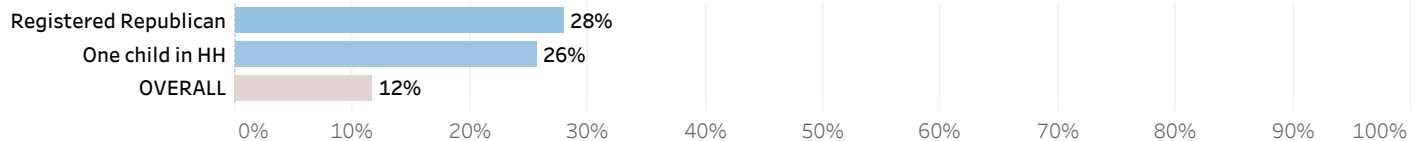
People today worry too much about their mental health



I wouldn't want my friends or family to know if I were receiving mental health treatment

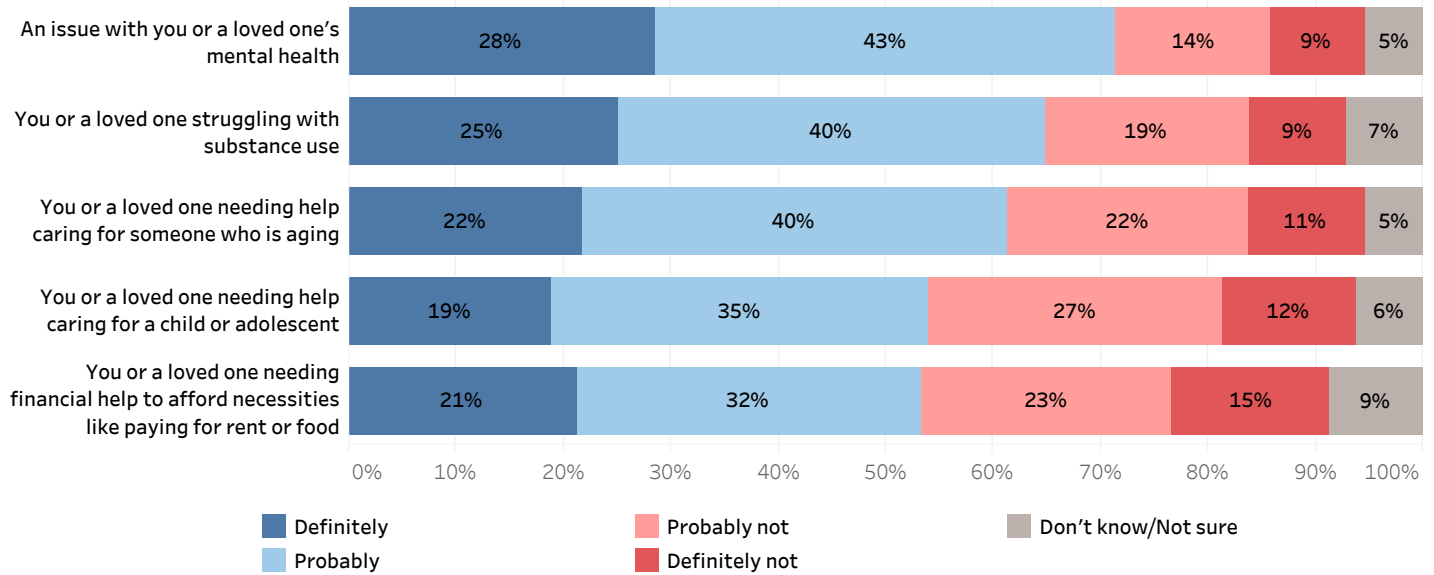


Only people with serious mental health issues need mental health treatment



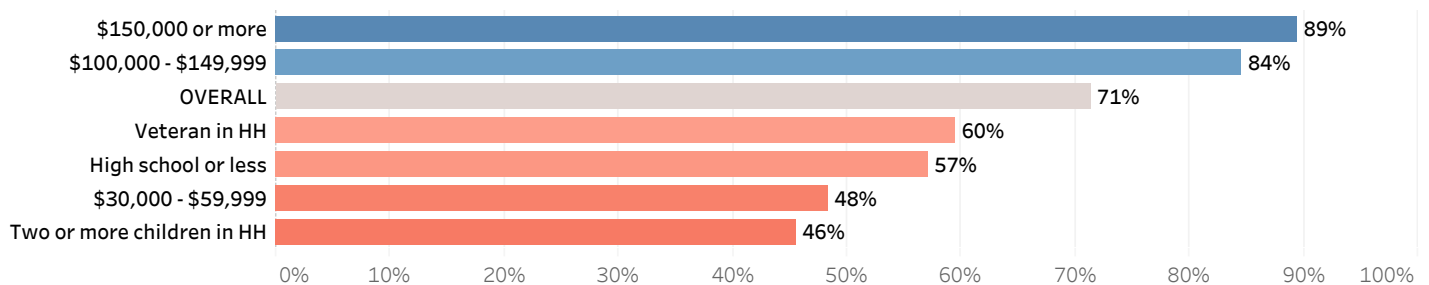
Seven in ten respondents (71%) say that if they needed help with their or a loved one's mental health they would definitely (28%) or probably (43%) know an entity or organization where they could go to get help. Sixty-five percent say they definitely or probably would know an entity or organization to get help if they or a loved one was struggling with substance use, while smaller majorities definitely or probably would know an entity or organization to get help for needing help caring for someone who is aging (62%), needing help caring for a child or adolescent (54%), or needing financial help to afford necessities like paying for rent or food (53%).

**Figure 35a: If you needed help with the following situations, would you know an entity or organization where you could go to get help?**



- Respondents with a household income of \$100,000 or more are more likely than others to say they definitely or probably would know an entity or organization where they could go to get help if there was an issue with their or a loved one's mental health. Respondents with two or more children in their household, those with a household income between \$30,000 and \$59,999, those with a high school degree or less, and those with a veteran in the household are less likely to say this.

**Figure 35b: Definitely or probably would know an entity or organization where you could go to get help with the following situations - By Select Demographics**  
An issue with you or a loved one's mental health

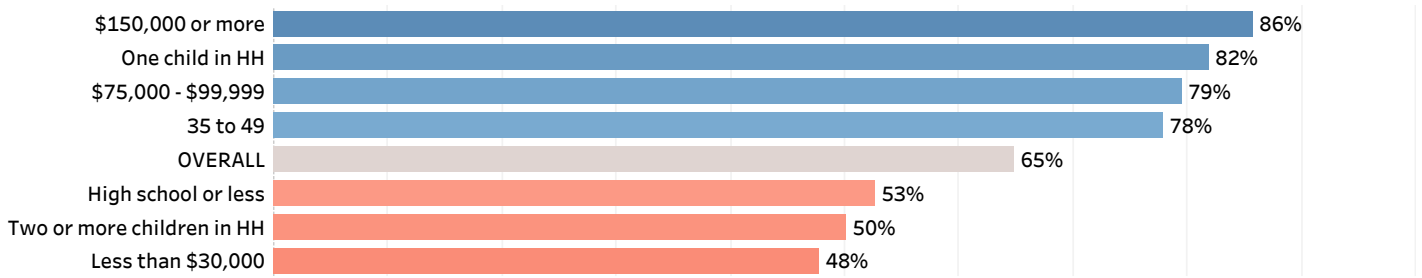




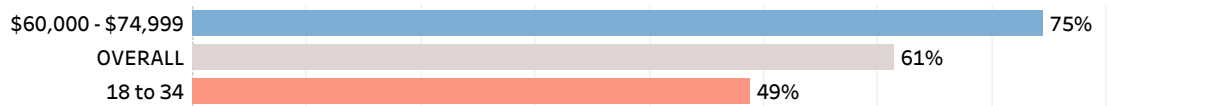
- Respondents with a household income of \$150,000 or more or between \$75,000 and \$99,999, those with one child in their household, and those aged 35 to 49 are more likely than others to say they definitely or probably would know an entity or organization where they could go to get help if they or a loved one was struggling with substance abuse. Those with a household income of less than \$30,000, those with two or more children in their household, and those with a high school degree or less are less likely to say this.
- Respondents with a household income between \$60,000 and \$74,999 are more likely than others to say they definitely or probably would know an entity or organization where they could go to get help if they or a loved one needed help caring for someone who is aging. Those aged 18 to 34 are less likely to say this.
- Respondents with a household income of \$150,000 or more or between \$75,000 and \$99,999, those aged 35 to 49, and those who rate their financial situation between 8 and 10 are more likely than others to say they definitely or probably would know an entity or organization where they could go to get help if they or a loved one needed help caring for a child or adolescent. Those who rate their financial situation between 0 and 4, those with a household income of less than \$60,000, and those who rent their home are less likely to say this.
- Respondents with a household income of less than \$30,000 or of \$150,000 or more are more likely than others to say they definitely or probably would know an entity or organization where they could go to get help if they or a loved one needed financial help to afford necessities. Those aged 18 to 34 are less likely to say this.

**Figure 35c: Definitely or probably would know an entity or organization where you could go to get help with the following situations - By Select Demographics**

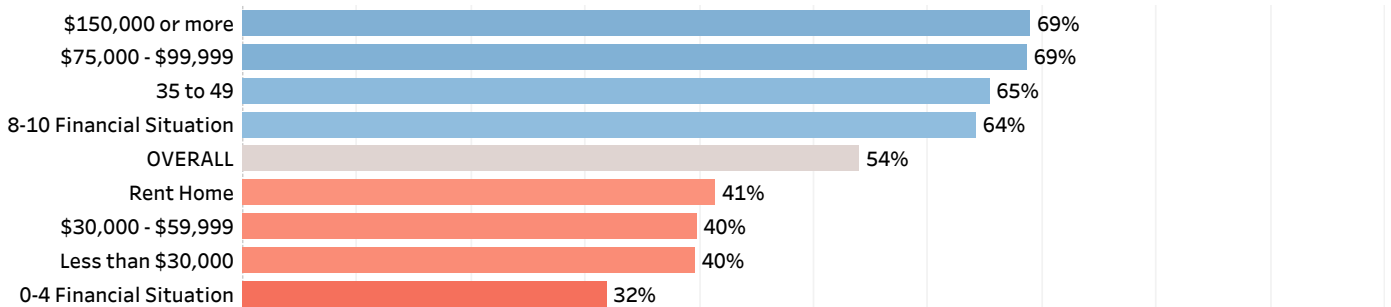
**You or a loved one struggling with substance use**



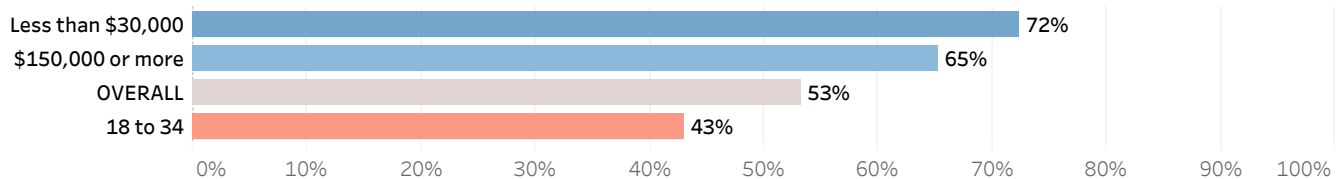
**You or a loved one needing help caring for someone who is aging**



**You or a loved one needing help caring for a child or adolescent**



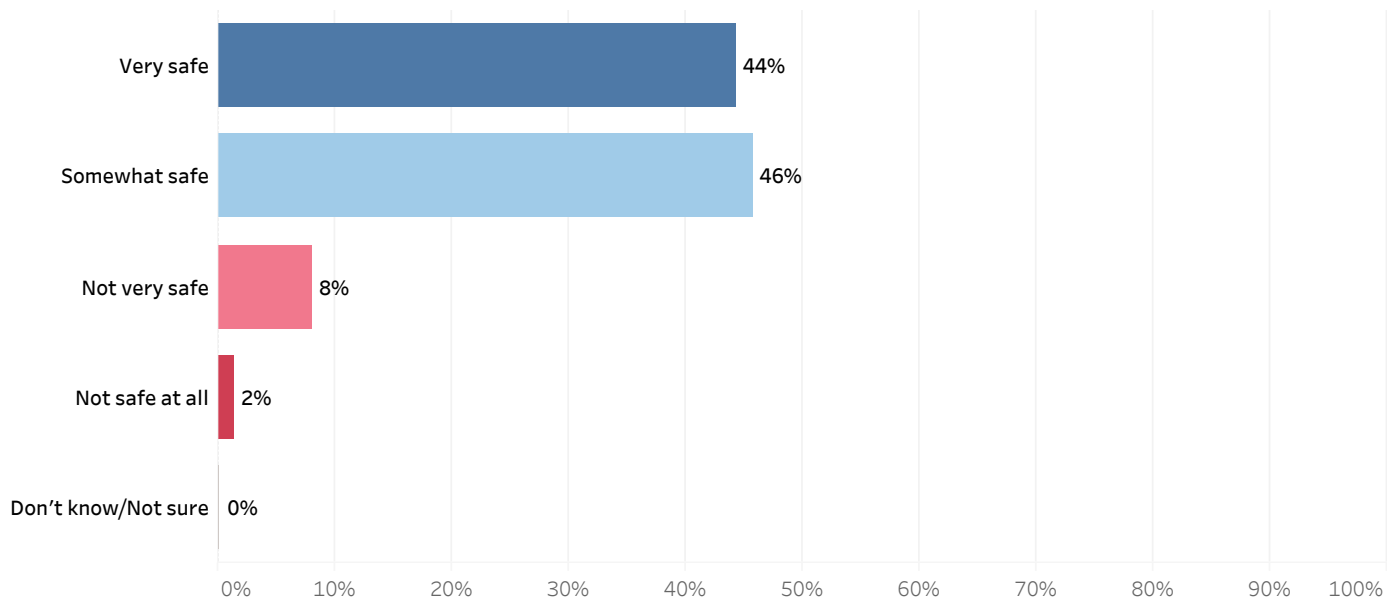
**You or a loved one needing financial help to afford necessities like paying for rent or food**



## Community Safety and Connection

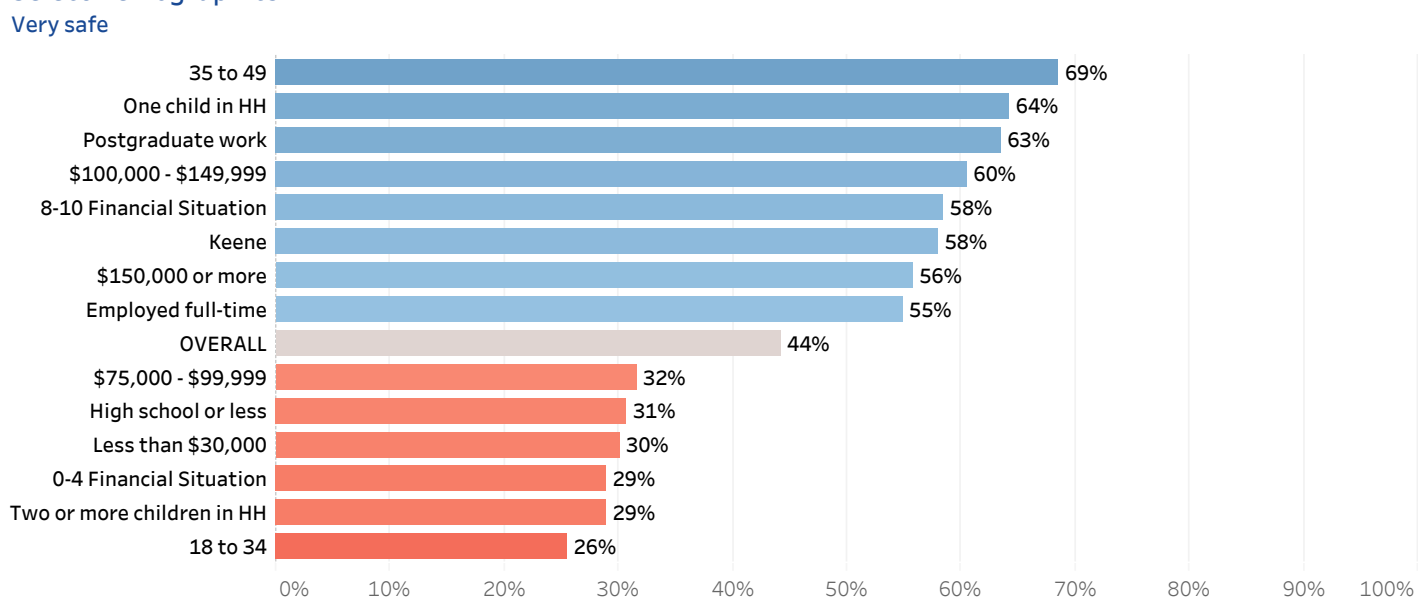
Nine in ten respondents (90%) say that they feel very (44%) or somewhat (46%) safe in public spaces, such as parks, sidewalks, or trails during the day. Eight percent say they do not feel very safe in these situations, while 2% do not feel safe at all.

Figure 36a: How safe do you feel out in public spaces, such as parks, sidewalks, or trails during the day?



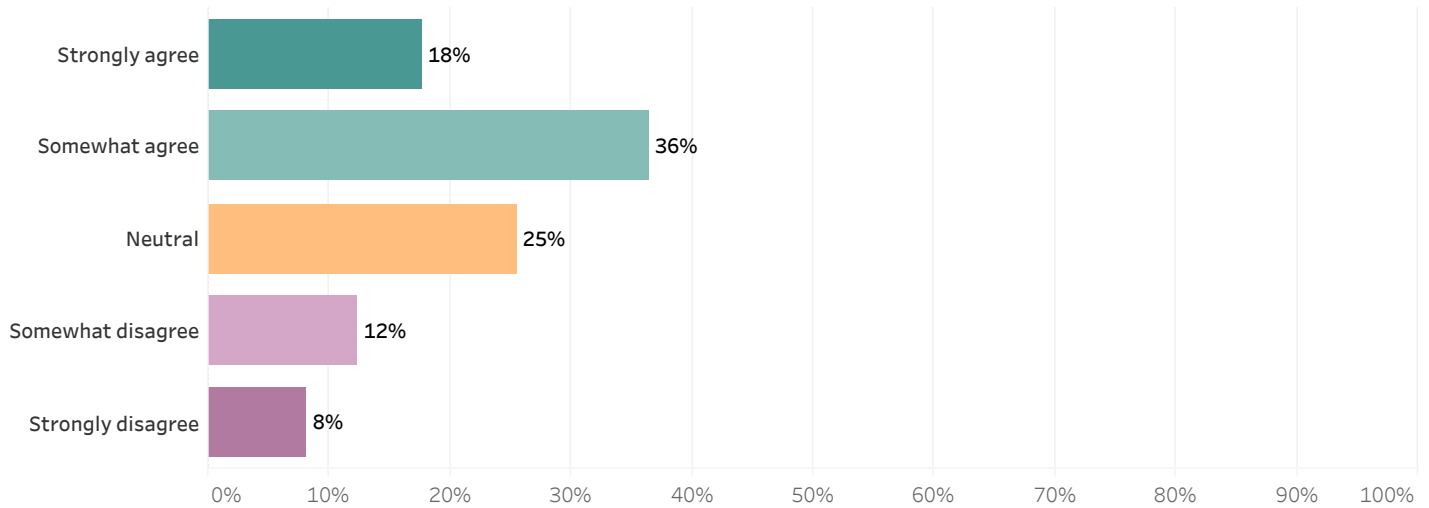
- Respondents aged 35 to 49, those with one child in their household, those who have completed postgraduate work, those with a household income of \$100,000 or more, those who rate their financial situation between 8 and 10, Keene residents, and those who are employed full-time are more likely than others to say that they feel very safe in public spaces during the day. Those aged 18 to 34, those with two or more children in their household, those who rate their financial situation between 0 and 4, those with a household income of less than \$30,000 or between \$75,000 and \$99,999, and those with a high school education or less are less likely to feel this way.

Figure 36b: How safe do you feel out in public spaces, such as parks, sidewalks, or trails during the day? - By Select Demographics



Just over half (54%) of respondents strongly (18%) or somewhat (36%) agree that they feel a sense of community with others in their town or city, 25% are neutral on this statement, and 20% somewhat (12%) or strongly (8%) disagree.

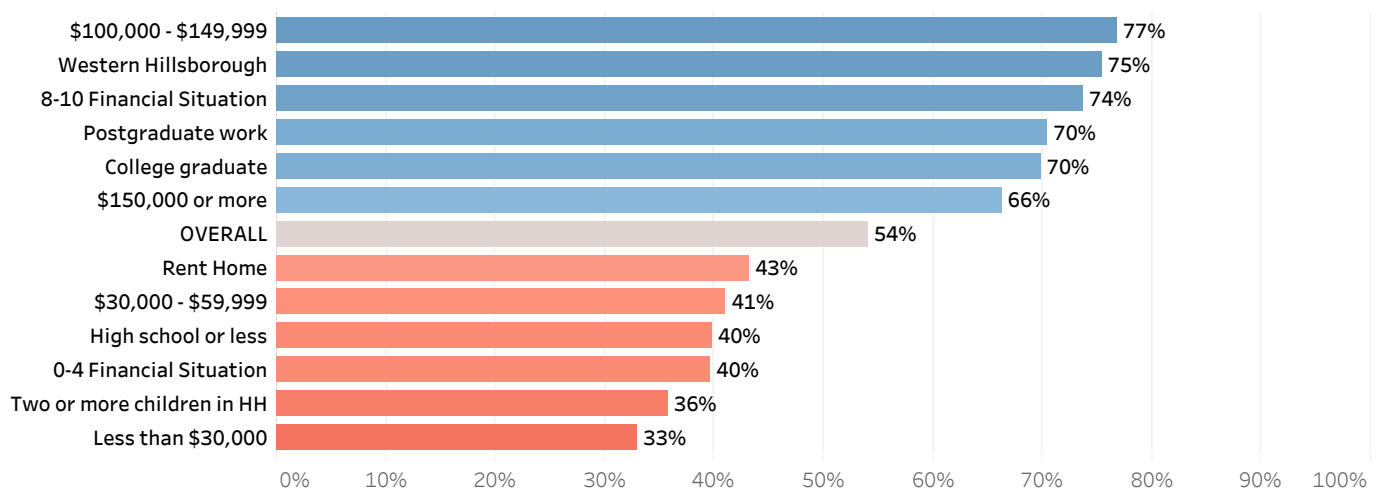
**Figure 37a: Do you agree or disagree with the following statement: I feel a sense of community with others in my town or city**



- Respondents with a household income of \$100,000 or more, Western Hillsborough residents, those who rate their financial situation between 8 and 10, and those with a college degree or more education are more likely than others to agree that they feel a sense of community with others in their town or city. Those with a household income less than \$60,000, those with two or more children in their household, those who rate their financial situation between 0 and 4, those with a high school education or less, and those who rent their home are less likely to agree with this statement.

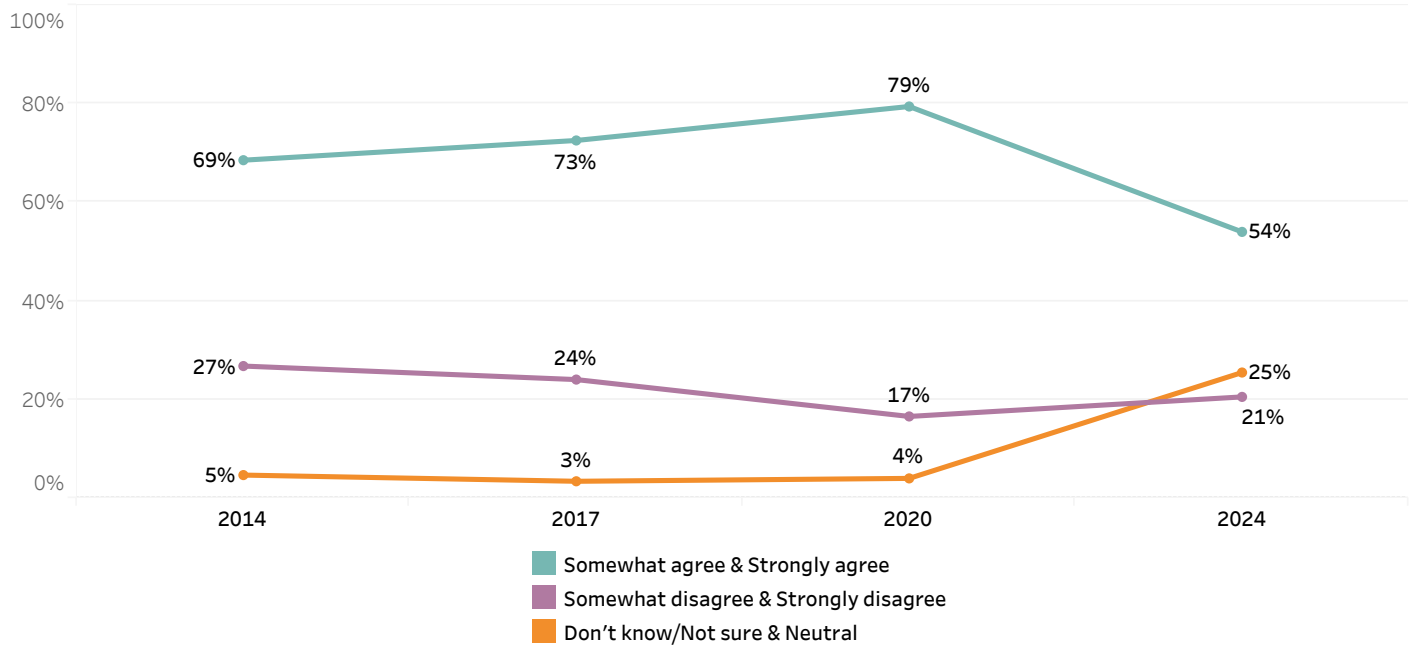
**Figure 37b: Do you agree or disagree with the following statement: I feel a sense of community with others in my town or city - By Select Demographics**

Strongly or somewhat agree



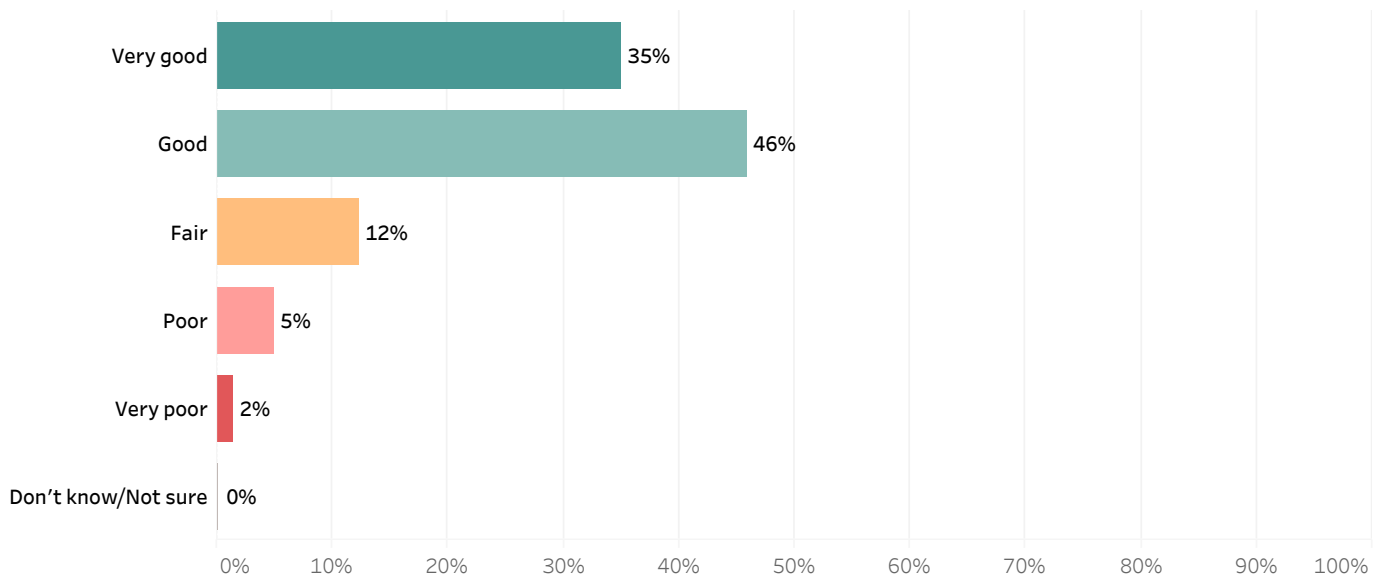
While the proportion of respondents who disagree with this statement has stayed largely steady over time, the proportion who agree with this statement has decreased since 2020 while those who are neutral has increased. This is likely due to the previous surveys being conducted over the phone in which neutral was a volunteered response.

**Figure 37c: Do you agree or disagree with the following statement: I feel a sense of community with others in my town or city - By Year**



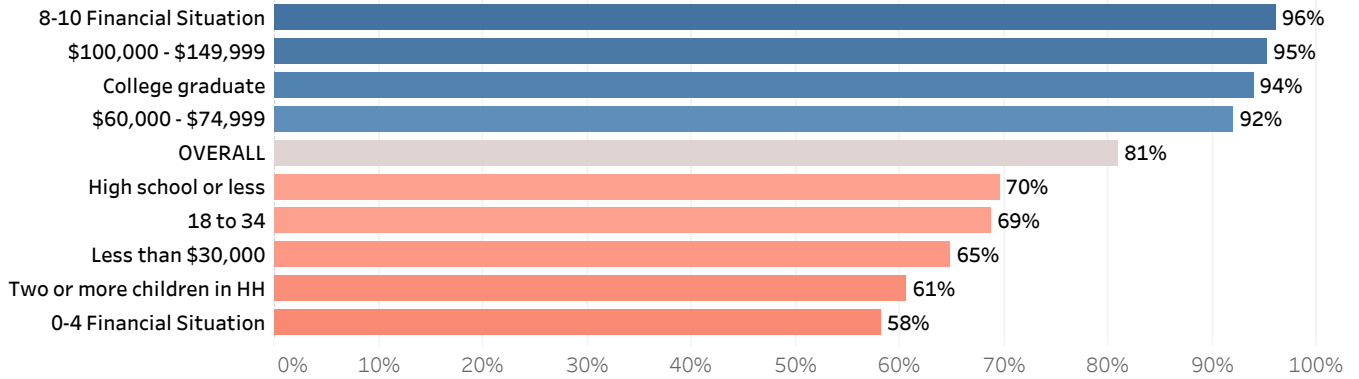
Four in five respondents (81%) overall rate their community as a very good (35%) or good (46%) place to live. Twelve percent rate their community as a fair place to live, while 7% rate it as poor (5%) or very poor (2%).

**Figure 38a: Overall, how would you rate your community as a place to live?**



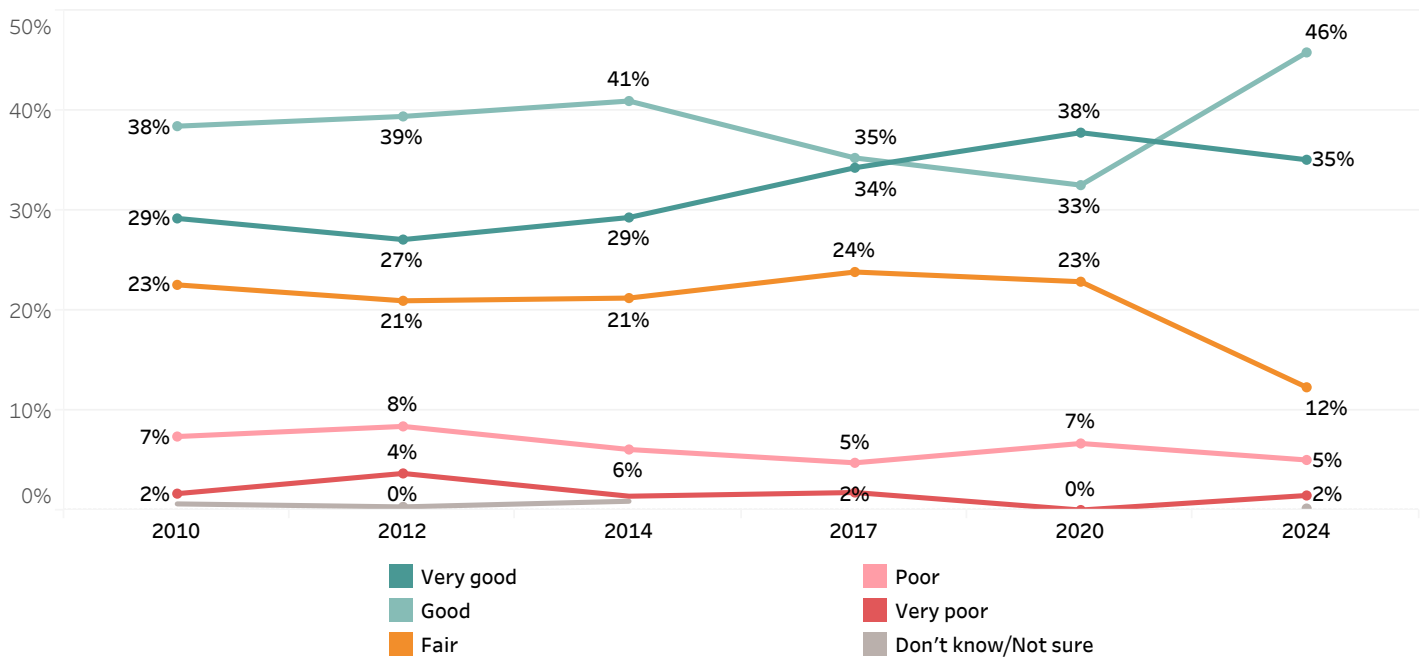
- Respondents who rate their financial situation between 8 and 10, those with a household income between \$60,000 and \$74,999 or between \$100,000 and \$149,999, and college graduates are more likely than others to rate their community as a very good or good place to live. Those who rate their financial situation between 0 and 4, those with two or more children in their household, those with a household income of less than \$30,000, those aged 18 to 34, and those with a high school education or less are less likely to rate their community as very good or good.

**Figure 38b: Overall, how would you rate your community as a place to live? - By Select Demographics**  
Very good or good



Respondents are somewhat more likely to rate their community as a very good or good place to live than in previous years.

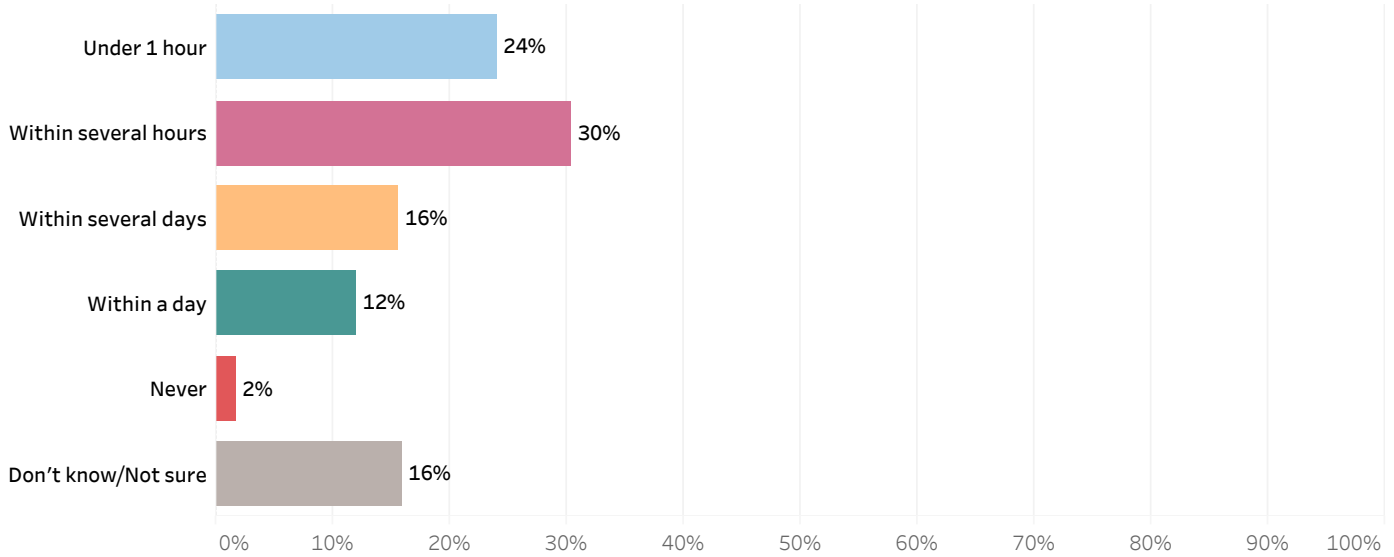
**Figure 38c: Overall, how would you rate your community as a place to live? - By Year**



## Emergency Preparedness and Resiliency

If there were a catastrophic disaster event that affected their entire community, a quarter (24%) of respondents believe that it would take an emergency responder under 1 hour to get to them, while 30% think emergency responders would arrive within several hours. Sixteen percent believe emergency responders would arrive within several days in this situation, 12% believe they would arrive within a day, 2% believe they would never arrive, and 16% don't know or are unsure.

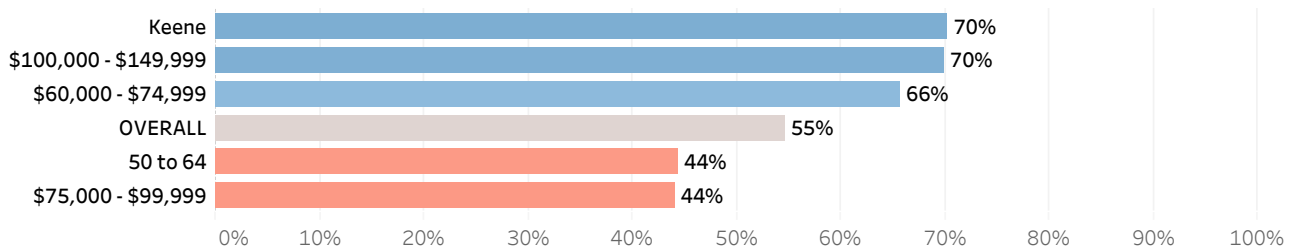
Figure 39a: Imagine that there is a catastrophic disaster event that affects your entire community. How long do you believe it will take for an emergency responder to get to you?



- Keene residents and those with a household income between \$100,000 and \$149,999 or between \$60,000 and \$74,999 are more likely than others to believe that if there were a catastrophic disaster event that affected their whole community, emergency responders would arrive in under 1 hour or within several hours. Those with a household income between \$75,000 and \$99,999 and those aged 50 to 64 are less likely to feel this would be the case.

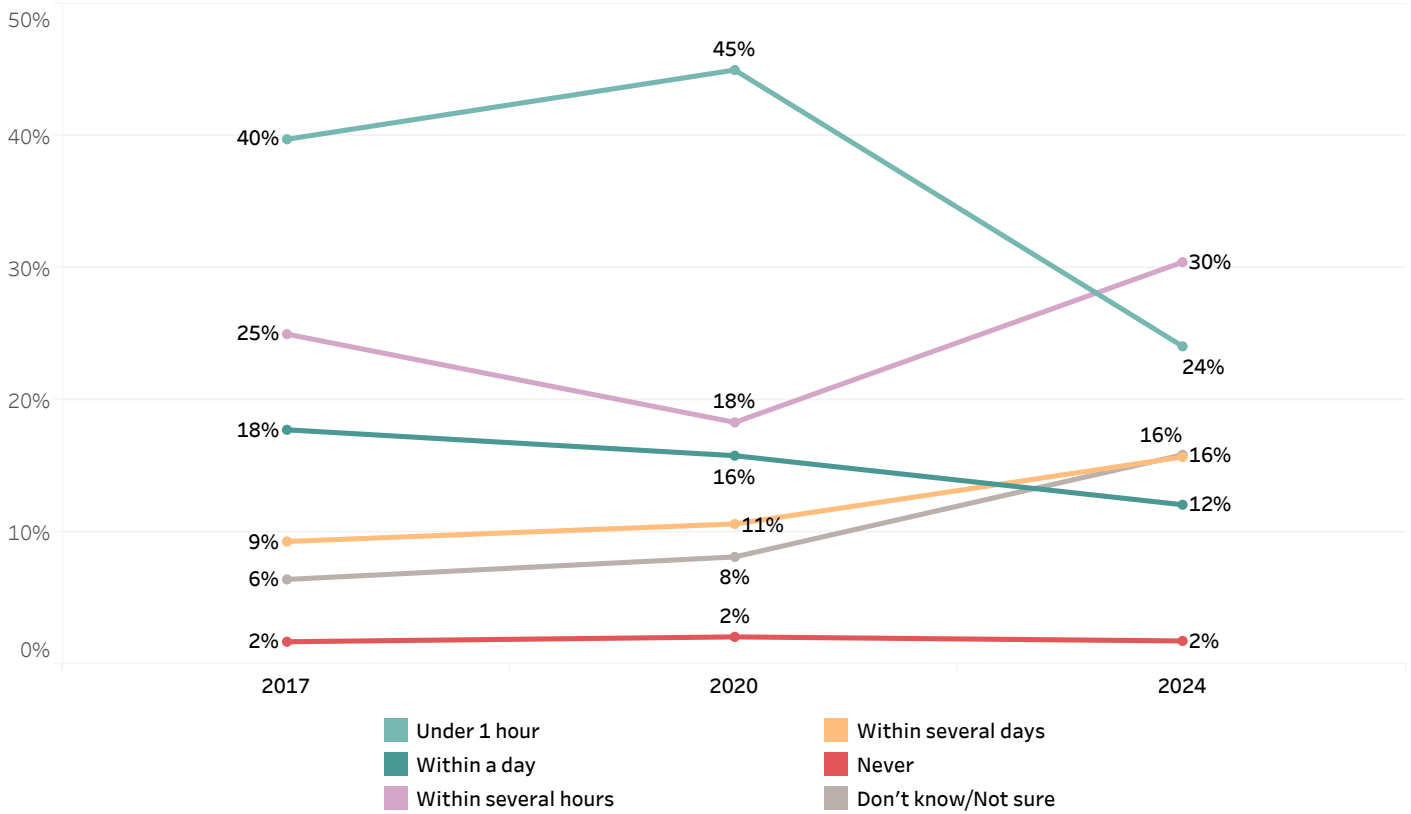
Figure 39b: Imagine that there is a catastrophic disaster event that affects your entire community. How long do you believe it will take for an emergency responder to get to you? - By Select Demographics

Under 1 hour or within several hours



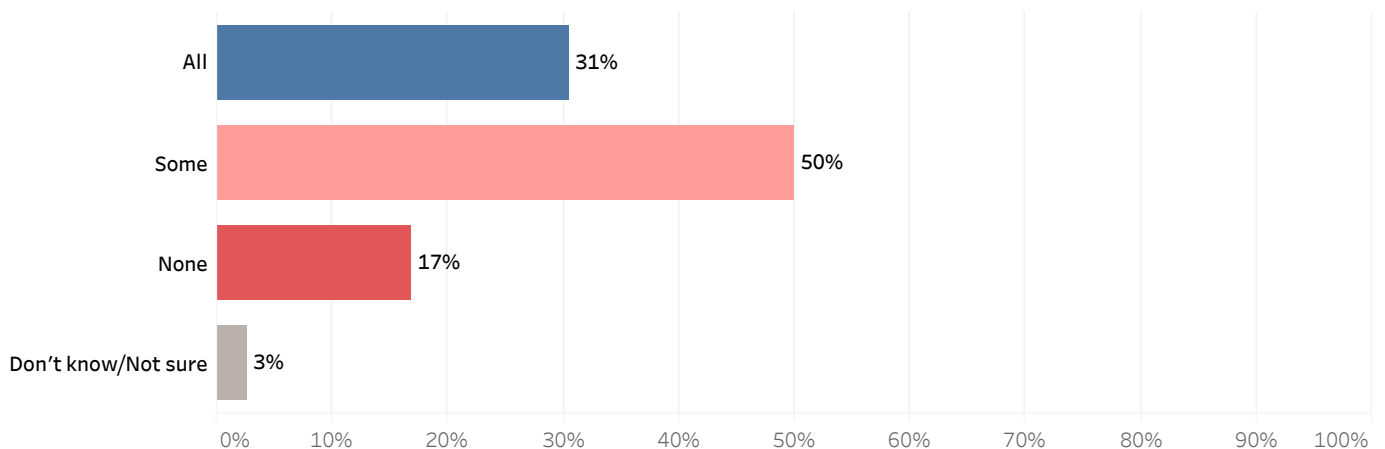
Respondents are less likely than in previous surveys to say that they believe in a catastrophic disaster an emergency responder would be able to get to them within one hour and are more likely to say they believe it would take several hours.

**Figure 39c: Imagine that there is a catastrophic disaster event that affects your entire community. How long do you believe it will take for an emergency responder to get to you? - By Year**



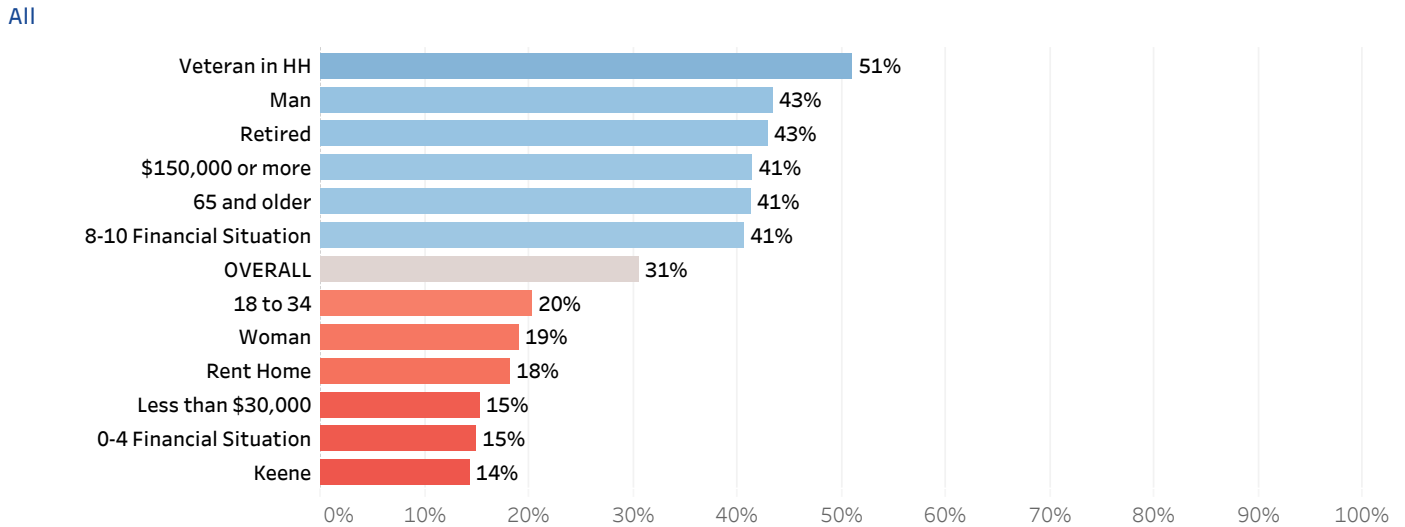
Nearly one-third (31%) of respondents say that their household has an emergency kit that would allow them to shelter in place for 3 days, including at least two days of food and water, a flashlight, a portable radio and spare batteries, emergency phone numbers, and a meeting place for family members in case of evacuation. Half (50%) of respondents say that their emergency kit contains some of these items, 17% say their household does not have an emergency kit at all, and 3% don't know or are unsure.

**Figure 40a: Does your household have an emergency kit that would allow you to shelter in place for 3 days, including the following items: at least two days of food and water, a flashlight, a portable radio and spare batteries, emergency phone numbers, and a meeting place for family members in case of evacuation?**



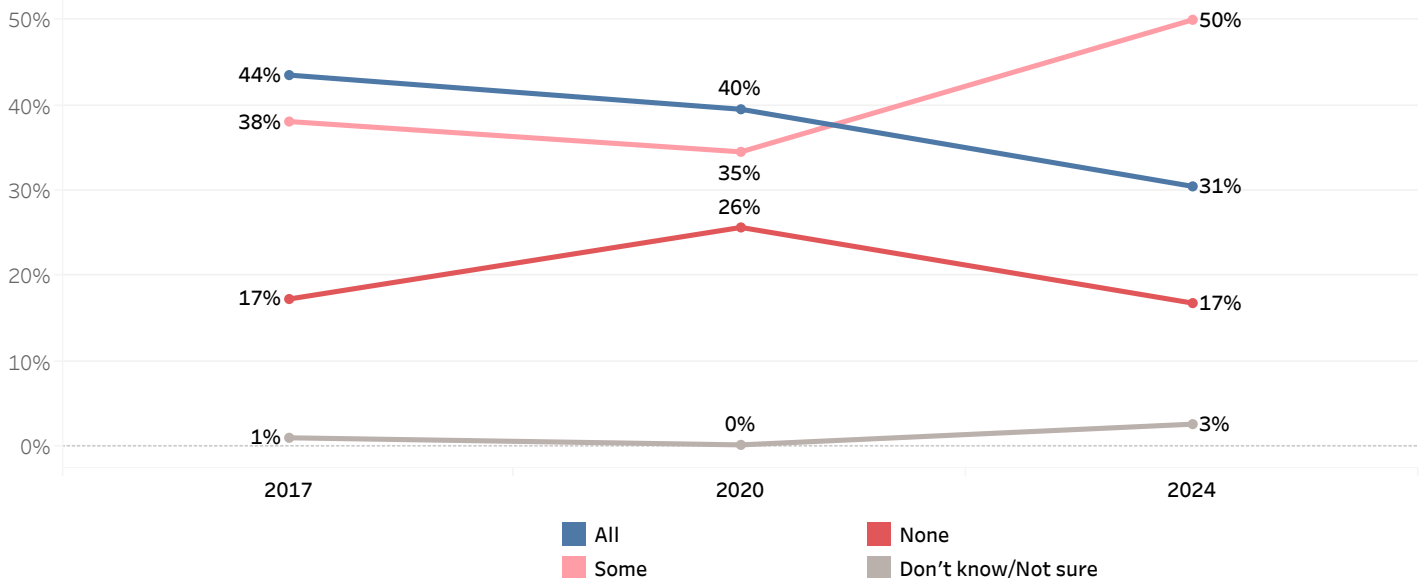
- Respondents with a veteran in their household, men, those who are retired, those with a household income of \$150,000 or more, those aged 65 and older, and those who rate their financial situation between 8 and 10 are more likely than others to say that their household has an emergency kit that would allow them to shelter in place for 3 days and includes all of the enumerated items. Keene residents, those who rate their financial situation between 0 and 4, those with a household income of less than \$30,000, those who rent their home, women, and those aged 18 to 34 are less likely to have an emergency kit which includes all of these items.

**Figure 40b: Does your household have an emergency kit that would allow you to shelter in place for 3 days, including the following items: at least two days of food and water, a flashlight, a portable radio and spare batteries, emergency phone numbers, and a meeting place for family members in case of evacuation? - By Select Demographics**



Respondents are more likely than in previous surveys to say that they have some items in an emergency kit that would allow them to shelter in place for 3 days.

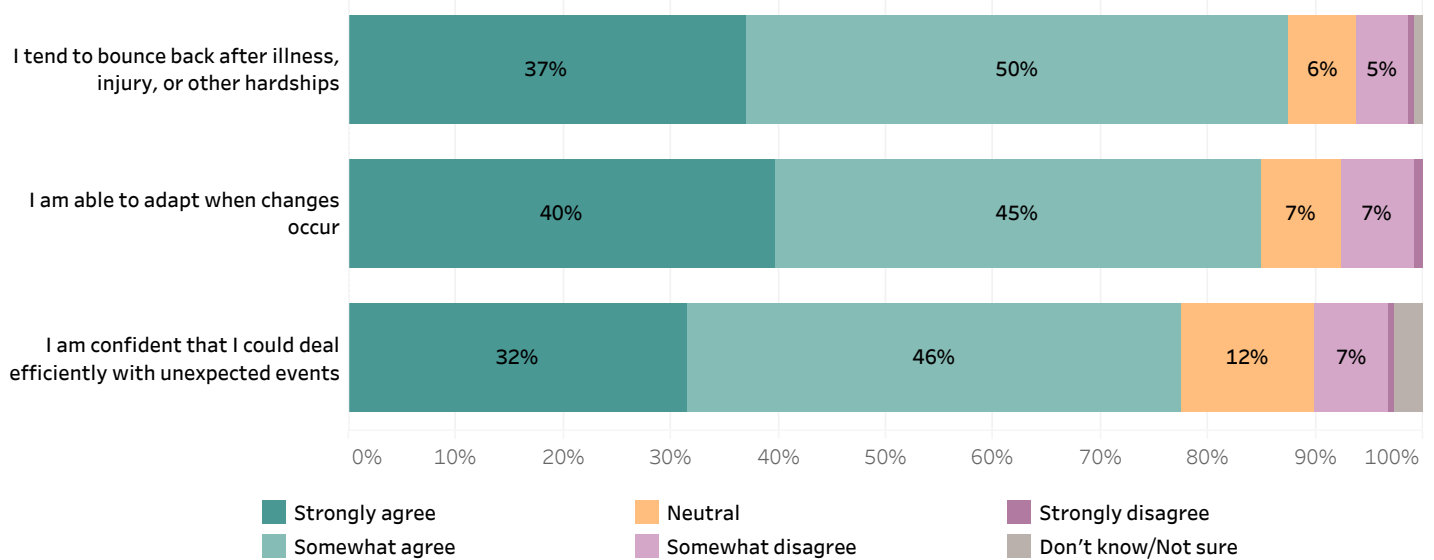
**Figure 40c: Does your household have an emergency kit that would allow you to shelter in place for 3 days, including the following items: at least two days of food and water, a flashlight, a portable radio and spare batteries, emergency phone numbers, and a meeting place for family members in case of evacuation? - By Year**





Seven in eight respondents (88%) strongly (37%) or somewhat (50%) agree that they tend to bounce back after illness, injury, or other hardships, 6% are neutral on this question, and 5% somewhat (5%) or strongly (<1%) disagree. A similar proportion (85%) agree that they are able to adapt when changes occur while 78% agree that they are confident that they could deal efficiently with unexpectedly events.

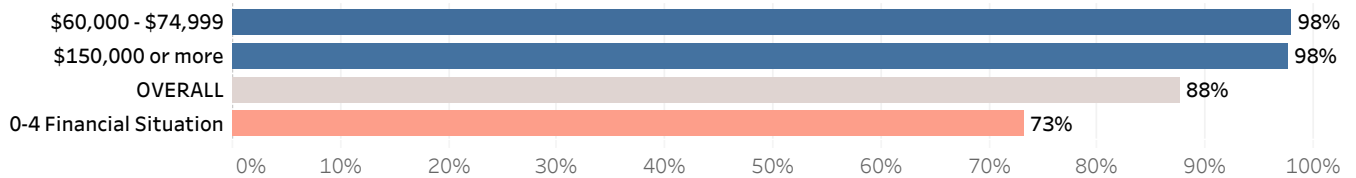
Figure 41a: Below, please indicate whether you agree or disagree with the following statements



- Respondents with a household income between \$60,000 and \$74,000 or of \$150,000 or more are more likely than others to agree that they tend to bounce back after illness, injury, or other hardships. Those who rate their financial situation between 0 and 4 are less likely to agree with this statement.

Figure 41b: Below, please indicate whether you agree or disagree with the following statements - By Select Demographics

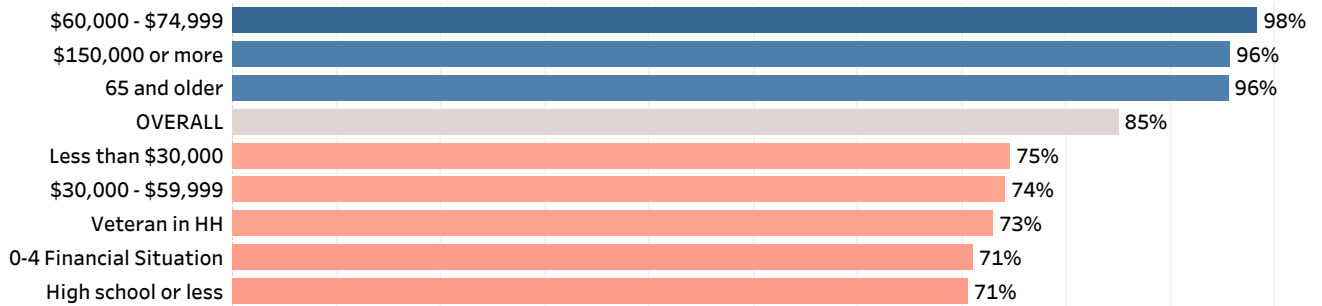
I tend to bounce back after illness, injury, or other hardships



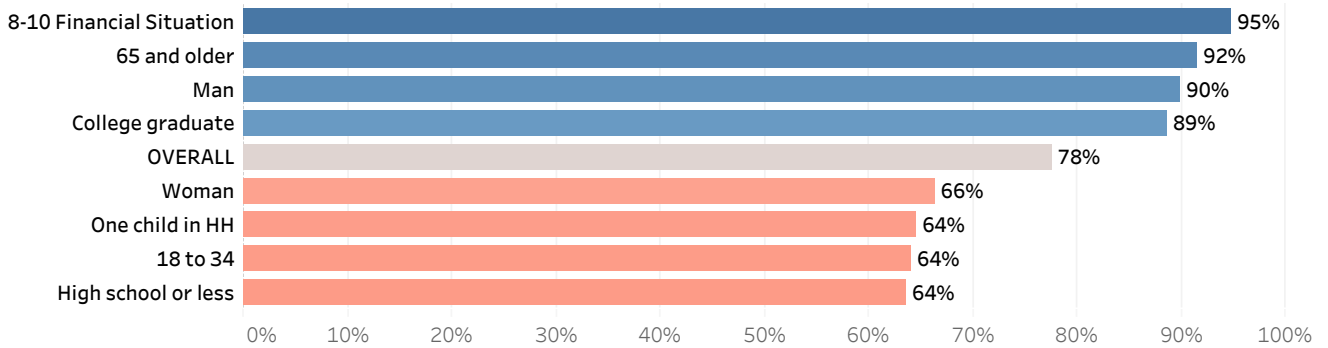
- Respondents with a household income between \$60,000 and \$74,999 or of \$150,000 or more, and those aged 65 and older are more likely than others to agree that they are able to adapt when changes occur. Those with a high school education or less, those who rate their financial situation between 0 and 4, those with a veteran in their household, and those with a household income of less than \$60,000 are less likely to agree with this statement.
- Respondents who rate their financial situation between 8 and 10, those aged 65 and older, men, and college graduates are more likely than others to agree that they are confident that they could deal efficiently with unexpected events. Those with a high school education or less, those aged 18 to 34, those with one child in their household, and women are less likely to agree with this statement.

**Figure 41c: Below, please indicate whether you agree or disagree with the following statements - By Select Demographics**

I am able to adapt when changes occur



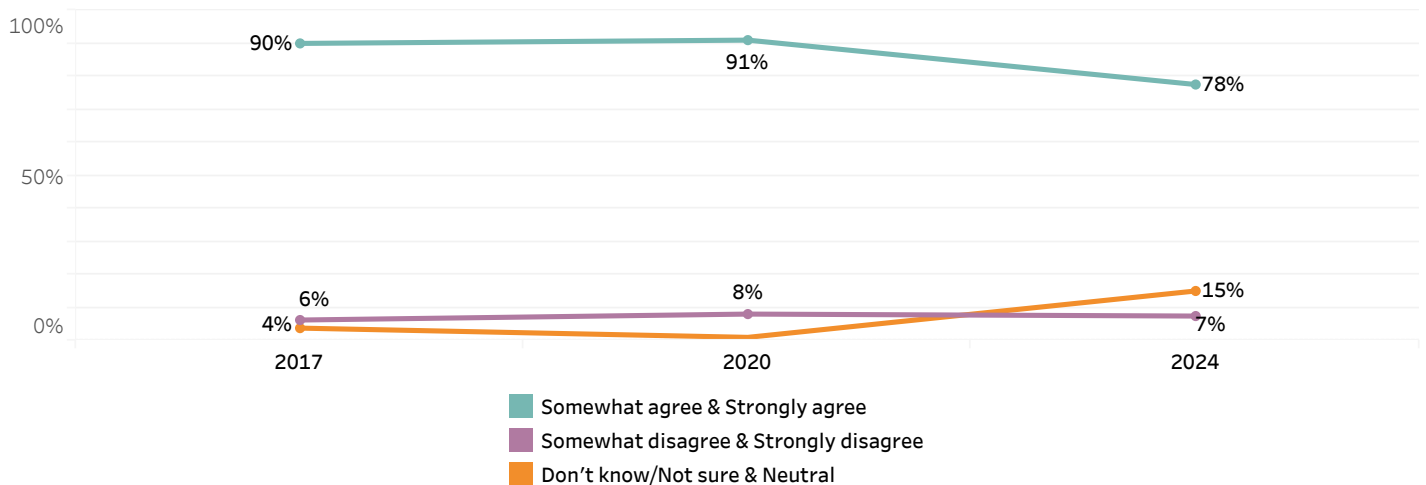
I am confident that I could deal efficiently with unexpected events



While the proportion of respondents who agree with this statement has decreased while those who are neutral has increased, this is likely due to the previous surveys being conducted over the phone in which neutral was a volunteered response.

**Figure 41d: Below, please indicate whether you agree or disagree with the following statement - By Year**

I am confident that I could deal efficiently with unexpected events



## Appendix A

Q1 In general, how would you rate your overall health?

		Very good	Good	Fair	Poor	Very poor	Don't know	N
<b>Overall</b>		19%	56%	20%	3%	2%	0%	533
<b>Age of Respondent</b>	18 to 34	14%	59%	25%	3%			123
	35 to 49	15%	57%	23%	6%			101
	50 to 64	24%	51%	20%	2%	4%	0%	152
	65 and older	23%	58%	11%	4%	3%		141
<b>Children in Household</b>	No children in HH	21%	53%	22%	2%	2%	0%	371
	One child in HH	11%	69%	13%	2%	6%		67
	Two or more children in HH	18%	57%	14%	11%			90
<b>Employment Status</b>	Employed full-time	22%	58%	19%	2%		0%	206
	Employed part-time	9%	38%	53%				41
	Self-employed	28%	65%	2%	1%	5%		34
	Retired	18%	56%	18%	4%	3%		165
	Homemaker	6%	71%	5%	9%	8%		47
	Unemployed	35%	44%	10%	11%			28
<b>Financial Situation</b>	0-4 Financial Situation	14%	42%	32%	8%	4%		132
	5-7 Financial Situation	15%	62%	20%	2%		0%	249
	8-10 Financial Situation	31%	57%	8%	1%	3%		141
<b>Gender</b>	Man	20%	57%	18%	3%	2%		254
	Woman	19%	55%	21%	3%	1%	0%	256
<b>Highest Level of Education</b>	High school or less	16%	58%	16%	5%	4%		180
	Tech school/Some college	11%	54%	32%	2%	1%		154
	College graduate	27%	55%	14%	4%		0%	115
	Postgraduate work	30%	57%	11%	2%			83
<b>Household Income</b>	Less than \$30,000	14%	36%	27%	9%	14%		56
	\$30,000 - \$59,999	7%	65%	26%	2%			89
	\$60,000 - \$74,999	14%	64%	22%	0%			68
	\$75,000 - \$99,999	22%	63%	15%			1%	65
	\$100,000 - \$149,999	18%	56%	20%	6%			87
	\$150,000 or more	34%	60%	6%				75
<b>Own or Rent Home</b>	Own Home	19%	62%	15%	2%	2%	0%	420
	Rent Home	11%	35%	40%	12%	2%		83
<b>Race/Ethnicity</b>	Caucasian/White Only	18%	57%	20%	4%	2%	0%	467
	Not Caucasian/White Only	28%	46%	26%				42
<b>Region</b>	Keene	14%	58%	21%	4%	1%	0%	112
	Rest of Cheshire	20%	59%	16%	2%	3%		290
	Western Hillsborough	20%	46%	27%	7%			131
<b>Veteran Status</b>	No Veteran in HH	20%	54%	21%	3%	2%	0%	430
	Veteran in HH	15%	63%	14%	8%			98
<b>Voter Registration</b>	Registered Democrat	19%	57%	20%	2%	2%		173
	Registered Undeclared	19%	53%	21%	6%	1%	0%	181
	Registered Republican	12%	68%	16%	0%	3%		126

Q2 For about how many days during **the past 30 days** did poor physical health keep you from doing your usual activities, such as self-care, work, or recreation?

		0 Days	1 Days	2 Days	3 Days	4 Days	5 Days	More than 5 Days	N
<b>Overall</b>		56%	8%	11%	2%	3%	4%	17%	530
<b>Age of Respondent</b>	18 to 34	53%	1%	20%	2%	3%	2%	18%	123
	35 to 49	46%	19%	12%	2%	1%	2%	18%	101
	50 to 64	57%	9%	7%	3%	4%	6%	14%	152
	65 and older	63%	5%	6%	2%	2%	4%	19%	140
<b>Children in Household</b>	No children in HH	58%	5%	10%	3%	3%	5%	17%	368
	One child in HH	51%	24%	10%	3%	2%	0%	10%	67
	Two or more children in HH	51%	6%	13%	0%	5%	2%	22%	90
<b>Employment Status</b>	Employed full-time	63%	6%	18%	3%	1%	2%	6%	206
	Employed part-time	57%	2%	14%	1%	0%	12%	13%	41
	Self-employed	50%	20%			2%	1%	27%	34
	Retired	63%	5%	3%	1%	2%	3%	21%	162
	Homemaker	40%	20%	2%	1%	9%		28%	47
	Unemployed	15%		10%	5%	14%	16%	40%	28
<b>Financial Situation</b>	0-4 Financial Situation	33%	6%	19%	3%	4%	4%	32%	132
	5-7 Financial Situation	60%	10%	11%	2%	2%	3%	14%	248
	8-10 Financial Situation	72%	5%	4%	2%	4%	5%	8%	139
<b>Gender</b>	Man	63%	3%	8%	1%	2%	5%	19%	251
	Woman	53%	11%	14%	3%	4%	3%	12%	256
<b>Highest Level of Education</b>	High school or less	52%	14%	6%	1%	4%	4%	20%	180
	Tech school/Some college	48%	3%	17%	1%	1%	5%	25%	154
	College graduate	67%	4%	14%	6%	2%	1%	7%	112
	Postgraduate work	68%	7%	6%	3%	5%	4%	7%	83
<b>Household Income</b>	Less than \$30,000	26%		12%	2%	15%	2%	42%	56
	\$30,000 - \$59,999	62%	5%	6%	5%	2%	2%	19%	87
	\$60,000 - \$74,999	54%	14%	22%	2%	1%	5%	2%	68
	\$75,000 - \$99,999	62%	14%	14%	1%	1%	4%	4%	65
	\$100,000 - \$149,999	53%	8%	19%	2%	3%	6%	8%	86
	\$150,000 or more	72%	5%	4%	1%	1%	2%	14%	75
<b>Own or Rent Home</b>	Own Home	60%	8%	9%	2%	3%	4%	13%	418
	Rent Home	44%	5%	22%	2%	4%	3%	20%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	57%	8%	11%	2%	3%	3%	16%	464
	Not Caucasian/White Only	60%	1%	9%	1%		4%	25%	42
<b>Region</b>	Keene	59%	1%	15%	4%	4%	2%	15%	112
	Rest of Cheshire	51%	12%	7%	2%	3%	4%	21%	288
	Western Hillsborough	66%	3%	16%	1%	1%	5%	8%	131
<b>Veteran Status</b>	No Veteran in HH	53%	9%	12%	3%	3%	4%	17%	428
	Veteran in HH	74%	1%	8%	0%	1%	2%	14%	96
<b>Voter Registration</b>	Registered Democrat	50%	4%	14%	3%	4%	3%	20%	171
	Registered Undeclared	63%	3%	15%	2%	1%	5%	10%	181
	Registered Republican	64%	19%	3%	1%	1%	2%	10%	125

Q3 For about how many days during **the past 30 days** did poor mental health keep you from doing your usual activities, such as self-care, work, or recreation?

		0 Days	1 Days	2 Days	3 Days	4 Days	5 Days	More than 5 Days	N
<b>Overall</b>		70%	4%	7%	3%	1%	6%	9%	531
<b>Age of Respondent</b>	18 to 34	48%	2%	19%	11%	5%	7%	9%	123
	35 to 49	62%	4%	6%	1%	1%	8%	18%	101
	50 to 64	73%	5%	3%	0%		8%	10%	152
	65 and older	90%	4%	2%	0%		1%	3%	138
<b>Children in Household</b>	No children in HH	74%	6%	5%	2%		4%	8%	368
	One child in HH	73%		3%	1%	4%	9%	10%	67
	Two or more children in HH	47%	3%	17%	6%	4%	9%	13%	90
<b>Employment Status</b>	Employed full-time	69%	4%	8%	2%	3%	6%	7%	205
	Employed part-time	62%	0%		17%		7%	13%	41
	Self-employed	68%	6%	5%			2%	19%	34
	Retired	86%	6%	1%	1%		2%	4%	164
	Homemaker	63%	1%	6%	6%		9%	14%	47
	Unemployed	24%	7%	41%			17%	11%	28
<b>Financial Situation</b>	0-4 Financial Situation	48%	6%	16%	4%		7%	19%	132
	5-7 Financial Situation	70%	3%	5%	3%	3%	7%	9%	247
	8-10 Financial Situation	88%	5%	1%	3%		2%	1%	140
<b>Gender</b>	Man	79%	4%	5%	2%		4%	7%	252
	Woman	61%	5%	9%	4%	1%	8%	11%	255
<b>Highest Level of Education</b>	High school or less	71%	3%	9%			8%	10%	180
	Tech school/Some college	67%	3%	3%	7%	2%	4%	14%	154
	College graduate	71%	6%	6%	3%	3%	6%	5%	113
	Postgraduate work	74%	9%	7%	2%		4%	5%	82
<b>Household Income</b>	Less than \$30,000	47%		2%	3%		18%	30%	56
	\$30,000 - \$59,999	77%	2%	4%	1%	1%	9%	7%	89
	\$60,000 - \$74,999	73%	2%	4%	16%		3%	2%	68
	\$75,000 - \$99,999	68%	8%	4%		5%	2%	14%	65
	\$100,000 - \$149,999	70%	7%	11%	2%	4%	2%	5%	86
	\$150,000 or more	85%	5%	3%	0%		5%	2%	74
<b>Own or Rent Home</b>	Own Home	77%	5%	5%	2%	1%	5%	5%	418
	Rent Home	50%	4%	6%	7%	1%	11%	22%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	72%	5%	4%	3%	1%	6%	9%	465
	Not Caucasian/White Only	55%	1%	24%	3%		6%	11%	42
<b>Region</b>	Keene	61%	4%	4%	3%	1%	10%	16%	112
	Rest of Cheshire	71%	6%	6%	0%	1%	5%	11%	288
	Western Hillsborough	74%	2%	10%	8%	2%	3%	1%	131
<b>Veteran Status</b>	No Veteran in HH	67%	5%	8%	3%	1%	6%	11%	429
	Veteran in HH	84%	0%	3%	4%	3%	5%	0%	96
<b>Voter Registration</b>	Registered Democrat	66%	6%	6%	3%	2%	8%	9%	172
	Registered Undeclared	68%	5%	7%	4%	2%	6%	8%	181
	Registered Republican	90%	3%	1%	1%		0%	5%	124

Q4a In the past 12 months, have you or another adult in your household needed or wanted medical care for the following reasons but did not or could not get care? - A routine physical exam or checkup

		Yes	No	Don't know/Can't remember	N
<b>Overall</b>		16%	83%	1%	529
<b>Age of Respondent</b>	18 to 34	21%	79%	1%	123
	35 to 49	14%	84%	1%	98
	50 to 64	15%	82%	3%	152
	65 and older	14%	85%	1%	140
<b>Children in Household</b>	No children in HH	13%	86%	2%	366
	One child in HH	13%	86%	1%	67
	Two or more children in HH	31%	68%	1%	90
<b>Employment Status</b>	Employed full-time	11%	89%	1%	202
	Employed part-time	18%	75%	7%	41
	Self-employed	4%	96%		34
	Retired	14%	85%	2%	165
	Homemaker	46%	54%		47
	Unemployed	28%	69%	2%	27
<b>Financial Situation</b>	0-4 Financial Situation	26%	73%	1%	129
	5-7 Financial Situation	15%	83%	2%	248
	8-10 Financial Situation	9%	91%	1%	140
<b>Gender</b>	Man	11%	88%	1%	251
	Woman	21%	77%	2%	254
<b>Highest Level of Education</b>	High school or less	19%	80%	2%	178
	Tech school/Some college	18%	81%	1%	152
	College graduate	14%	85%	1%	115
	Postgraduate work	10%	89%	1%	83
<b>Household Income</b>	Less than \$30,000	27%	70%	2%	54
	\$30,000 - \$59,999	22%	76%	2%	89
	\$60,000 - \$74,999	15%	85%		68
	\$75,000 - \$99,999	30%	70%	1%	64
	\$100,000 - \$149,999	8%	91%	1%	86
	\$150,000 or more	3%	97%		75
<b>Own or Rent Home</b>	Own Home	15%	84%	1%	419
	Rent Home	21%	77%	2%	81
<b>Race/Ethnicity</b>	Caucasian/White Only	16%	83%	1%	463
	Not Caucasian/White Only	16%	82%	2%	42
<b>Region</b>	Keene	10%	90%	1%	109
	Rest of Cheshire	15%	83%	2%	289
	Western Hillsborough	22%	78%		131
<b>Veteran Status</b>	No Veteran in HH	14%	85%	1%	427
	Veteran in HH	25%	74%	1%	96
<b>Voter Registration</b>	Registered Democrat	10%	88%	2%	172
	Registered Undeclared	11%	87%	1%	180
	Registered Republican	28%	71%	1%	126

Q4b In the past 12 months, have you or another adult in your household needed or wanted medical care for the following reasons but did not or could not get care? - A sickness or illness

		Yes	No	Don't know/Can't remember	N
<b>Overall</b>		15%	81%	3%	527
<b>Age of Respondent</b>	18 to 34	19%	72%	8%	123
	35 to 49	15%	84%	1%	98
	50 to 64	15%	82%	3%	152
	65 and older	14%	84%	2%	138
<b>Children in Household</b>	No children in HH	14%	82%	4%	365
	One child in HH	17%	83%		67
	Two or more children in HH	20%	76%	4%	90
<b>Employment Status</b>	Employed full-time	15%	80%	5%	203
	Employed part-time	42%	51%	7%	41
	Self-employed	3%	97%		33
	Retired	12%	86%	2%	162
	Homemaker	20%	80%		47
	Unemployed	11%	89%		28
<b>Financial Situation</b>	0-4 Financial Situation	29%	65%	6%	127
	5-7 Financial Situation	14%	84%	2%	249
	8-10 Financial Situation	7%	91%	2%	140
<b>Gender</b>	Man	13%	86%	1%	249
	Woman	18%	78%	4%	255
<b>Highest Level of Education</b>	High school or less	16%	77%	7%	175
	Tech school/Some college	23%	76%	1%	154
	College graduate	6%	91%	3%	114
	Postgraduate work	14%	85%	1%	83
<b>Household Income</b>	Less than \$30,000	31%	69%		51
	\$30,000 - \$59,999	13%	87%		89
	\$60,000 - \$74,999	15%	85%		68
	\$75,000 - \$99,999	24%	76%		65
	\$100,000 - \$149,999	10%	77%	13%	87
	\$150,000 or more	3%	97%		75
<b>Own or Rent Home</b>	Own Home	13%	83%	4%	420
	Rent Home	27%	73%		78
<b>Race/Ethnicity</b>	Caucasian/White Only	15%	81%	3%	461
	Not Caucasian/White Only	15%	83%	2%	42
<b>Region</b>	Keene	9%	91%		109
	Rest of Cheshire	16%	82%	2%	290
	Western Hillsborough	19%	72%	9%	128
<b>Veteran Status</b>	No Veteran in HH	16%	81%	3%	427
	Veteran in HH	15%	81%	4%	95
<b>Voter Registration</b>	Registered Democrat	8%	88%	4%	173
	Registered Undeclared	20%	76%	4%	178
	Registered Republican	15%	83%	2%	126

Q5a How many times in **the past 12 months** have you or another adult in your household needed or wanted medical care for the following reasons but did not or could not get care for any reason? - A routine physical exam or checkup

		1 Time	2 Times	3 Times	4 Times	5 Times	More than 5 Times	N
<b>Overall</b>		41%	34%	15%	6%	4%	1%	80
<b>Age of Respondent</b>	18 to 34	40%	19%	21%	18%		3%	24
	35 to 49	66%	30%	3%	1%			14
	50 to 64	41%	34%	18%		7%		23
	65 and older	26%	53%	13%		8%		19
<b>Children in Household</b>	No children in HH	34%	43%	19%	0%	3%		43
	One child in HH	34%	24%	42%				9
	Two or more children in HH	55%	22%		15%	6%	2%	28
<b>Employment Status</b>	Employed full-time	66%	13%	2%	1%	15%	3%	20
	Employed part-time	5%	25%	69%				7
	Self-employed	52%	24%	24%				1
	Retired	17%	72%	11%				22
	Homemaker	44%	18%	18%	20%			22
	Unemployed	73%	27%					8
<b>Financial Situation</b>	0-4 Financial Situation	48%	11%	18%	14%	10%		32
	5-7 Financial Situation	42%	56%	1%			2%	36
	8-10 Financial Situation	20%	29%	50%				12
<b>Gender</b>	Man	46%	33%	10%		11%		28
	Woman	39%	33%	18%	9%		1%	50
<b>Highest Level of Education</b>	High school or less	39%	32%	11%	13%	5%		33
	Tech school/Some college	45%	21%	28%		6%		25
	College graduate	41%	57%	3%				15
	Postgraduate work	42%	40%	8%	2%		8%	7
<b>Household Income</b>	Less than \$30,000	36%	2%	29%	33%			13
	\$30,000 - \$59,999	71%	28%		1%			19
	\$60,000 - \$74,999	16%	12%	55%		16%		10
	\$75,000 - \$99,999	29%	54%	14%			3%	19
	\$100,000 - \$149,999	78%	22%					7
	\$150,000 or more	69%	31%					2
<b>Own or Rent Home</b>	Own Home	42%	32%	12%	7%	5%	1%	60
	Rent Home	44%	27%	29%				17
<b>Race/Ethnicity</b>	Caucasian/White Only	42%	34%	16%	6%	2%		70
	Not Caucasian/White Only	58%		9%		24%	9%	7
<b>Region</b>	Keene	55%	23%	22%				10
	Rest of Cheshire	28%	41%	11%	10%	7%	1%	42
	Western Hillsborough	56%	27%	17%	1%			29
<b>Veteran Status</b>	No Veteran in HH	36%	29%	21%	8%	6%	1%	56
	Veteran in HH	54%	45%	2%				24
<b>Voter Registration</b>	Registered Democrat	45%	25%	30%				16
	Registered Undeclared	71%	15%	3%	1%	8%	3%	20
	Registered Republican	31%	52%	17%				35



Q5b How many times in **the past 12 months** have you or another adult in your household needed or wanted medical care for the following reasons but did not or could not get care for any reason? - A sickness or illness

		1 Time	2 Times	3 Times	4 Times	5 Times	More than 5 Times	N
<b>Overall</b>		42%	23%	7%	2%	9%	16%	80
<b>Age of Respondent</b>	18 to 34	43%	28%	1%	3%	23%	3%	24
	35 to 49	42%	14%	33%	2%		8%	15
	50 to 64	55%	16%	2%		7%	20%	22
	65 and older	26%	33%	1%	4%		36%	19
<b>Children in Household</b>	No children in HH	52%	25%	1%	1%	2%	18%	51
	One child in HH	34%	20%	3%	9%		34%	11
	Two or more children in HH	19%	19%	28%		33%		18
<b>Employment Status</b>	Employed full-time	41%	26%	16%	1%	5%	11%	30
	Employed part-time	49%	38%	2%			11%	18
	Self-employed	60%	40%					1
	Retired	52%	20%	1%	4%		23%	18
	Homemaker	13%				46%	41%	9
	Unemployed	59%				41%		3
<b>Financial Situation</b>	0-4 Financial Situation	53%	14%	2%	1%	20%	11%	36
	5-7 Financial Situation	37%	34%	16%	3%		9%	33
	8-10 Financial Situation	20%	15%	1%	5%		59%	10
<b>Gender</b>	Man	37%	32%	13%	1%	5%	12%	32
	Woman	45%	17%	4%	3%	12%	20%	47
<b>Highest Level of Education</b>	High school or less	54%				15%	31%	28
	Tech school/Some college	38%	34%	11%	1%	5%	12%	34
	College graduate	36%	27%	17%		19%		7
	Postgraduate work	31%	43%	9%	13%		5%	11
<b>Household Income</b>	Less than \$30,000	22%	11%		6%	27%	35%	16
	\$30,000 - \$59,999	36%	16%	2%		12%	35%	11
	\$60,000 - \$74,999	7%	70%	8%		15%		10
	\$75,000 - \$99,999	56%	4%	25%			15%	15
	\$100,000 - \$149,999	57%	34%	9%				9
	\$150,000 or more	43%	38%		19%			2
<b>Own or Rent Home</b>	Own Home	35%	21%	10%	2%	14%	18%	52
	Rent Home	53%	25%	2%	4%		17%	21
<b>Race/Ethnicity</b>	Caucasian/White Only	47%	22%	2%	2%	8%	18%	71
	Not Caucasian/White Only	9%		66%		25%		6
<b>Region</b>	Keene	24%	4%	13%		15%	45%	9
	Rest of Cheshire	37%	21%	10%	2%	12%	18%	47
	Western Hillsborough	59%	34%	1%	3%		3%	24
<b>Veteran Status</b>	No Veteran in HH	35%	25%	7%	2%	11%	20%	66
	Veteran in HH	76%	13%	8%	3%			14
<b>Voter Registration</b>	Registered Democrat	24%	59%	3%			14%	14
	Registered Undeclared	63%	9%	14%	3%	8%	4%	35
	Registered Republican	32%	27%		2%		38%	19

Q6 Why were you unable or did not receive care for a routine physical exam or checkup? (Please select all that apply)

		Didn't know where to go or who to call to get help	Do not have a primary care provider or place where you usually get care	Could not get an appointment scheduled in a reasonable time	Could not get to the appointment because you could not get transportation there
<b>Overall</b>		22%	31%	43%	10%
<b>Age of Respondent</b>	18 to 34	59%	75%	39%	18%
	35 to 49	12%	16%	71%	
	50 to 64	8%	9%	39%	15%
	65 and older		10%	35%	0%
<b>Children in Household</b>	No children in HH	15%	23%	31%	8%
	One child in HH	14%	20%	40%	
	Two or more children in HH	36%	46%	64%	16%
<b>Employment Status</b>	Employed full-time	16%	14%	64%	
	Employed part-time	72%	72%	24%	
	Self-employed		46%	46%	6%
	Retired		12%	34%	
	Homemaker	44%	57%	50%	20%
	Unemployed		17%	3%	45%
<b>Financial Situation</b>	0-4 Financial Situation	44%	49%	56%	13%
	5-7 Financial Situation	3%	18%	40%	10%
	8-10 Financial Situation	15%	17%	17%	
<b>Gender</b>	Man	7%	4%	48%	
	Woman	32%	42%	42%	15%
<b>Highest Level of Education</b>	High school or less	29%	29%	45%	23%
	Tech school/Some college	24%	27%	42%	
	College graduate	10%	44%	36%	
	Postgraduate work	8%	24%	57%	1%
<b>Household Income</b>	Less than \$30,000				53%
	\$30,000 - \$59,999	51%	70%	70%	
	\$60,000 - \$74,999	69%	53%	24%	
	\$75,000 - \$99,999	9%	25%	61%	1%
	\$100,000 - \$149,999		15%	61%	
	\$150,000 or more			69%	
<b>Own or Rent Home</b>	Own Home	22%	28%	50%	7%
	Rent Home	30%	50%	13%	21%
<b>Race/Ethnicity</b>	Caucasian/White Only	24%	31%	40%	11%
	Not Caucasian/White Only	7%	7%	100%	
<b>Region</b>	Keene		27%	14%	35%
	Rest of Cheshire	5%	15%	47%	10%
	Western Hillsborough	54%	55%	47%	0%
<b>Veteran Status</b>	No Veteran in HH	14%	26%	31%	13%
	Veteran in HH	41%	41%	73%	
<b>Voter Registration</b>	Registered Democrat	37%	39%	22%	21%
	Registered Undeclared	10%	15%	59%	0%
	Registered Republican	27%	40%	51%	

Q6 Why were you unable or did not receive care for a routine physical exam or checkup? (Please select all that apply)

		Lack of insurance made it too expensive	Couldn't afford co-pay or out-of-pocket costs even with insurance	Couldn't find the time between other priorities (i.e. work, school, child care, etc.)
<b>Overall</b>		15%	16%	12%
<b>Age of Respondent</b>	18 to 34	31%	27%	25%
	35 to 49	7%	15%	5%
	50 to 64	9%	17%	11%
	65 and older	9%		1%
<b>Children in Household</b>	No children in HH	18%	16%	16%
	One child in HH	16%	16%	2%
	Two or more children in HH	10%	15%	8%
<b>Employment Status</b>	Employed full-time	12%	11%	11%
	Employed part-time	86%	92%	67%
	Self-employed	48%		22%
	Retired	1%	1%	1%
	Homemaker	13%	6%	
	Unemployed		24%	17%
<b>Financial Situation</b>	0-4 Financial Situation	22%	27%	24%
	5-7 Financial Situation	14%	8%	4%
	8-10 Financial Situation		10%	
<b>Gender</b>	Man	7%	8%	8%
	Woman	19%	21%	14%
<b>Highest Level of Education</b>	High school or less	5%		
	Tech school/Some college	23%	37%	24%
	College graduate	26%	15%	17%
	Postgraduate work	9%	12%	7%
<b>Household Income</b>	Less than \$30,000		13%	1%
	\$30,000 - \$59,999	13%	8%	7%
	\$60,000 - \$74,999	53%	57%	69%
	\$75,000 - \$99,999	18%	7%	
	\$100,000 - \$149,999		37%	15%
	\$150,000 or more			
<b>Own or Rent Home</b>	Own Home	5%	5%	7%
	Rent Home	50%	30%	32%
<b>Race/Ethnicity</b>	Caucasian/White Only	16%	17%	11%
	Not Caucasian/White Only	7%	7%	33%
<b>Region</b>	Keene	7%	8%	22%
	Rest of Cheshire	13%	9%	5%
	Western Hillsborough	21%	28%	18%
<b>Veteran Status</b>	No Veteran in HH	21%	20%	15%
	Veteran in HH	2%	5%	5%
<b>Voter Registration</b>	Registered Democrat	38%	48%	31%
	Registered Undeclared	5%	15%	21%
	Registered Republican	8%		

Q6 Why were you unable or did not receive care for a routine physical exam or checkup? (Please select all that apply)

		Considered getting care but decided it wasn't necessary	Could not get an appointment without a referral	Other	N
<b>Overall</b>		9%	27%	26%	82
<b>Age of Respondent</b>	18 to 34	20%	59%		24
	35 to 49	10%	1%	13%	14
	50 to 64	1%	16%	24%	23
	65 and older	4%	19%	72%	20
<b>Children in Household</b>	No children in HH	14%	21%	36%	46
	One child in HH		16%	49%	9
	Two or more children in HH	4%	42%	2%	28
<b>Employment Status</b>	Employed full-time		19%	8%	21
	Employed part-time	76%	92%		7
	Self-employed	24%			1
	Retired	4%	10%	68%	23
	Homemaker		44%	18%	22
	Unemployed			10%	8
<b>Financial Situation</b>	0-4 Financial Situation	16%	59%	7%	34
	5-7 Financial Situation	5%	7%	30%	36
	8-10 Financial Situation	3%		68%	12
<b>Gender</b>	Man	3%	19%	46%	29
	Woman	13%	33%	14%	51
<b>Highest Level of Education</b>	High school or less		33%	32%	33
	Tech school/Some college	18%	40%	26%	27
	College graduate	10%		17%	16
	Postgraduate work	15%	9%	18%	7
<b>Household Income</b>	Less than \$30,000			33%	15
	\$30,000 - \$59,999		58%	18%	19
	\$60,000 - \$74,999	57%	69%		10
	\$75,000 - \$99,999	4%	12%	24%	19
	\$100,000 - \$149,999	11%	10%	3%	7
	\$150,000 or more			31%	2
<b>Own or Rent Home</b>	Own Home	4%	26%	31%	60
	Rent Home	30%	30%	16%	16
<b>Race/Ethnicity</b>	Caucasian/White Only	10%	29%	26%	73
	Not Caucasian/White Only		26%		6
<b>Region</b>	Keene	8%	7%	23%	10
	Rest of Cheshire	2%	13%	30%	43
	Western Hillsborough	20%	55%	22%	29
<b>Veteran Status</b>	No Veteran in HH	11%	22%	26%	58
	Veteran in HH	3%	39%	27%	24
<b>Voter Registration</b>	Registered Democrat	36%	41%	8%	16
	Registered Undeclared	7%	12%	8%	20
	Registered Republican		33%	49%	35

Q7 Why were you unable or did not receive care for a sickness or illness? (Please select all that apply)

		Didn't know where to go or who to call to get help	Do not have a primary care provider or place where you usually get care	Could not get an appointment scheduled in a reasonable time	Could not get to the appointment because you could not get transportation there
<b>Overall</b>		2%	17%	43%	4%
<b>Age of Respondent</b>	18 to 34		26%	8%	
	35 to 49	6%	5%	58%	
	50 to 64	2%	12%	68%	
	65 and older	2%	20%	49%	17%
<b>Children in Household</b>	No children in HH	2%	21%	40%	6%
	One child in HH	7%	26%	54%	
	Two or more children in HH			46%	
<b>Employment Status</b>	Employed full-time	4%	15%	61%	8%
	Employed part-time		36%	2%	
	Self-employed		29%	31%	9%
	Retired	2%	4%	62%	5%
	Homemaker			22%	
	Unemployed		41%		
<b>Financial Situation</b>	0-4 Financial Situation	2%	21%	31%	
	5-7 Financial Situation	3%	15%	56%	10%
	8-10 Financial Situation		3%	40%	
<b>Gender</b>	Man	3%	11%	62%	10%
	Woman	0%	20%	29%	0%
<b>Highest Level of Education</b>	High school or less			32%	
	Tech school/Some college		27%	44%	9%
	College graduate	16%	35%	58%	
	Postgraduate work	6%	9%	51%	1%
<b>Household Income</b>	Less than \$30,000		8%	15%	
	\$30,000 - \$59,999	7%	28%	44%	9%
	\$60,000 - \$74,999	4%	74%	49%	22%
	\$75,000 - \$99,999			73%	1%
	\$100,000 - \$149,999		4%	30%	
	\$150,000 or more		11%	49%	
<b>Own or Rent Home</b>	Own Home	2%	10%	50%	7%
	Rent Home	3%	32%	21%	
<b>Race/Ethnicity</b>	Caucasian/White Only	1%	18%	38%	4%
	Not Caucasian/White Only	6%	6%	91%	
<b>Region</b>	Keene	7%	32%	37%	11%
	Rest of Cheshire	2%	8%	57%	5%
	Western Hillsborough	1%	27%	20%	0%
<b>Veteran Status</b>	No Veteran in HH	2%	19%	33%	5%
	Veteran in HH	3%	4%	85%	
<b>Voter Registration</b>	Registered Democrat		45%	36%	
	Registered Undeclared	0%	5%	50%	3%
	Registered Republican	3%	25%	62%	15%

Q7 Why were you unable or did not receive care for a sickness or illness? (Please select all that apply)

		Lack of insurance made it too expensive	Couldn't afford co-pay or out-of-pocket costs even with insurance	Couldn't find the time between other priorities (i.e. work, school, child care, etc.)	Considered getting care but decided it wasn't necessary
<b>Overall</b>		25%	22%	19%	12%
<b>Age of Respondent</b>	18 to 34	61%	39%	26%	23%
	35 to 49	7%	9%	14%	14%
	50 to 64	8%	5%	30%	6%
	65 and older	10%	29%	5%	
<b>Children in Household</b>	No children in HH	26%	27%	14%	14%
	One child in HH	53%	33%	28%	
	Two or more children in HH	10%	6%	31%	12%
<b>Employment Status</b>	Employed full-time	2%	15%	13%	12%
	Employed part-time	87%	41%	36%	30%
	Self-employed	31%			31%
	Retired	11%	16%		2%
	Homemaker			22%	
	Unemployed		41%	59%	
<b>Financial Situation</b>	0-4 Financial Situation	35%	28%	27%	18%
	5-7 Financial Situation	18%	21%	9%	8%
	8-10 Financial Situation			25%	
<b>Gender</b>	Man	5%	10%	12%	6%
	Woman	39%	32%	25%	17%
<b>Highest Level of Education</b>	High school or less	30%	8%		
	Tech school/Some college	28%	29%	30%	16%
	College graduate	10%	42%	36%	
	Postgraduate work	9%	20%	14%	35%
<b>Household Income</b>	Less than \$30,000	22%	30%	13%	
	\$30,000 - \$59,999	32%	48%	17%	5%
	\$60,000 - \$74,999	48%	55%	63%	55%
	\$75,000 - \$99,999	2%	1%	8%	7%
	\$100,000 - \$149,999		13%	30%	20%
	\$150,000 or more			19%	
<b>Own or Rent Home</b>	Own Home	4%	13%	10%	7%
	Rent Home	66%	34%	34%	26%
<b>Race/Ethnicity</b>	Caucasian/White Only	28%	23%	20%	14%
	Not Caucasian/White Only		6%	25%	
<b>Region</b>	Keene	7%	39%	25%	7%
	Rest of Cheshire	7%	20%	10%	9%
	Western Hillsborough	63%	21%	33%	20%
<b>Veteran Status</b>	No Veteran in HH	30%	24%	21%	14%
	Veteran in HH		16%	8%	3%
<b>Voter Registration</b>	Registered Democrat	57%	64%	54%	40%
	Registered Undeclared	23%	15%	17%	6%
	Registered Republican		7%	7%	12%

Q7 Why were you unable or did not receive care for a sickness or illness? (Please select all that apply)

		Could not get an appointment without a referral	Was feeling too sick	Other	N
<b>Overall</b>		13%	0%	20%	77
<b>Age of Respondent</b>	18 to 34	29%		21%	24
	35 to 49	5%		32%	15
	50 to 64	9%		4%	18
	65 and older	5%	1%	28%	20
<b>Children in Household</b>	No children in HH	14%	0%	15%	52
	One child in HH	9%		32%	7
	Two or more children in HH	13%		31%	18
<b>Employment Status</b>	Employed full-time	9%		17%	29
	Employed part-time	28%			18
	Self-employed				1
	Retired		1%	27%	19
	Homemaker			100%	6
	Unemployed	41%			3
<b>Financial Situation</b>	0-4 Financial Situation	24%		16%	36
	5-7 Financial Situation	4%	1%	15%	34
	8-10 Financial Situation			74%	6
<b>Gender</b>	Man	5%	1%	22%	33
	Woman	20%		19%	43
<b>Highest Level of Education</b>	High school or less			29%	24
	Tech school/Some college	21%		15%	35
	College graduate	31%		21%	7
	Postgraduate work	5%	2%	20%	11
<b>Household Income</b>	Less than \$30,000	13%		44%	12
	\$30,000 - \$59,999	11%		12%	12
	\$60,000 - \$74,999	63%			10
	\$75,000 - \$99,999		1%	25%	15
	\$100,000 - \$149,999	9%		21%	9
	\$150,000 or more			51%	2
<b>Own or Rent Home</b>	Own Home	7%	0%	25%	49
	Rent Home	31%		11%	21
<b>Race/ Ethnicity</b>	Caucasian/White Only	13%	0%	22%	66
	Not Caucasian/White Only	25%		9%	6
<b>Region</b>	Keene	32%		33%	9
	Rest of Cheshire	5%	0%	24%	43
	Western Hillsborough	20%		9%	24
<b>Veteran Status</b>	No Veteran in HH	15%	0%	23%	63
	Veteran in HH	5%		10%	14
<b>Voter Registration</b>	Registered Democrat	35%		12%	14
	Registered Undeclared	12%	1%	11%	36
	Registered Republican	7%		20%	15

Q8\_1 In **the past 12 months**, which of the following are the **three** sources you have used **most often** as a source of health information for yourself? - Healthcare Professionals

		Most Often	Second Most Often	Third Most Often	Not Selected	N
<b>Overall</b>		49%	20%	13%	17%	525
<b>Age of Respondent</b>	18 to 34	41%	15%	18%	26%	121
	35 to 49	55%	16%	13%	16%	100
	50 to 64	45%	31%	13%	11%	152
	65 and older	60%	16%	10%	14%	136
<b>Children in Household</b>	No children in HH	52%	18%	13%	17%	363
	One child in HH	49%	28%	6%	18%	67
	Two or more children in HH	35%	25%	23%	17%	90
<b>Employment Status</b>	Employed full-time	45%	21%	12%	23%	204
	Employed part-time	68%	12%	2%	18%	39
	Self-employed	59%	25%	8%	8%	33
	Retired	51%	24%	13%	12%	162
	Homemaker	64%	6%	27%	2%	47
	Unemployed	27%	22%	16%	35%	28
<b>Financial Situation</b>	0-4 Financial Situation	49%	9%	21%	21%	131
	5-7 Financial Situation	51%	26%	10%	13%	244
	8-10 Financial Situation	47%	23%	13%	18%	140
<b>Gender</b>	Man	45%	24%	11%	20%	249
	Woman	52%	18%	17%	13%	256
<b>Highest Level of Education</b>	High school or less	49%	21%	17%	13%	179
	Tech school/Some college	54%	20%	11%	15%	149
	College graduate	41%	16%	16%	27%	114
	Postgraduate work	51%	27%	7%	15%	82
<b>Household Income</b>	Less than \$30,000	55%	17%	19%	9%	55
	\$30,000 - \$59,999	32%	31%	21%	16%	88
	\$60,000 - \$74,999	61%	16%	7%	16%	68
	\$75,000 - \$99,999	54%	25%	13%	8%	63
	\$100,000 - \$149,999	44%	19%	18%	19%	87
	\$150,000 or more	47%	20%	10%	22%	75
<b>Own or Rent Home</b>	Own Home	50%	22%	12%	16%	416
	Rent Home	55%	11%	26%	8%	82
<b>Race/Ethnicity</b>	Caucasian/White Only	50%	20%	14%	16%	461
	Not Caucasian/White Only	42%	21%	12%	25%	42
<b>Region</b>	Keene	49%	16%	18%	17%	111
	Rest of Cheshire	49%	25%	11%	15%	284
	Western Hillsborough	49%	15%	16%	20%	130
<b>Veteran Status</b>	No Veteran in HH	50%	20%	11%	19%	423
	Veteran in HH	45%	24%	22%	9%	97
<b>Voter Registration</b>	Registered Democrat	51%	20%	14%	15%	172
	Registered Undeclared	53%	24%	11%	12%	178
	Registered Republican	46%	19%	17%	19%	125



Q8\_2 In the past 12 months, which of the following are the **three** sources you have used **most often** as a source of health information for yourself? - Pharmacists

		Most Often	Second Most Often	Third Most Often	Not Selected	N
<b>Overall</b>		1%	9%	13%	76%	525
<b>Age of Respondent</b>	18 to 34		2%	14%	84%	121
	35 to 49		10%	18%	73%	100
	50 to 64	4%	13%	8%	74%	152
	65 and older	0%	10%	16%	73%	136
<b>Children in Household</b>	No children in HH	2%	10%	10%	78%	363
	One child in HH		4%	19%	76%	67
	Two or more children in HH	1%	8%	22%	69%	90
<b>Employment Status</b>	Employed full-time	0%	6%	15%	78%	204
	Employed part-time	8%	2%	8%	82%	39
	Self-employed		16%	8%	76%	33
	Retired	2%	11%	10%	77%	162
	Homemaker		14%	29%	57%	47
	Unemployed		18%	10%	72%	28
<b>Financial Situation</b>	0-4 Financial Situation		8%	16%	75%	131
	5-7 Financial Situation	3%	10%	14%	74%	244
	8-10 Financial Situation	0%	10%	10%	80%	140
<b>Gender</b>	Man	0%	10%	17%	73%	249
	Woman	2%	9%	10%	78%	256
<b>Highest Level of Education</b>	High school or less	3%	9%	19%	69%	179
	Tech school/Some college		11%	10%	79%	149
	College graduate	1%	6%	8%	85%	114
	Postgraduate work	0%	12%	12%	76%	82
<b>Household Income</b>	Less than \$30,000		9%	25%	66%	55
	\$30,000 - \$59,999	3%	7%	16%	74%	88
	\$60,000 - \$74,999		6%	21%	72%	68
	\$75,000 - \$99,999	1%	9%	11%	79%	63
	\$100,000 - \$149,999		16%	7%	78%	87
	\$150,000 or more		5%	7%	88%	75
<b>Own or Rent Home</b>	Own Home	2%	9%	15%	74%	416
	Rent Home		11%	8%	80%	82
<b>Race/Ethnicity</b>	Caucasian/White Only	1%	9%	14%	76%	461
	Not Caucasian/White Only		9%	2%	89%	42
<b>Region</b>	Keene	0%	5%	10%	85%	111
	Rest of Cheshire	2%	9%	17%	72%	284
	Western Hillsborough	1%	13%	8%	78%	130
<b>Veteran Status</b>	No Veteran in HH	1%	10%	13%	76%	423
	Veteran in HH	3%	5%	11%	81%	97
<b>Voter Registration</b>	Registered Democrat	3%	9%	7%	80%	172
	Registered Undeclared	0%	12%	17%	71%	178
	Registered Republican		7%	17%	76%	125

Q8\_3 In **the past 12 months**, which of the following are the **three** sources you have used **most often** as a source of health information for yourself? - Family members, friends, or co-workers

		Most Often	Second Most Often	Third Most Often	Not Selected	N
<b>Overall</b>		12%	20%	19%	49%	525
<b>Age of Respondent</b>	18 to 34	27%	26%	14%	32%	121
	35 to 49	5%	25%	17%	52%	100
	50 to 64	10%	16%	21%	53%	152
	65 and older	4%	13%	24%	58%	136
<b>Children in Household</b>	No children in HH	8%	17%	20%	55%	363
	One child in HH	10%	23%	27%	41%	67
	Two or more children in HH	28%	28%	11%	33%	90
<b>Employment Status</b>	Employed full-time	12%	28%	24%	35%	204
	Employed part-time	8%	6%	13%	73%	39
	Self-employed	6%	5%	28%	61%	33
	Retired	7%	11%	21%	61%	162
	Homemaker	20%	33%	3%	44%	47
	Unemployed	10%	37%	7%	46%	28
<b>Financial Situation</b>	0-4 Financial Situation	15%	26%	15%	45%	131
	5-7 Financial Situation	13%	20%	24%	43%	244
	8-10 Financial Situation	7%	15%	16%	62%	140
<b>Gender</b>	Man	11%	23%	19%	47%	249
	Woman	12%	18%	17%	54%	256
<b>Highest Level of Education</b>	High school or less	16%	20%	12%	52%	179
	Tech school/Some college	10%	19%	28%	43%	149
	College graduate	9%	26%	18%	48%	114
	Postgraduate work	9%	13%	21%	57%	82
<b>Household Income</b>	Less than \$30,000	14%	13%	12%	60%	55
	\$30,000 - \$59,999	24%	16%	16%	44%	88
	\$60,000 - \$74,999	12%	41%	17%	30%	68
	\$75,000 - \$99,999	8%	19%	22%	51%	63
	\$100,000 - \$149,999	5%	24%	26%	45%	87
	\$150,000 or more	13%	8%	26%	53%	75
<b>Own or Rent Home</b>	Own Home	11%	19%	22%	48%	416
	Rent Home	16%	13%	9%	62%	82
<b>Race/Ethnicity</b>	Caucasian/White Only	12%	19%	20%	49%	461
	Not Caucasian/White Only	10%	38%	8%	44%	42
<b>Region</b>	Keene	9%	19%	21%	52%	111
	Rest of Cheshire	10%	23%	22%	46%	284
	Western Hillsborough	18%	15%	11%	55%	130
<b>Veteran Status</b>	No Veteran in HH	10%	21%	19%	50%	423
	Veteran in HH	19%	15%	19%	47%	97
<b>Voter Registration</b>	Registered Democrat	8%	13%	26%	54%	172
	Registered Undeclared	10%	26%	16%	48%	178
	Registered Republican	19%	16%	17%	48%	125

Q8\_4 In the past 12 months, which of the following are the **three** sources you have used **most often** as a source of health information for yourself? - Internet or Websites

		Most Often	Second Most Often	Third Most Often	Not Selected	N
<b>Overall</b>		28%	30%	19%	24%	525
<b>Age of Respondent</b>	18 to 34	22%	34%	18%	27%	121
	35 to 49	27%	33%	15%	26%	100
	50 to 64	32%	24%	27%	17%	152
	65 and older	28%	32%	14%	26%	136
<b>Children in Household</b>	No children in HH	28%	29%	19%	25%	363
	One child in HH	34%	33%	15%	18%	67
	Two or more children in HH	26%	33%	21%	21%	90
<b>Employment Status</b>	Employed full-time	33%	28%	18%	21%	204
	Employed part-time	9%	33%	6%	53%	39
	Self-employed	12%	43%	31%	14%	33
	Retired	31%	26%	19%	24%	162
	Homemaker	9%	42%	23%	26%	47
	Unemployed	62%	12%	14%	13%	28
<b>Financial Situation</b>	0-4 Financial Situation	32%	34%	15%	19%	131
	5-7 Financial Situation	23%	28%	21%	28%	244
	8-10 Financial Situation	33%	31%	17%	19%	140
<b>Gender</b>	Man	35%	24%	17%	24%	249
	Woman	23%	33%	20%	25%	256
<b>Highest Level of Education</b>	High school or less	22%	28%	19%	31%	179
	Tech school/Some college	28%	33%	19%	19%	149
	College graduate	34%	26%	16%	23%	114
	Postgraduate work	32%	30%	20%	18%	82
<b>Household Income</b>	Less than \$30,000	31%	50%	6%	14%	55
	\$30,000 - \$59,999	31%	31%	14%	25%	88
	\$60,000 - \$74,999	23%	27%	20%	30%	68
	\$75,000 - \$99,999	16%	31%	33%	21%	63
	\$100,000 - \$149,999	41%	16%	27%	16%	87
	\$150,000 or more	24%	41%	16%	18%	75
<b>Own or Rent Home</b>	Own Home	27%	30%	19%	24%	416
	Rent Home	25%	33%	14%	28%	82
<b>Race/Ethnicity</b>	Caucasian/White Only	26%	32%	18%	24%	461
	Not Caucasian/White Only	46%	8%	34%	12%	42
<b>Region</b>	Keene	37%	35%	10%	18%	111
	Rest of Cheshire	28%	29%	17%	25%	284
	Western Hillsborough	20%	25%	28%	26%	130
<b>Veteran Status</b>	No Veteran in HH	28%	29%	18%	25%	423
	Veteran in HH	29%	30%	19%	22%	97
<b>Voter Registration</b>	Registered Democrat	31%	30%	17%	23%	172
	Registered Undeclared	29%	22%	25%	24%	178
	Registered Republican	18%	41%	18%	24%	125

Q8\_5 In **the past 12 months**, which of the following are the **three** sources you have used **most often** as a source of health information for yourself? - Social Media

		Most Often	Second Most Often	Third Most Often	Not Selected	N
<b>Overall</b>		1%	2%	6%	91%	525
<b>Age of Respondent</b>	18 to 34	5%	4%	11%	81%	121
	35 to 49	1%		4%	94%	100
	50 to 64	0%	1%	8%	90%	152
	65 and older	0%	3%	1%	96%	136
<b>Children in Household</b>	No children in HH	2%	2%	4%	92%	363
	One child in HH		1%	7%	92%	67
	Two or more children in HH		4%	12%	84%	90
<b>Employment Status</b>	Employed full-time	3%	2%	6%	89%	204
	Employed part-time				100%	39
	Self-employed	2%		3%	95%	33
	Retired	0%	2%	1%	96%	162
	Homemaker			9%	91%	47
	Unemployed		5%	47%	48%	28
<b>Financial Situation</b>	0-4 Financial Situation		1%	12%	87%	131
	5-7 Financial Situation	2%	2%	4%	92%	244
	8-10 Financial Situation	2%	2%	4%	91%	140
<b>Gender</b>	Man	1%	1%	7%	91%	249
	Woman	1%	2%	6%	91%	256
<b>Highest Level of Education</b>	High school or less			11%	89%	179
	Tech school/Some college		2%	3%	95%	149
	College graduate	6%	5%	3%	86%	114
	Postgraduate work	1%	1%	5%	93%	82
<b>Household Income</b>	Less than \$30,000	0%	3%	21%	76%	55
	\$30,000 - \$59,999		3%	2%	95%	88
	\$60,000 - \$74,999	4%	1%	1%	94%	68
	\$75,000 - \$99,999	0%	0%	2%	98%	63
	\$100,000 - \$149,999	1%	4%	3%	91%	87
	\$150,000 or more	4%	1%	5%	90%	75
<b>Own or Rent Home</b>	Own Home	1%	2%	4%	93%	416
	Rent Home		1%	6%	92%	82
<b>Race/Ethnicity</b>	Caucasian/White Only	1%	2%	5%	92%	461
	Not Caucasian/White Only	1%		23%	76%	42
<b>Region</b>	Keene	3%	1%	6%	90%	111
	Rest of Cheshire	1%	1%	8%	90%	284
	Western Hillsborough	2%	3%	1%	93%	130
<b>Veteran Status</b>	No Veteran in HH	2%	1%	7%	90%	423
	Veteran in HH		5%	1%	95%	97
<b>Voter Registration</b>	Registered Democrat	0%	2%	5%	93%	172
	Registered Undeclared	2%	2%	2%	93%	178
	Registered Republican	2%	1%	4%	92%	125

Q8\_6 In the past 12 months, which of the following are the **three** sources you have used **most often** as a source of health information for yourself? - Print materials (i.e. magazines, brochures, or newspapers)

		Most Often	Second Most Often	Third Most Often	Not Selected	N
<b>Overall</b>		2%	4%	6%	89%	525
<b>Age of Respondent</b>	18 to 34			1%	99%	121
	35 to 49	1%	2%	4%	93%	100
	50 to 64	2%	3%	7%	88%	152
	65 and older	1%	9%	6%	83%	136
<b>Children in Household</b>	No children in HH	2%	5%	7%	85%	363
	One child in HH			4%	96%	67
	Two or more children in HH	0%		0%	99%	90
<b>Employment Status</b>	Employed full-time	1%	1%	6%	93%	204
	Employed part-time		6%	2%	91%	39
	Self-employed			1%	99%	33
	Retired	4%	9%	10%	78%	162
	Homemaker				100%	47
	Unemployed		3%		97%	28
<b>Financial Situation</b>	0-4 Financial Situation	2%	1%	3%	93%	131
	5-7 Financial Situation	0%	3%	4%	93%	244
	8-10 Financial Situation	3%	8%	12%	78%	140
<b>Gender</b>	Man	1%	4%	5%	90%	249
	Woman	2%	4%	6%	88%	256
<b>Highest Level of Education</b>	High school or less	2%	5%	5%	88%	179
	Tech school/Some college	2%	1%	6%	91%	149
	College graduate	1%	3%	4%	92%	114
	Postgraduate work	2%	5%	7%	86%	82
<b>Household Income</b>	Less than \$30,000			3%	97%	55
	\$30,000 - \$59,999	3%	6%	6%	85%	88
	\$60,000 - \$74,999		3%	8%	89%	68
	\$75,000 - \$99,999	6%	7%	3%	83%	63
	\$100,000 - \$149,999	1%	5%	2%	92%	87
	\$150,000 or more	1%	2%	7%	89%	75
<b>Own or Rent Home</b>	Own Home	1%	4%	6%	88%	416
	Rent Home	4%	3%	4%	90%	82
<b>Race/Ethnicity</b>	Caucasian/White Only	2%	3%	6%	89%	461
	Not Caucasian/White Only	1%	11%	1%	87%	42
<b>Region</b>	Keene	1%	5%	5%	89%	111
	Rest of Cheshire	2%	3%	8%	87%	284
	Western Hillsborough	0%	4%	2%	94%	130
<b>Veteran Status</b>	No Veteran in HH	2%	2%	5%	91%	423
	Veteran in HH	1%	10%	8%	81%	97
<b>Voter Registration</b>	Registered Democrat	2%	8%	8%	81%	172
	Registered Undeclared	2%	3%	5%	90%	178
	Registered Republican	1%		4%	95%	125

Q8\_7 In **the past 12 months**, which of the following are the **three** sources you have used **most often** as a source of health information for yourself? -  
Online magazines or newspapers

		Most Often	Second Most Often	Third Most Often	Not Selected	N
<b>Overall</b>		2%	3%	3%	93%	525
<b>Age of Respondent</b>	18 to 34			3%	97%	121
	35 to 49		2%	1%	96%	100
	50 to 64	3%	3%	2%	92%	152
	65 and older	3%	3%	5%	89%	136
<b>Children in Household</b>	No children in HH	1%	4%	4%	91%	363
	One child in HH	7%		1%	93%	67
	Two or more children in HH		1%	0%	99%	90
<b>Employment Status</b>	Employed full-time		2%	2%	96%	204
	Employed part-time	5%	2%	3%	90%	39
	Self-employed	17%	1%	4%	78%	33
	Retired	0%	6%	4%	90%	162
	Homemaker		4%		96%	47
	Unemployed			1%	99%	28
<b>Financial Situation</b>	0-4 Financial Situation		4%		96%	131
	5-7 Financial Situation	3%	3%	2%	92%	244
	8-10 Financial Situation	0%	2%	7%	91%	140
<b>Gender</b>	Man	1%	3%	2%	95%	249
	Woman	3%	4%	3%	90%	256
<b>Highest Level of Education</b>	High school or less	4%	5%	1%	90%	179
	Tech school/Some college	1%	2%	1%	96%	149
	College graduate	0%	2%	4%	94%	114
	Postgraduate work	0%	3%	6%	91%	82
<b>Household Income</b>	Less than \$30,000		5%		95%	55
	\$30,000 - \$59,999	2%	1%	6%	91%	88
	\$60,000 - \$74,999		1%	3%	96%	68
	\$75,000 - \$99,999	9%	1%	1%	90%	63
	\$100,000 - \$149,999	0%	1%	1%	98%	87
	\$150,000 or more		5%	4%	91%	75
<b>Own or Rent Home</b>	Own Home	2%	3%	3%	92%	416
	Rent Home		3%	0%	97%	82
<b>Race/Ethnicity</b>	Caucasian/White Only	2%	3%	3%	92%	461
	Not Caucasian/White Only		2%		98%	42
<b>Region</b>	Keene		0%	6%	93%	111
	Rest of Cheshire	3%	4%	1%	92%	284
	Western Hillsborough	1%	4%	2%	94%	130
<b>Veteran Status</b>	No Veteran in HH	2%	3%	3%	92%	423
	Veteran in HH		4%	2%	94%	97
<b>Voter Registration</b>	Registered Democrat	2%	5%	3%	91%	172
	Registered Undeclared	1%	4%	2%	93%	178
	Registered Republican	4%		4%	93%	125

Q8\_8 In the past 12 months, which of the following are the **three** sources you have used **most often** as a source of health information for yourself? - Television or radio

		Most Often	Second Most Often	Third Most Often	Not Selected	N
<b>Overall</b>		0%	1%	1%	97%	525
<b>Age of Respondent</b>	18 to 34				100%	121
	35 to 49			1%	99%	100
	50 to 64	1%	3%	0%	96%	152
	65 and older	0%	2%	2%	96%	136
<b>Children in Household</b>	No children in HH	1%	2%	1%	96%	363
	One child in HH				100%	67
	Two or more children in HH			1%	99%	90
<b>Employment Status</b>	Employed full-time		1%	0%	99%	204
	Employed part-time			0%	100%	39
	Self-employed				100%	33
	Retired	1%	3%	2%	95%	162
	Homemaker				100%	47
	Unemployed				100%	28
<b>Financial Situation</b>	0-4 Financial Situation		3%		97%	131
	5-7 Financial Situation		0%	0%	99%	244
	8-10 Financial Situation	1%	1%	3%	96%	140
<b>Gender</b>	Man	0%	0%	1%	99%	249
	Woman		2%	1%	97%	256
<b>Highest Level of Education</b>	High school or less	1%	2%	1%	97%	179
	Tech school/Some college		1%	1%	99%	149
	College graduate	0%	1%	1%	98%	114
	Postgraduate work	1%	1%	2%	97%	82
<b>Household Income</b>	Less than \$30,000		1%	2%	97%	55
	\$30,000 - \$59,999	1%	1%		99%	88
	\$60,000 - \$74,999			2%	98%	68
	\$75,000 - \$99,999		5%	0%	95%	63
	\$100,000 - \$149,999		1%	1%	97%	87
	\$150,000 or more		0%	1%	98%	75
<b>Own or Rent Home</b>	Own Home	1%	1%	1%	97%	416
	Rent Home		4%		96%	82
<b>Race/Ethnicity</b>	Caucasian/White Only	0%	1%	1%	98%	461
	Not Caucasian/White Only			2%	98%	42
<b>Region</b>	Keene		1%	2%	97%	111
	Rest of Cheshire	0%	2%	0%	98%	284
	Western Hillsborough	2%	0%	2%	97%	130
<b>Veteran Status</b>	No Veteran in HH	0%	1%	1%	98%	423
	Veteran in HH	1%	0%	2%	97%	97
<b>Voter Registration</b>	Registered Democrat		2%	1%	97%	172
	Registered Undeclared	1%	1%	2%	97%	178
	Registered Republican		1%		99%	125

Q8\_9 In the past 12 months, which of the following are the **three** sources you have used **most often** as a source of health information for yourself? - A public or community outreach event

		Second Most Often	Third Most Often	Not Selected	N
<b>Overall</b>		0%	1%	99%	525
<b>Age of Respondent</b>	18 to 34			100%	121
	35 to 49		3%	97%	100
	50 to 64	1%	1%	99%	152
	65 and older			100%	136
<b>Children in Household</b>	No children in HH	0%	1%	99%	363
	One child in HH			100%	67
	Two or more children in HH			100%	90
<b>Employment Status</b>	Employed full-time	0%	0%	100%	204
	Employed part-time			100%	39
	Self-employed	2%	8%	90%	33
	Retired		0%	100%	162
	Homemaker			100%	47
	Unemployed			100%	28
<b>Financial Situation</b>	0-4 Financial Situation			100%	131
	5-7 Financial Situation	0%	2%	98%	244
	8-10 Financial Situation	0%		100%	140
<b>Gender</b>	Man		1%	99%	249
	Woman	0%	0%	99%	256
<b>Highest Level of Education</b>	High school or less			100%	179
	Tech school/Some college	0%	1%	99%	149
	College graduate		2%	98%	114
	Postgraduate work	0%		100%	82
<b>Household Income</b>	Less than \$30,000			100%	55
	\$30,000 - \$59,999			100%	88
	\$60,000 - \$74,999		1%	99%	68
	\$75,000 - \$99,999			100%	63
	\$100,000 - \$149,999		4%	96%	87
	\$150,000 or more	1%		99%	75
<b>Own or Rent Home</b>	Own Home	0%	1%	99%	416
	Rent Home			100%	82
<b>Race/Ethnicity</b>	Caucasian/White Only	0%	1%	99%	461
	Not Caucasian/White Only			100%	42
<b>Region</b>	Keene		1%	99%	111
	Rest of Cheshire	0%	1%	99%	284
	Western Hillsborough			100%	130
<b>Veteran Status</b>	No Veteran in HH	0%	1%	99%	423
	Veteran in HH		0%	100%	97
<b>Voter Registration</b>	Registered Democrat	0%	2%	98%	172
	Registered Undeclared	0%	0%	99%	178
	Registered Republican			100%	125



Q8\_10 In the past 12 months, which of the following are the **three** sources you have used **most often** as a source of health information for yourself? - Podcasts

		Most Often	Second Most Often	Third Most Often	Not Selected	N
<b>Overall</b>		1%	4%	3%	92%	525
<b>Age of Respondent</b>	18 to 34		3%	2%	95%	121
	35 to 49	4%	10%	6%	80%	100
	50 to 64	1%	3%	5%	91%	152
	65 and older	1%	1%	1%	97%	136
<b>Children in Household</b>	No children in HH	1%	3%	3%	93%	363
	One child in HH		10%	8%	82%	67
	Two or more children in HH	5%	0%	0%	94%	90
<b>Employment Status</b>	Employed full-time	2%	6%	5%	87%	204
	Employed part-time	3%	2%	8%	88%	39
	Self-employed	3%	8%		88%	33
	Retired		1%	3%	97%	162
	Homemaker	1%	1%		98%	47
	Unemployed		2%		98%	28
<b>Financial Situation</b>	0-4 Financial Situation		5%	1%	94%	131
	5-7 Financial Situation	2%	4%	6%	88%	244
	8-10 Financial Situation	1%	1%	2%	96%	140
<b>Gender</b>	Man	1%	4%	4%	92%	249
	Woman	2%	3%	4%	92%	256
<b>Highest Level of Education</b>	High school or less	3%	1%	2%	95%	179
	Tech school/Some college	1%	6%	4%	89%	149
	College graduate	1%	6%	6%	87%	114
	Postgraduate work	0%	2%	3%	94%	82
<b>Household Income</b>	Less than \$30,000				100%	55
	\$30,000 - \$59,999	1%	0%	8%	91%	88
	\$60,000 - \$74,999		1%	4%	95%	68
	\$75,000 - \$99,999		1%	7%	92%	63
	\$100,000 - \$149,999	5%	12%	3%	80%	87
	\$150,000 or more	2%	4%	1%	92%	75
<b>Own or Rent Home</b>	Own Home	2%	4%	3%	91%	416
	Rent Home		1%	5%	94%	82
<b>Race/Ethnicity</b>	Caucasian/White Only	2%	4%	4%	91%	461
	Not Caucasian/White Only				100%	42
<b>Region</b>	Keene	1%	7%	4%	88%	111
	Rest of Cheshire	2%	2%	4%	93%	284
	Western Hillsborough	1%	5%	2%	93%	130
<b>Veteran Status</b>	No Veteran in HH	1%	4%	3%	91%	423
	Veteran in HH	1%	0%	4%	95%	97
<b>Voter Registration</b>	Registered Democrat	1%	6%	3%	90%	172
	Registered Undeclared	1%	1%	6%	93%	178
	Registered Republican	4%	3%	2%	91%	125

Q8\_97 In the past 12 months, which of the following are the **three** sources you have used **most often** as a source of health information for yourself? - Another Source

		Most Often	Second Most Often	Third Most Often	Not Selected	N
<b>Overall</b>		3%	1%	3%	93%	525
<b>Age of Respondent</b>	18 to 34	5%		4%	91%	121
	35 to 49	6%		4%	90%	100
	50 to 64	1%	0%	1%	97%	152
	65 and older	3%	3%	3%	92%	136
<b>Children in Household</b>	No children in HH	4%	1%	3%	92%	363
	One child in HH	1%		4%	95%	67
	Two or more children in HH	4%		1%	94%	90
<b>Employment Status</b>	Employed full-time	4%	0%	1%	94%	204
	Employed part-time	0%	2%	15%	83%	39
	Self-employed	1%	0%	6%	92%	33
	Retired	4%	2%	3%	92%	162
	Homemaker	6%		1%	93%	47
	Unemployed	2%			98%	28
<b>Financial Situation</b>	0-4 Financial Situation	2%	1%	5%	92%	131
	5-7 Financial Situation	3%	0%	2%	95%	244
	8-10 Financial Situation	6%	1%	3%	91%	140
<b>Gender</b>	Man	4%	1%	3%	92%	249
	Woman	3%	1%	3%	93%	256
<b>Highest Level of Education</b>	High school or less	1%			99%	179
	Tech school/Some college	5%	2%	5%	89%	149
	College graduate	7%	1%	3%	89%	114
	Postgraduate work	3%	0%	5%	92%	82
<b>Household Income</b>	Less than \$30,000			5%	95%	55
	\$30,000 - \$59,999	2%	2%	1%	94%	88
	\$60,000 - \$74,999	1%	0%	9%	90%	68
	\$75,000 - \$99,999	5%	1%	1%	93%	63
	\$100,000 - \$149,999	2%	1%	1%	96%	87
	\$150,000 or more	9%		4%	88%	75
<b>Own or Rent Home</b>	Own Home	4%	1%	2%	93%	416
	Rent Home	1%	1%	9%	89%	82
<b>Race/Ethnicity</b>	Caucasian/White Only	3%	1%	3%	93%	461
	Not Caucasian/White Only			5%	95%	42
<b>Region</b>	Keene	1%	1%	2%	96%	111
	Rest of Cheshire	3%	1%	1%	94%	284
	Western Hillsborough	6%	1%	7%	87%	130
<b>Veteran Status</b>	No Veteran in HH	4%	1%	3%	92%	423
	Veteran in HH	1%	0%	2%	97%	97
<b>Voter Registration</b>	Registered Democrat	3%	2%	4%	91%	172
	Registered Undeclared	2%	0%	3%	95%	178
	Registered Republican	7%	0%	3%	90%	125

Q9 Do you **currently** provide care or assistance to a friend or family member who is aging, has a health problem, or has a disability?

		Yes	No	N
<b>Overall</b>		23%	77%	533
<b>Age of Respondent</b>	18 to 34	26%	74%	123
	35 to 49	14%	86%	101
	50 to 64	33%	67%	152
	65 and older	15%	85%	141
<b>Children in Household</b>	No children in HH	25%	75%	371
	One child in HH	14%	86%	67
	Two or more children in HH	21%	79%	90
<b>Employment Status</b>	Employed full-time	21%	79%	206
	Employed part-time	26%	74%	41
	Self-employed	48%	52%	34
	Retired	16%	84%	165
	Homemaker	34%	66%	47
	Unemployed	17%	83%	28
<b>Financial Situation</b>	0-4 Financial Situation	33%	67%	132
	5-7 Financial Situation	24%	76%	249
	8-10 Financial Situation	11%	89%	141
<b>Gender</b>	Man	17%	83%	254
	Woman	26%	74%	256
<b>Highest Level of Education</b>	High school or less	30%	70%	180
	Tech school/Some college	27%	73%	154
	College graduate	10%	90%	115
	Postgraduate work	15%	85%	83
<b>Household Income</b>	Less than \$30,000	28%	72%	56
	\$30,000 - \$59,999	29%	71%	89
	\$60,000 - \$74,999	25%	75%	68
	\$75,000 - \$99,999	28%	72%	65
	\$100,000 - \$149,999	15%	85%	87
	\$150,000 or more	17%	83%	75
<b>Own or Rent Home</b>	Own Home	23%	77%	421
	Rent Home	26%	74%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	22%	78%	467
	Not Caucasian/White Only	22%	78%	42
<b>Region</b>	Keene	26%	74%	112
	Rest of Cheshire	22%	78%	290
	Western Hillsborough	21%	79%	131
<b>Veteran Status</b>	No Veteran in HH	20%	80%	430
	Veteran in HH	34%	66%	98
<b>Voter Registration</b>	Registered Democrat	26%	74%	173
	Registered Undeclared	26%	74%	181
	Registered Republican	16%	84%	126

Q10 What kind of things do you typically do to provide care or assist your family member or friend who is aging, has a health problem, or has a disability? (Please select all that apply)

		Help dress or feed	Do physical tasks such as cleaning home	Go shopping on their behalf	Assist with paperwork or documentation	Help pay for expenses
<b>Overall</b>		27%	64%	59%	55%	43%
<b>Age of Respondent</b>	18 to 34	36%	59%	68%	60%	57%
	35 to 49	3%	66%	35%	58%	8%
	50 to 64	30%	72%	66%	53%	45%
	65 and older	28%	56%	46%	54%	45%
<b>Children in Household</b>	No children in HH	20%	62%	56%	50%	39%
	One child in HH	54%	60%	54%	100%	54%
	Two or more children in HH	52%	78%	76%	56%	56%
<b>Employment Status</b>	Employed full-time	2%	62%	52%	33%	8%
	Employed part-time	83%	70%	56%	74%	66%
	Self-employed		45%	40%	83%	83%
	Retired	39%	75%	65%	60%	45%
	Homemaker	82%	82%	100%	82%	82%
	Unemployed			9%	9%	26%
<b>Financial Situation</b>	0-4 Financial Situation	34%	76%	69%	41%	38%
	5-7 Financial Situation	22%	52%	48%	65%	49%
	8-10 Financial Situation	33%	73%	69%	59%	38%
<b>Gender</b>	Man	8%	66%	44%	42%	29%
	Woman	44%	70%	74%	59%	46%
<b>Highest Level of Education</b>	High school or less	45%	84%	86%	64%	50%
	Tech school/Some college	15%	40%	27%	45%	40%
	College graduate	10%	70%	61%	42%	22%
	Postgraduate work	12%	53%	48%	58%	38%
<b>Household Income</b>	Less than \$30,000	26%	64%	43%	47%	42%
	\$30,000 - \$59,999	59%	73%	67%	78%	64%
	\$60,000 - \$74,999	13%	32%	50%	24%	12%
	\$75,000 - \$99,999	36%	95%	72%	70%	47%
	\$100,000 - \$149,999	1%	81%	71%	16%	21%
	\$150,000 or more	2%	23%	32%	81%	72%
<b>Own or Rent Home</b>	Own Home	26%	69%	64%	55%	46%
	Rent Home	27%	42%	36%	54%	24%
<b>Race/Ethnicity</b>	Caucasian/White Only	29%	62%	59%	55%	42%
	Not Caucasian/White Only	6%	100%	58%	58%	54%
<b>Region</b>	Keene	10%	39%	40%	40%	16%
	Rest of Cheshire	29%	68%	54%	65%	55%
	Western Hillsborough	40%	82%	91%	49%	42%
<b>Veteran Status</b>	No Veteran in HH	21%	60%	54%	54%	42%
	Veteran in HH	45%	78%	77%	55%	48%
<b>Voter Registration</b>	Registered Democrat	29%	53%	47%	59%	55%
	Registered Undeclared	8%	69%	63%	44%	25%
	Registered Republican	68%	79%	74%	72%	68%

Q10 What kind of things do you typically do to provide care or assist your family member or friend who is aging, has a health problem, or has a disability? (Please select all that apply)

		Provide transportation	Help with medical decisions	Provide companionship or social interaction	Other	N
<b>Overall</b>		52%	53%	28%	23%	120
<b>Age of Respondent</b>	18 to 34	43%	37%	6%		32
	35 to 49	27%	60%	20%		14
	50 to 64	64%	57%	38%	47%	50
	65 and older	47%	66%	42%	21%	22
<b>Children in Household</b>	No children in HH	47%	48%	33%	26%	92
	One child in HH	60%	100%	21%	40%	10
	Two or more children in HH	71%	56%	8%		18
<b>Employment Status</b>	Employed full-time	34%	41%	12%	11%	44
	Employed part-time	56%	75%	62%	34%	11
	Self-employed	19%	49%	45%		16
	Retired	80%	54%	48%	49%	26
	Homemaker	100%	82%		23%	16
	Unemployed		26%	17%	74%	5
<b>Financial Situation</b>	0-4 Financial Situation	59%	46%	18%	24%	43
	5-7 Financial Situation	40%	59%	36%	22%	59
	8-10 Financial Situation	79%	54%	30%	31%	16
<b>Gender</b>	Man	45%	53%	34%	13%	43
	Woman	62%	59%	28%	34%	67
<b>Highest Level of Education</b>	High school or less	59%	61%	22%	39%	54
	Tech school/Some college	37%	41%	28%	12%	42
	College graduate	69%	43%	29%	12%	12
	Postgraduate work	52%	67%	54%	8%	13
<b>Household Income</b>	Less than \$30,000	64%	61%	22%	63%	16
	\$30,000 - \$59,999	62%	74%	21%	16%	26
	\$60,000 - \$74,999	66%	26%	15%	21%	17
	\$75,000 - \$99,999	50%	69%	52%	32%	19
	\$100,000 - \$149,999	20%	23%	28%	9%	13
	\$150,000 or more	21%	33%	19%	1%	13
<b>Own or Rent Home</b>	Own Home	54%	48%	27%	22%	96
	Rent Home	39%	71%	27%	31%	22
<b>Race/Ethnicity</b>	Caucasian/White Only	55%	52%	24%	27%	105
	Not Caucasian/White Only	15%	51%	51%	2%	9
<b>Region</b>	Keene	42%	47%	30%	28%	29
	Rest of Cheshire	50%	56%	34%	30%	63
	Western Hillsborough	65%	52%	14%	4%	28
<b>Veteran Status</b>	No Veteran in HH	45%	49%	35%	27%	84
	Veteran in HH	73%	60%	13%	17%	34
<b>Voter Registration</b>	Registered Democrat	50%	39%	34%	48%	45
	Registered Undeclared	44%	50%	36%	3%	48
	Registered Republican	77%	94%	5%	26%	20

Q11 About how often do you typically provide care or assistance to a family member or friend who is aging, has a health problem, or has a disability?

		More than once a day	About once a day	A few times a week	A few times a month	Every few months	Don't know/Not sure	N
<b>Overall</b>		34%	10%	23%	25%	7%	1%	113
<b>Age of Respondent</b>	18 to 34	32%	4%	32%	32%			32
	35 to 49	29%		3%	11%	58%		13
	50 to 64	29%	16%	25%	28%	1%	1%	48
	65 and older	56%	5%	19%	19%			17
<b>Children in Household</b>	No children in HH	28%	13%	29%	29%	0%	1%	85
	One child in HH	40%	6%	14%		40%		10
	Two or more children in HH	58%			21%	22%		18
<b>Employment Status</b>	Employed full-time	12%	8%	8%	50%	20%	2%	39
	Employed part-time	53%		30%	17%			11
	Self-employed	8%	34%	56%	2%			15
	Retired	49%	11%	29%	10%	1%		25
	Homemaker	82%			18%			16
	Unemployed			100%				4
<b>Financial Situation</b>	0-4 Financial Situation	44%	7%	4%	45%			42
	5-7 Financial Situation	24%	10%	39%	10%	14%	1%	54
	8-10 Financial Situation	44%	17%	20%	17%	2%		15
<b>Gender</b>	Man	31%	17%	6%	25%	21%		37
	Woman	40%	8%	24%	27%	0%	1%	66
<b>Highest Level of Education</b>	High school or less	44%	11%	15%	29%			54
	Tech school/Some college	21%	3%	32%	22%	21%	2%	37
	College graduate	31%	20%	29%	20%			11
	Postgraduate work	29%	20%	25%	24%	2%		11
<b>Household Income</b>	Less than \$30,000	68%	5%	27%				13
	\$30,000 - \$59,999	56%	7%	13%	9%	15%		26
	\$60,000 - \$74,999	13%	5%	24%	56%	1%		17
	\$75,000 - \$99,999	28%	23%	18%	11%	21%		19
	\$100,000 - \$149,999	17%	2%	5%	70%		6%	12
	\$150,000 or more	7%	9%	78%	6%			12
<b>Own or Rent Home</b>	Own Home	33%	11%	21%	30%	4%	1%	92
	Rent Home	41%	7%	28%	3%	21%		18
<b>Race/Ethnicity</b>	Caucasian/White Only	35%	8%	25%	27%	4%	1%	99
	Not Caucasian/White Only	15%	43%			42%		9
<b>Region</b>	Keene	24%	6%	27%	24%	16%	3%	26
	Rest of Cheshire	33%	17%	27%	17%	7%		59
	Western Hillsborough	44%		12%	45%			28
<b>Veteran Status</b>	No Veteran in HH	30%	11%	25%	23%	10%	1%	81
	Veteran in HH	46%	1%	19%	33%			30
<b>Voter Registration</b>	Registered Democrat	28%	5%	44%	22%	1%		44
	Registered Undeclared	16%	20%	9%	36%	17%	2%	45
	Registered Republican	92%	1%		7%			16

Q12 How much, if it all, does providing care or assistance to a friend or family member who is aging, has a health problem, or has a disability add to **your** personal levels of stress?

		A lot	Some	Not very much	Not at all	N
<b>Overall</b>		39%	35%	15%	12%	120
<b>Age of Respondent</b>	18 to 34	56%	6%	5%	32%	32
	35 to 49	58%	36%	7%		14
	50 to 64	33%	49%	13%	6%	50
	65 and older	21%	40%	35%	4%	22
<b>Children in Household</b>	No children in HH	34%	36%	18%	12%	92
	One child in HH	54%	46%			10
	Two or more children in HH	56%	23%	6%	16%	18
<b>Employment Status</b>	Employed full-time	29%	36%	12%	23%	44
	Employed part-time	21%	42%	38%		11
	Self-employed	68%	29%	1%	2%	16
	Retired	27%	45%	26%	2%	26
	Homemaker	59%	23%		18%	16
	Unemployed	74%	26%			5
<b>Financial Situation</b>	0-4 Financial Situation	50%	13%	14%	23%	43
	5-7 Financial Situation	39%	43%	13%	5%	59
	8-10 Financial Situation	13%	69%	13%	5%	16
<b>Gender</b>	Man	26%	46%	21%	8%	43
	Woman	41%	33%	11%	16%	67
<b>Highest Level of Education</b>	High school or less	44%	36%	6%	14%	54
	Tech school/Some college	42%	24%	21%	13%	42
	College graduate	24%	58%	16%	3%	12
	Postgraduate work	23%	44%	26%	6%	13
<b>Household Income</b>	Less than \$30,000	41%	28%	31%		16
	\$30,000 - \$59,999	64%	19%	16%	0%	26
	\$60,000 - \$74,999	19%	29%	19%	33%	17
	\$75,000 - \$99,999	30%	67%	2%	2%	19
	\$100,000 - \$149,999	7%	24%	12%	58%	13
	\$150,000 or more	72%	21%	8%		13
<b>Own or Rent Home</b>	Own Home	31%	42%	13%	15%	96
	Rent Home	72%	8%	21%		22
<b>Race/Ethnicity</b>	Caucasian/White Only	41%	30%	15%	13%	105
	Not Caucasian/White Only	4%	96%			9
<b>Region</b>	Keene	58%	16%	16%	10%	29
	Rest of Cheshire	29%	55%	16%	1%	63
	Western Hillsborough	42%	9%	10%	38%	28
<b>Veteran Status</b>	No Veteran in HH	39%	34%	17%	9%	84
	Veteran in HH	34%	39%	9%	18%	34
<b>Voter Registration</b>	Registered Democrat	46%	29%	19%	6%	45
	Registered Undeclared	29%	45%	4%	23%	48
	Registered Republican	48%	30%	19%	2%	20

Q13 In a typical week, how often do you exercise in a way that causes some increase in breathing or heart rate for at least 20 minutes?

		More than 3 times a week	About 3 times a week	About 1-2 times a week	Less than once a week	Never	Don't know/Not sure	N
<b>Overall</b>		35%	17%	21%	16%	11%	1%	533
<b>Age of Respondent</b>	18 to 34	30%	13%	14%	32%	10%	0%	123
	35 to 49	29%	13%	42%	7%	10%		101
	50 to 64	32%	20%	21%	17%	9%		152
	65 and older	43%	19%	13%	8%	15%	2%	141
<b>Children in Household</b>	No children in HH	37%	20%	15%	17%	10%	1%	371
	One child in HH	25%	6%	49%	14%	6%		67
	Two or more children in HH	29%	13%	23%	17%	18%		90
<b>Employment Status</b>	Employed full-time	32%	16%	24%	20%	8%	0%	206
	Employed part-time	30%	4%	20%	41%	4%	0%	41
	Self-employed	37%	26%	29%	8%	0%		34
	Retired	44%	23%	11%	6%	15%	2%	165
	Homemaker	5%	16%	39%	10%	30%		47
	Unemployed	58%	7%	14%	21%			28
<b>Financial Situation</b>	0-4 Financial Situation	18%	14%	15%	31%	21%	1%	132
	5-7 Financial Situation	36%	20%	26%	12%	7%	0%	249
	8-10 Financial Situation	47%	17%	17%	11%	8%	1%	141
<b>Gender</b>	Man	49%	16%	17%	8%	9%	0%	254
	Woman	22%	16%	23%	24%	13%	1%	256
<b>Highest Level of Education</b>	High school or less	36%	12%	16%	16%	19%	1%	180
	Tech school/Some college	29%	21%	23%	17%	10%	0%	154
	College graduate	40%	19%	22%	16%	3%	0%	115
	Postgraduate work	35%	21%	23%	15%	5%	1%	83
<b>Household Income</b>	Less than \$30,000	20%	11%	5%	30%	33%	1%	56
	\$30,000 - \$59,999	47%	17%	5%	11%	16%	3%	89
	\$60,000 - \$74,999	14%	26%	28%	20%	13%		68
	\$75,000 - \$99,999	34%	23%	35%	7%	1%		65
	\$100,000 - \$149,999	31%	13%	22%	26%	8%		87
	\$150,000 or more	48%	18%	24%	9%	2%		75
<b>Own or Rent Home</b>	Own Home	36%	17%	22%	15%	10%	0%	421
	Rent Home	25%	15%	14%	28%	16%	2%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	33%	18%	19%	17%	11%	1%	467
	Not Caucasian/White Only	57%	5%	20%	5%	13%		42
<b>Region</b>	Keene	41%	15%	18%	17%	9%	1%	112
	Rest of Cheshire	33%	22%	25%	10%	9%	1%	290
	Western Hillsborough	33%	9%	13%	29%	16%		131
<b>Veteran Status</b>	No Veteran in HH	35%	15%	22%	18%	10%	1%	430
	Veteran in HH	37%	25%	15%	10%	15%		98
<b>Voter Registration</b>	Registered Democrat	31%	23%	19%	19%	7%	1%	173
	Registered Undeclared	35%	16%	25%	19%	5%	1%	181
	Registered Republican	37%	14%	19%	8%	22%		126



Q14 How easy or difficult is it for you to buy healthy foods like fresh fruits or vegetables?

		Very easy	Somewhat easy	Somewhat difficult	Very difficult	Don't know/Not sure	N
<b>Overall</b>		49%	32%	13%	6%	1%	533
<b>Age of Respondent</b>	18 to 34	31%	40%	18%	11%		123
	35 to 49	58%	15%	14%	13%		101
	50 to 64	51%	28%	15%	2%	4%	152
	65 and older	56%	36%	7%	0%	0%	141
<b>Children in Household</b>	No children in HH	53%	32%	13%	1%	1%	371
	One child in HH	39%	24%	25%	6%	6%	67
	Two or more children in HH	36%	35%	6%	23%		90
<b>Employment Status</b>	Employed full-time	62%	20%	12%	6%		206
	Employed part-time	29%	32%	27%	5%	7%	41
	Self-employed	67%	26%	7%			34
	Retired	49%	42%	9%	1%	0%	165
	Homemaker	21%	38%	24%	9%	8%	47
	Unemployed	14%	30%	19%	37%		28
<b>Financial Situation</b>	0-4 Financial Situation	25%	40%	20%	16%		132
	5-7 Financial Situation	47%	33%	15%	4%	1%	249
	8-10 Financial Situation	72%	21%	4%		3%	141
<b>Gender</b>	Man	54%	29%	9%	8%	0%	254
	Woman	43%	34%	17%	4%	3%	256
<b>Highest Level of Education</b>	High school or less	28%	38%	22%	8%	4%	180
	Tech school/Some college	47%	34%	10%	9%		154
	College graduate	67%	27%	5%	1%		115
	Postgraduate work	71%	19%	9%	1%	0%	83
<b>Household Income</b>	Less than \$30,000	21%	45%	21%	6%	7%	56
	\$30,000 - \$59,999	34%	49%	12%	4%		89
	\$60,000 - \$74,999	52%	22%	21%	5%		68
	\$75,000 - \$99,999	46%	47%	2%	6%		65
	\$100,000 - \$149,999	60%	20%	19%	1%		87
	\$150,000 or more	89%	8%	3%			75
<b>Own or Rent Home</b>	Own Home	55%	32%	10%	2%	2%	421
	Rent Home	25%	29%	32%	14%		83
<b>Race/Ethnicity</b>	Caucasian/White Only	50%	33%	13%	3%	1%	467
	Not Caucasian/White Only	37%	17%	10%	36%		42
<b>Region</b>	Keene	58%	25%	8%	9%		112
	Rest of Cheshire	49%	32%	10%	6%	2%	290
	Western Hillsborough	40%	36%	23%	1%		131
<b>Veteran Status</b>	No Veteran in HH	48%	30%	13%	7%	2%	430
	Veteran in HH	49%	38%	13%			98
<b>Voter Registration</b>	Registered Democrat	57%	35%	5%	1%	2%	173
	Registered Undeclared	49%	23%	20%	8%	0%	181
	Registered Republican	44%	37%	16%		3%	126

Q15 Why would you say that it is difficult for you to buy healthy foods like fresh fruits and vegetables? (Please select all that apply)

		Cost of healthy foods	Healthy foods not available where I usually shop	Healthy foods take too long to prepare
<b>Overall</b>		82%	1%	12%
<b>Age of Respondent</b>	18 to 34	73%	2%	11%
	35 to 49	94%		18%
	50 to 64	87%		8%
	65 and older	70%	7%	7%
<b>Children in Household</b>	No children in HH	85%	0%	5%
	One child in HH	100%	5%	
	Two or more children in HH	62%		36%
<b>Employment Status</b>	Employed full-time	100%		27%
	Employed part-time	100%		3%
	Self-employed	100%		
	Retired	51%	4%	4%
	Homemaker	98%		2%
	Unemployed	38%		4%
<b>Financial Situation</b>	0-4 Financial Situation	74%		6%
	5-7 Financial Situation	97%	2%	18%
	8-10 Financial Situation	31%	4%	12%
<b>Gender</b>	Man	62%	2%	15%
	Woman	97%	1%	4%
<b>Highest Level of Education</b>	High school or less	75%		
	Tech school/Some college	88%		19%
	College graduate	100%		53%
	Postgraduate work	90%	16%	32%
<b>Household Income</b>	Less than \$30,000	83%	4%	4%
	\$30,000 - \$59,999	68%		4%
	\$60,000 - \$74,999	100%		12%
	\$75,000 - \$99,999	100%		79%
	\$100,000 - \$149,999	98%	1%	23%
	\$150,000 or more	100%		
<b>Own or Rent Home</b>	Own Home	91%	1%	21%
	Rent Home	90%	2%	3%
<b>Race/Ethnicity</b>	Caucasian/White Only	89%	1%	8%
	Not Caucasian/White Only	50%		29%
<b>Region</b>	Keene	100%		6%
	Rest of Cheshire	70%	2%	14%
	Western Hillsborough	90%	1%	12%
<b>Veteran Status</b>	No Veteran in HH	87%	1%	10%
	Veteran in HH	48%		29%
<b>Voter Registration</b>	Registered Democrat	100%		40%
	Registered Undeclared	94%	2%	14%
	Registered Republican	81%	2%	2%

Q15 Why would you say that it is difficult for you to buy healthy foods like fresh fruits and vegetables? (Please select all that apply)

		Prefer the taste of other foods	Don't have adequate transportation to find healthy foods	Other	N
<b>Overall</b>		11%	12%	19%	99
<b>Age of Respondent</b>	18 to 34	9%	5%	27%	36
	35 to 49	14%	16%	21%	27
	50 to 64	13%	13%	9%	26
	65 and older		25%	10%	10
<b>Children in Household</b>	No children in HH	7%	15%	9%	52
	One child in HH				21
	Two or more children in HH	27%	16%	54%	26
<b>Employment Status</b>	Employed full-time	20%	5%	5%	36
	Employed part-time			3%	13
	Self-employed				2
	Retired	22%	17%	8%	16
	Homemaker		27%	39%	16
	Unemployed		22%	62%	15
<b>Financial Situation</b>	0-4 Financial Situation		18%	35%	47
	5-7 Financial Situation	15%	8%	5%	46
	8-10 Financial Situation	60%			6
<b>Gender</b>	Man	17%	6%	23%	42
	Woman		18%	17%	53
<b>Highest Level of Education</b>	High school or less		19%	31%	54
	Tech school/Some college	25%	6%	3%	29
	College graduate	45%		9%	7
	Postgraduate work			5%	8
<b>Household Income</b>	Less than \$30,000		51%	7%	15
	\$30,000 - \$59,999	23%		8%	15
	\$60,000 - \$74,999			2%	18
	\$75,000 - \$99,999	79%			5
	\$100,000 - \$149,999	18%		4%	18
	\$150,000 or more				2
<b>Own or Rent Home</b>	Own Home	22%		1%	47
	Rent Home		27%	17%	38
<b>Race/Ethnicity</b>	Caucasian/White Only	9%	16%	12%	75
	Not Caucasian/White Only	20%		50%	19
<b>Region</b>	Keene		40%	27%	19
	Rest of Cheshire	15%	4%	28%	48
	Western Hillsborough	10%	8%		31
<b>Veteran Status</b>	No Veteran in HH	4%	11%	21%	86
	Veteran in HH	54%	21%	5%	12
<b>Voter Registration</b>	Registered Democrat	31%	33%	4%	10
	Registered Undeclared	8%	14%	12%	51
	Registered Republican	17%		8%	20

Q16a How often did the following things happen for anyone in your household over **the past 12 months**? - Cut the size or skipped meals because there wasn't enough food

		Always	Often	Sometimes	Rarely	Never	Don't know/Can't remember	N
<b>Overall</b>		0%	2%	8%	9%	81%	0%	524
<b>Age of Respondent</b>	18 to 34		4%	10%	5%	82%		114
	35 to 49	0%	4%	13%	13%	69%		101
	50 to 64	0%		9%	11%	79%		152
	65 and older	1%	1%	1%	9%	88%	0%	141
<b>Children in Household</b>	No children in HH	0%	1%	4%	8%	86%	0%	371
	One child in HH			22%	23%	55%		67
	Two or more children in HH		5%	15%	5%	74%		80
<b>Employment Status</b>	Employed full-time	0%	1%	5%	8%	86%		206
	Employed part-time		4%	8%	11%	75%	1%	41
	Self-employed			7%	18%	75%		34
	Retired	1%	1%	4%	8%	86%	0%	165
	Homemaker		9%	29%	6%	56%		47
	Unemployed			17%	28%	55%		18
<b>Financial Situation</b>	0-4 Financial Situation	1%	7%	13%	6%	74%		123
	5-7 Financial Situation		1%	10%	16%	74%		249
	8-10 Financial Situation	1%		0%	1%	98%	0%	141
<b>Gender</b>	Man	0%	0%	5%	6%	88%	0%	244
	Woman	0%	3%	11%	12%	73%		256
<b>Highest Level of Education</b>	High school or less		3%	10%	8%	79%		171
	Tech school/Some college	0%	3%	12%	9%	76%		154
	College graduate	1%	1%	2%	15%	81%	0%	115
	Postgraduate work	0%		3%	6%	91%	0%	83
<b>Household Income</b>	Less than \$30,000	1%	4%	16%	15%	64%		56
	\$30,000 - \$59,999	0%	2%	4%	16%	78%		89
	\$60,000 - \$74,999		3%	23%	8%	66%		68
	\$75,000 - \$99,999			15%	26%	59%		65
	\$100,000 - \$149,999	1%			1%	98%	0%	87
	\$150,000 or more				1%	99%		75
<b>Own or Rent Home</b>	Own Home	0%	0%	6%	7%	87%	0%	421
	Rent Home	1%	8%	14%	26%	50%	0%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	0%	2%	6%	10%	82%	0%	467
	Not Caucasian/White Only			29%	2%	68%		32
<b>Region</b>	Keene		6%	5%	13%	76%		112
	Rest of Cheshire	0%	1%	10%	10%	79%	0%	281
	Western Hillsborough	1%		6%	5%	89%	0%	131
<b>Veteran Status</b>	No Veteran in HH	0%	2%	10%	10%	78%	0%	421
	Veteran in HH				9%	91%		98
<b>Voter Registration</b>	Registered Democrat	0%		3%	5%	91%		173
	Registered Undeclared	0%	3%	7%	10%	80%		181
	Registered Republican			11%	15%	74%		126

Q16b How often did the following things happen for anyone in your household over **the past 12 months?** - Couldn't afford to eat balanced meals

		Always	Often	Sometimes	Rarely	Never	Don't know/Can't remember	N
<b>Overall</b>		1%	5%	12%	16%	66%	0%	522
<b>Age of Respondent</b>	18 to 34	2%	3%	20%	38%	38%		114
	35 to 49	3%	17%	9%	5%	65%		101
	50 to 64	0%	2%	16%	11%	70%		151
	65 and older		3%	5%	9%	83%	0%	140
<b>Children in Household</b>	No children in HH	2%	3%	11%	16%	69%	0%	370
	One child in HH		16%	22%	8%	55%		67
	Two or more children in HH		10%	11%	23%	56%		79
<b>Employment Status</b>	Employed full-time	1%	5%	8%	13%	73%		204
	Employed part-time			29%	23%	48%	1%	41
	Self-employed		5%	20%	35%	40%		34
	Retired	1%	1%	9%	9%	79%	0%	165
	Homemaker		29%	9%	30%	31%		47
	Unemployed	7%	7%	7%	28%	52%		18
<b>Financial Situation</b>	0-4 Financial Situation	4%	10%	24%	24%	38%	0%	121
	5-7 Financial Situation	0%	6%	13%	18%	62%		249
	8-10 Financial Situation			0%	5%	94%	0%	141
<b>Gender</b>	Man		4%	8%	8%	81%	0%	242
	Woman	2%	7%	17%	20%	54%		256
<b>Highest Level of Education</b>	High school or less	1%	10%	15%	21%	54%		171
	Tech school/Some college	2%	6%	16%	17%	60%		152
	College graduate	1%	1%	9%	13%	76%	0%	115
	Postgraduate work	1%	1%	3%	8%	87%	0%	83
<b>Household Income</b>	Less than \$30,000	1%	7%	35%	13%	43%		56
	\$30,000 - \$59,999	6%	2%	8%	24%	61%		89
	\$60,000 - \$74,999		15%	9%	20%	56%		66
	\$75,000 - \$99,999		6%	26%	12%	55%		65
	\$100,000 - \$149,999			2%	14%	83%	0%	87
	\$150,000 or more		1%		12%	87%		75
<b>Own or Rent Home</b>	Own Home	0%	4%	7%	14%	74%	0%	419
	Rent Home	5%	11%	38%	21%	25%		83
<b>Race/Ethnicity</b>	Caucasian/White Only	1%	5%	12%	15%	67%	0%	467
	Not Caucasian/White Only		13%	14%	14%	59%		30
<b>Region</b>	Keene	2%	7%	12%	15%	64%		112
	Rest of Cheshire	0%	7%	11%	13%	68%	0%	279
	Western Hillsborough	2%	1%	14%	23%	61%	0%	131
<b>Veteran Status</b>	No Veteran in HH	1%	7%	13%	16%	63%	0%	419
	Veteran in HH	2%		6%	17%	75%	0%	98
<b>Voter Registration</b>	Registered Democrat		1%	9%	17%	74%		173
	Registered Undeclared	2%	6%	11%	14%	66%	0%	179
	Registered Republican		8%	13%	18%	60%		126

Q16c How often did the following things happen for anyone in your household over **the past 12 months?** - Couldn't buy the kind of food you wanted because it was too expensive

		Always	Often	Sometimes	Rarely	Never	Don't know/Can't remember	N
<b>Overall</b>		7%	11%	20%	18%	43%	0%	523
<b>Age of Respondent</b>	18 to 34	12%	16%	27%	20%	24%		114
	35 to 49	15%	13%	15%	22%	34%		101
	50 to 64	5%	11%	21%	15%	49%		152
	65 and older	0%	8%	16%	17%	59%	0%	140
<b>Children in Household</b>	No children in HH	5%	11%	19%	16%	49%	0%	370
	One child in HH	14%	17%	19%	27%	23%		67
	Two or more children in HH	11%	9%	28%	24%	28%		80
<b>Employment Status</b>	Employed full-time	4%	11%	18%	25%	42%		206
	Employed part-time	22%	16%	13%	10%	38%	1%	41
	Self-employed		18%	28%	29%	25%		34
	Retired	3%	7%	19%	14%	56%		165
	Homemaker	29%	10%	35%	4%	23%		47
	Unemployed	10%	38%	4%	7%	40%		18
<b>Financial Situation</b>	0-4 Financial Situation	16%	25%	36%	10%	13%		123
	5-7 Financial Situation	7%	11%	22%	27%	34%		249
	8-10 Financial Situation		1%	6%	10%	82%	0%	141
<b>Gender</b>	Man	2%	9%	14%	20%	54%	0%	244
	Woman	11%	14%	26%	15%	34%		256
<b>Highest Level of Education</b>	High school or less	12%	16%	25%	18%	28%		171
	Tech school/Some college	7%	11%	21%	20%	41%		154
	College graduate	4%	9%	17%	16%	54%	0%	115
	Postgraduate work	1%	6%	12%	17%	63%		83
<b>Household Income</b>	Less than \$30,000	3%	39%	27%	4%	27%		56
	\$30,000 - \$59,999	4%	13%	26%	25%	31%		89
	\$60,000 - \$74,999	25%	2%	24%	11%	40%		68
	\$75,000 - \$99,999		10%	39%	15%	36%		65
	\$100,000 - \$149,999	4%	12%	7%	30%	47%	0%	87
	\$150,000 or more		2%	1%	23%	74%		75
<b>Own or Rent Home</b>	Own Home	4%	8%	18%	21%	49%	0%	420
	Rent Home	25%	25%	29%	4%	18%		83
<b>Race/Ethnicity</b>	Caucasian/White Only	7%	11%	19%	20%	43%	0%	467
	Not Caucasian/White Only	17%		38%	6%	39%		32
<b>Region</b>	Keene	7%	13%	19%	17%	44%		112
	Rest of Cheshire	4%	10%	22%	21%	42%	0%	281
	Western Hillsborough	13%	12%	18%	13%	44%		131
<b>Veteran Status</b>	No Veteran in HH	8%	13%	19%	19%	41%	0%	420
	Veteran in HH	5%	3%	26%	14%	52%		98
<b>Voter Registration</b>	Registered Democrat	2%	10%	19%	20%	48%		173
	Registered Undeclared	10%	13%	20%	16%	41%		181
	Registered Republican	11%	5%	23%	20%	42%		126

Q17 Which of the following **best** describes your current situation regarding a personal motor vehicle (i.e. car, truck, or motorcycle)?

		Don't have a personal motor vehicle and do not want one	Don't have a personal motor vehicle but would like one	Have a personal motor vehicle which is functioning, registered, and passed its last inspection	Have a personal motor vehicle but it is either not functioning, not registered, or did not pass its last inspection	N
<b>Overall</b>		3%	3%	93%	1%	533
<b>Age of Respondent</b>	18 to 34	3%		97%		123
	35 to 49		8%	92%		101
	50 to 64	4%	5%	88%	3%	152
	65 and older	2%	1%	97%	1%	141
<b>Children in Household</b>	No children in HH	2%	3%	93%	1%	371
	One child in HH			100%		67
	Two or more children in HH	1%	5%	93%	2%	90
<b>Employment Status</b>	Employed full-time	1%	2%	96%	1%	206
	Employed part-time	11%		89%		41
	Self-employed			100%		34
	Retired	2%	5%	91%	3%	165
	Homemaker		9%	91%		47
	Unemployed	16%		84%		28
<b>Financial Situation</b>	0-4 Financial Situation	4%	9%	82%	4%	132
	5-7 Financial Situation	2%	2%	97%		249
	8-10 Financial Situation	0%		100%	0%	141
<b>Gender</b>	Man	3%	3%	92%	2%	254
	Woman	3%	3%	93%	0%	256
<b>Highest Level of Education</b>	High school or less	7%	5%	87%		180
	Tech school/Some college		3%	93%	4%	154
	College graduate		1%	99%		115
	Postgraduate work	2%	0%	98%	0%	83
<b>Household Income</b>	Less than \$30,000	15%	9%	69%	7%	56
	\$30,000 - \$59,999	1%		99%		89
	\$60,000 - \$74,999		7%	91%	2%	68
	\$75,000 - \$99,999		4%	96%		65
	\$100,000 - \$149,999			100%		87
	\$150,000 or more	1%	0%	99%		75
<b>Own or Rent Home</b>	Own Home	1%	0%	98%	1%	421
	Rent Home	13%	19%	67%	2%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	2%	3%	94%	1%	467
	Not Caucasian/White Only	10%	10%	76%	4%	42
<b>Region</b>	Keene	8%	7%	84%	1%	112
	Rest of Cheshire	1%	1%	96%	2%	290
	Western Hillsborough	2%	4%	94%		131
<b>Veteran Status</b>	No Veteran in HH	3%	4%	92%	1%	430
	Veteran in HH	3%	0%	97%		98
<b>Voter Registration</b>	Registered Democrat	2%	3%	93%	2%	173
	Registered Undeclared	2%	3%	94%	1%	181
	Registered Republican		3%	97%		126

Q18 Does a lack of transportation ever prevent you from doing the following things? (Please select all that apply)

		Accessing medical services	Grocery shopping	Visiting with friends or family	Attending social, educational, or informative events
<b>Overall</b>		4%	3%	7%	4%
<b>Age of Respondent</b>	18 to 34	2%	2%	5%	2%
	35 to 49	7%	7%	12%	12%
	50 to 64	3%	2%	8%	3%
	65 and older	4%	3%	4%	1%
<b>Children in Household</b>	No children in HH	4%	3%	6%	3%
	One child in HH	1%		8%	7%
	Two or more children in HH	5%	5%	10%	5%
<b>Employment Status</b>	Employed full-time	3%	3%	5%	5%
	Employed part-time			4%	0%
	Self-employed			1%	0%
	Retired	3%	4%	6%	2%
	Homemaker	9%	13%	22%	9%
	Unemployed	12%		12%	12%
<b>Financial Situation</b>	0-4 Financial Situation	10%	11%	18%	9%
	5-7 Financial Situation	2%	1%	5%	4%
	8-10 Financial Situation	0%		0%	0%
<b>Gender</b>	Man	3%	3%	5%	4%
	Woman	4%	4%	9%	5%
<b>Highest Level of Education</b>	High school or less	7%	6%	13%	6%
	Tech school/Some college	2%	3%	7%	5%
	College graduate	1%		2%	1%
	Postgraduate work	1%	1%	2%	2%
<b>Household Income</b>	Less than \$30,000	20%	15%	31%	20%
	\$30,000 - \$59,999	2%	1%	8%	5%
	\$60,000 - \$74,999			5%	
	\$75,000 - \$99,999	0%			
	\$100,000 - \$149,999	0%			
	\$150,000 or more	1%	1%	1%	1%
<b>Own or Rent Home</b>	Own Home	1%	1%	2%	0%
	Rent Home	17%	13%	27%	21%
<b>Race/Ethnicity</b>	Caucasian/White Only	4%	3%	7%	5%
	Not Caucasian/White Only	3%	1%	1%	1%
<b>Region</b>	Keene	11%	8%	16%	15%
	Rest of Cheshire	1%	2%	5%	1%
	Western Hillsborough	3%	3%	3%	1%
<b>Veteran Status</b>	No Veteran in HH	4%	3%	8%	5%
	Veteran in HH	3%	4%	4%	1%
<b>Voter Registration</b>	Registered Democrat	3%	0%	5%	3%
	Registered Undeclared	5%	7%	9%	6%
	Registered Republican				



Q18 Does a lack of transportation ever prevent you from doing the following things? (Please select all that apply)

		Attending or participating in local government events (i.e. meetings or voting)	Other	Don't know/Not sure	None	N
<b>Overall</b>		3%	4%	2%	89%	524
<b>Age of Respondent</b>	18 to 34	2%	4%	4%	87%	123
	35 to 49	11%	7%		87%	101
	50 to 64		4%	4%	87%	148
	65 and older	2%	3%	1%	93%	136
<b>Children in Household</b>	No children in HH	2%	3%	2%	91%	362
	One child in HH	6%	1%	7%	84%	67
	Two or more children in HH	5%	5%	2%	89%	90
<b>Employment Status</b>	Employed full-time	4%	2%	1%	93%	202
	Employed part-time	0%	10%	12%	74%	41
	Self-employed		0%	13%	85%	33
	Retired	2%	2%	0%	92%	160
	Homemaker	9%	13%		78%	47
	Unemployed		12%		88%	28
<b>Financial Situation</b>	0-4 Financial Situation	9%	8%	5%	75%	128
	5-7 Financial Situation	2%	3%	2%	92%	247
	8-10 Financial Situation		0%	0%	99%	138
<b>Gender</b>	Man	4%	2%	1%	93%	247
	Woman	3%	6%	4%	84%	253
<b>Highest Level of Education</b>	High school or less	5%	9%	3%	81%	175
	Tech school/Some college	4%	1%	5%	88%	151
	College graduate		1%	0%	97%	115
	Postgraduate work	1%	2%	1%	96%	82
<b>Household Income</b>	Less than \$30,000	13%	11%	1%	66%	56
	\$30,000 - \$59,999	5%	2%		89%	87
	\$60,000 - \$74,999			10%	90%	67
	\$75,000 - \$99,999		0%	8%	87%	65
	\$100,000 - \$149,999		0%	1%	99%	87
	\$150,000 or more	1%	0%		99%	75
<b>Own or Rent Home</b>	Own Home	0%	1%	2%	95%	412
	Rent Home	16%	19%	6%	58%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	3%	3%	2%	89%	458
	Not Caucasian/White Only	1%	12%	5%	80%	42
<b>Region</b>	Keene	10%	13%	0%	79%	112
	Rest of Cheshire	1%	2%	2%	91%	282
	Western Hillsborough	2%	0%	4%	91%	130
<b>Veteran Status</b>	No Veteran in HH	3%	5%	3%	87%	427
	Veteran in HH	3%	0%		96%	91
<b>Voter Registration</b>	Registered Democrat		3%	3%	91%	171
	Registered Undeclared	7%	4%	1%	88%	176
	Registered Republican			4%	96%	124

Q19 If something unexpected happened, like an emergency, do you have someone in your life who you could count on to support you?

		Definitely	Probably	Probably not	Definitely not	Don't know/Not sure	N
<b>Overall</b>		65%	28%	3%	3%	1%	533
<b>Age of Respondent</b>	18 to 34	51%	46%	2%	1%		123
	35 to 49	68%	20%	2%	9%		101
	50 to 64	67%	23%	4%	3%	3%	152
	65 and older	73%	23%	3%	0%	1%	141
<b>Children in Household</b>	No children in HH	67%	24%	4%	3%	1%	371
	One child in HH	73%	21%		6%		67
	Two or more children in HH	45%	52%	0%	1%	2%	90
<b>Employment Status</b>	Employed full-time	65%	26%	2%	5%	1%	206
	Employed part-time	78%	13%	3%		7%	41
	Self-employed	50%	40%	4%	6%	0%	34
	Retired	69%	24%	5%	1%	0%	165
	Homemaker	60%	40%				47
	Unemployed	38%	52%	4%	5%	2%	28
<b>Financial Situation</b>	0-4 Financial Situation	50%	39%	5%	5%	1%	132
	5-7 Financial Situation	62%	31%	2%	3%	1%	249
	8-10 Financial Situation	82%	12%	4%	1%	0%	141
<b>Gender</b>	Man	61%	30%	4%	5%	1%	254
	Woman	71%	23%	3%	2%	2%	256
<b>Highest Level of Education</b>	High school or less	59%	37%		2%	2%	180
	Tech school/Some college	59%	29%	6%	4%	2%	154
	College graduate	70%	24%	3%	3%		115
	Postgraduate work	78%	13%	5%	4%	0%	83
<b>Household Income</b>	Less than \$30,000	44%	48%	3%	5%		56
	\$30,000 - \$59,999	56%	24%	12%	8%	1%	89
	\$60,000 - \$74,999	74%	22%	1%		3%	68
	\$75,000 - \$99,999	66%	31%	1%	2%	0%	65
	\$100,000 - \$149,999	86%	12%		2%		87
	\$150,000 or more	71%	22%	4%	2%		75
<b>Own or Rent Home</b>	Own Home	68%	25%	3%	2%	1%	421
	Rent Home	56%	32%	4%	8%		83
<b>Race/Ethnicity</b>	Caucasian/White Only	66%	26%	3%	3%	1%	467
	Not Caucasian/White Only	48%	46%	3%		4%	42
<b>Region</b>	Keene	67%	21%	3%	9%	0%	112
	Rest of Cheshire	62%	31%	3%	2%	2%	290
	Western Hillsborough	68%	28%	3%	0%	0%	131
<b>Veteran Status</b>	No Veteran in HH	64%	29%	2%	4%	1%	430
	Veteran in HH	65%	25%	9%	1%		98
<b>Voter Registration</b>	Registered Democrat	66%	27%	4%	1%	2%	173
	Registered Undeclared	57%	33%	3%	5%	1%	181
	Registered Republican	79%	17%	3%	2%		126

Q20a Below, please indicate whether you agree or disagree with the following statements about mental health - I wouldn't want my friends or family to know if I were receiving mental health treatment

		Strongly agree	Somewhat agree	Neutral	Somewhat disagree	Strongly disagree	Don't know/Not sure	N
<b>Overall</b>		8%	15%	24%	22%	30%	2%	533
<b>Age of Respondent</b>	18 to 34	15%	4%	39%	8%	34%		123
	35 to 49	6%	14%	24%	23%	33%		101
	50 to 64	7%	18%	20%	31%	23%	1%	152
	65 and older	7%	22%	18%	21%	31%	1%	141
<b>Children in Household</b>	No children in HH	9%	18%	19%	21%	30%	2%	371
	One child in HH		9%	34%	30%	27%		67
	Two or more children in HH	11%	6%	41%	16%	25%		90
<b>Employment Status</b>	Employed full-time	13%	14%	18%	23%	31%	1%	206
	Employed part-time	2%	5%	14%	21%	58%	1%	41
	Self-employed	1%	5%	50%	32%	11%		34
	Retired	8%	24%	15%	23%	25%	4%	165
	Homemaker	1%	3%	63%	15%	18%		47
	Unemployed	14%	4%	52%	6%	24%		28
<b>Financial Situation</b>	0-4 Financial Situation	3%	15%	25%	18%	38%	1%	132
	5-7 Financial Situation	11%	13%	28%	21%	25%	2%	249
	8-10 Financial Situation	9%	19%	17%	27%	28%	1%	141
<b>Gender</b>	Man	14%	19%	25%	21%	21%	0%	254
	Woman	3%	11%	22%	23%	38%	3%	256
<b>Highest Level of Education</b>	High school or less	11%	16%	28%	16%	26%	3%	180
	Tech school/Some college	5%	10%	25%	24%	34%	1%	154
	College graduate	10%	17%	21%	24%	27%	0%	115
	Postgraduate work	7%	17%	19%	25%	31%	2%	83
<b>Household Income</b>	Less than \$30,000	7%	21%	19%	15%	35%	2%	56
	\$30,000 - \$59,999	14%	18%	16%	18%	32%	1%	89
	\$60,000 - \$74,999	11%	3%	42%	23%	20%	1%	68
	\$75,000 - \$99,999	4%	20%	20%	38%	18%		65
	\$100,000 - \$149,999	1%	17%	16%	26%	39%	0%	87
	\$150,000 or more	13%	11%	35%	17%	24%		75
<b>Own or Rent Home</b>	Own Home	8%	16%	26%	23%	26%	2%	421
	Rent Home	12%	9%	8%	17%	53%	0%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	8%	14%	22%	24%	30%	2%	467
	Not Caucasian/White Only	12%	13%	44%	7%	25%		42
<b>Region</b>	Keene	8%	16%	13%	24%	37%	2%	112
	Rest of Cheshire	6%	17%	28%	26%	22%	2%	290
	Western Hillsborough	14%	9%	25%	10%	41%	1%	131
<b>Veteran Status</b>	No Veteran in HH	9%	12%	24%	23%	31%	2%	430
	Veteran in HH	8%	29%	26%	12%	25%	1%	98
<b>Voter Registration</b>	Registered Democrat	3%	17%	13%	27%	37%	4%	173
	Registered Undeclared	10%	12%	22%	20%	35%	1%	181
	Registered Republican	15%	15%	35%	21%	13%	0%	126

Q20b Below, please indicate whether you agree or disagree with the following statements about mental health - People today often use mental health as an excuse to get out of tough situations

		Strongly agree	Somewhat agree	Neutral	Somewhat disagree	Strongly disagree	Don't know/Not sure	N
<b>Overall</b>		13%	31%	12%	17%	21%	7%	533
<b>Age of Respondent</b>	18 to 34	24%	31%	10%	17%	18%		123
	35 to 49	7%	37%	9%	17%	30%	1%	101
	50 to 64	15%	32%	12%	15%	19%	8%	152
	65 and older	6%	27%	16%	20%	19%	12%	141
<b>Children in Household</b>	No children in HH	9%	28%	11%	21%	21%	10%	371
	One child in HH	18%	41%	9%	15%	17%		67
	Two or more children in HH	19%	36%	18%	4%	22%		90
<b>Employment Status</b>	Employed full-time	17%	27%	13%	13%	27%	2%	206
	Employed part-time	18%	13%	5%	33%	29%	2%	41
	Self-employed	6%	42%	4%	23%	13%	12%	34
	Retired	6%	30%	13%	21%	16%	16%	165
	Homemaker	22%	49%	20%	5%	4%		47
	Unemployed	12%	61%	2%	3%	21%	1%	28
<b>Financial Situation</b>	0-4 Financial Situation	9%	34%	11%	22%	18%	7%	132
	5-7 Financial Situation	13%	34%	13%	13%	21%	5%	249
	8-10 Financial Situation	13%	24%	9%	21%	23%	9%	141
<b>Gender</b>	Man	17%	34%	7%	15%	17%	8%	254
	Woman	9%	26%	16%	20%	24%	5%	256
<b>Highest Level of Education</b>	High school or less	17%	36%	13%	11%	13%	10%	180
	Tech school/Some college	11%	33%	10%	20%	19%	7%	154
	College graduate	12%	29%	10%	20%	27%	2%	115
	Postgraduate work	8%	19%	13%	22%	33%	6%	83
<b>Household Income</b>	Less than \$30,000	16%	27%	11%	17%	15%	13%	56
	\$30,000 - \$59,999	12%	18%	19%	23%	22%	7%	89
	\$60,000 - \$74,999	8%	51%	10%	14%	16%	1%	68
	\$75,000 - \$99,999	14%	29%	11%	15%	20%	11%	65
	\$100,000 - \$149,999	7%	27%	13%	30%	24%	0%	87
	\$150,000 or more	19%	32%	8%	10%	29%	2%	75
<b>Own or Rent Home</b>	Own Home	12%	32%	13%	16%	19%	8%	421
	Rent Home	18%	16%	9%	26%	29%	3%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	13%	29%	11%	19%	21%	7%	467
	Not Caucasian/White Only	14%	53%	8%	1%	15%	9%	42
<b>Region</b>	Keene	12%	28%	8%	21%	25%	5%	112
	Rest of Cheshire	15%	34%	13%	14%	15%	9%	290
	Western Hillsborough	10%	26%	12%	20%	30%	3%	131
<b>Veteran Status</b>	No Veteran in HH	14%	30%	9%	18%	23%	7%	430
	Veteran in HH	10%	36%	22%	13%	12%	6%	98
<b>Voter Registration</b>	Registered Democrat	4%	24%	7%	26%	25%	15%	173
	Registered Undeclared	16%	26%	9%	15%	29%	5%	181
	Registered Republican	19%	43%	23%	11%	4%	0%	126

Q20c Below, please indicate whether you agree or disagree with the following statements about mental health - People today worry too much about their mental health

		Strongly agree	Somewhat agree	Neutral	Somewhat disagree	Strongly disagree	Don't know/Not sure	N
<b>Overall</b>		6%	21%	16%	20%	34%	3%	533
<b>Age of Respondent</b>	18 to 34	13%	17%	5%	10%	55%		123
	35 to 49	4%	6%	27%	22%	42%		101
	50 to 64	4%	28%	15%	23%	24%	4%	152
	65 and older	3%	25%	18%	26%	21%	6%	141
<b>Children in Household</b>	No children in HH	5%	23%	13%	21%	33%	4%	371
	One child in HH	3%	12%	40%	28%	17%		67
	Two or more children in HH	7%	21%	8%	12%	52%		90
<b>Employment Status</b>	Employed full-time	5%	18%	16%	25%	34%	1%	206
	Employed part-time	13%	9%	6%	9%	64%		41
	Self-employed	10%	13%	19%	26%	32%		34
	Retired	3%	32%	17%	22%	18%	7%	165
	Homemaker	13%	12%	26%	10%	39%		47
	Unemployed	2%	27%	3%	8%	61%		28
<b>Financial Situation</b>	0-4 Financial Situation	5%	7%	11%	20%	53%	2%	132
	5-7 Financial Situation	4%	29%	18%	21%	27%	0%	249
	8-10 Financial Situation	7%	21%	16%	20%	27%	8%	141
<b>Gender</b>	Man	7%	29%	15%	23%	21%	5%	254
	Woman	6%	14%	16%	16%	47%	1%	256
<b>Highest Level of Education</b>	High school or less	5%	32%	14%	14%	32%	2%	180
	Tech school/Some college	4%	18%	18%	22%	33%	5%	154
	College graduate	9%	12%	17%	24%	36%	1%	115
	Postgraduate work	8%	14%	12%	26%	36%	4%	83
<b>Household Income</b>	Less than \$30,000		23%	13%	22%	34%	7%	56
	\$30,000 - \$59,999	1%	28%	17%	13%	32%	9%	89
	\$60,000 - \$74,999	5%	22%	23%	23%	26%	1%	68
	\$75,000 - \$99,999	11%	23%	20%	23%	22%	1%	65
	\$100,000 - \$149,999	0%	19%	9%	27%	44%	0%	87
	\$150,000 or more	15%	13%	12%	24%	36%	1%	75
<b>Own or Rent Home</b>	Own Home	5%	23%	17%	23%	30%	4%	421
	Rent Home	15%	15%	13%	12%	45%		83
<b>Race/Ethnicity</b>	Caucasian/White Only	5%	20%	15%	22%	34%	3%	467
	Not Caucasian/White Only	11%	35%	6%	7%	41%		42
<b>Region</b>	Keene	6%	20%	12%	27%	33%	2%	112
	Rest of Cheshire	5%	22%	21%	22%	28%	3%	290
	Western Hillsborough	8%	21%	8%	12%	49%	2%	131
<b>Veteran Status</b>	No Veteran in HH	6%	18%	15%	22%	37%	2%	430
	Veteran in HH	5%	32%	18%	16%	22%	6%	98
<b>Voter Registration</b>	Registered Democrat	3%	15%	10%	33%	37%	3%	173
	Registered Undeclared	4%	23%	21%	12%	39%	2%	181
	Registered Republican	11%	30%	21%	19%	16%	3%	126

Q20d Below, please indicate whether you agree or disagree with the following statements about mental health - Only people with serious mental health issues need mental health treatment

		Strongly agree	Somewhat agree	Neutral	Somewhat disagree	Strongly disagree	Don't know/Not sure	N
<b>Overall</b>		6%	6%	8%	23%	54%	3%	533
<b>Age of Respondent</b>	18 to 34	13%	3%	8%	13%	55%	8%	123
	35 to 49	6%	12%	5%	31%	46%	0%	101
	50 to 64	3%	1%	13%	22%	58%	3%	152
	65 and older	4%	9%	6%	27%	53%	1%	141
<b>Children in Household</b>	No children in HH	4%	5%	6%	21%	62%	2%	371
	One child in HH	11%	14%	13%	26%	35%		67
	Two or more children in HH	3%	4%	11%	33%	38%	11%	90
<b>Employment Status</b>	Employed full-time	6%	4%	6%	30%	50%	5%	206
	Employed part-time	17%		2%	14%	68%		41
	Self-employed		1%	19%	23%	57%		34
	Retired	3%	6%	6%	24%	58%	3%	165
	Homemaker	14%	25%	1%	21%	38%	1%	47
	Unemployed		2%	49%	3%	47%		28
<b>Financial Situation</b>	0-4 Financial Situation	1%	2%	12%	24%	60%	0%	132
	5-7 Financial Situation	4%	8%	7%	24%	53%	5%	249
	8-10 Financial Situation	11%	7%	5%	24%	52%	1%	141
<b>Gender</b>	Man	5%	6%	12%	34%	39%	4%	254
	Woman	6%	6%	4%	14%	68%	2%	256
<b>Highest Level of Education</b>	High school or less	6%	8%	14%	20%	45%	7%	180
	Tech school/Some college	9%	4%	4%	24%	59%		154
	College graduate	5%	6%	5%	28%	55%	0%	115
	Postgraduate work	1%	6%	5%	23%	63%	2%	83
<b>Household Income</b>	Less than \$30,000	7%	4%	13%	30%	45%		56
	\$30,000 - \$59,999	11%	2%	3%	11%	61%	12%	89
	\$60,000 - \$74,999	4%	15%		23%	58%	0%	68
	\$75,000 - \$99,999		10%	9%	24%	52%	6%	65
	\$100,000 - \$149,999	0%	6%	1%	39%	54%		87
	\$150,000 or more	8%	7%	12%	15%	58%		75
<b>Own or Rent Home</b>	Own Home	4%	6%	6%	26%	54%	4%	421
	Rent Home	12%	6%	10%	13%	60%		83
<b>Race/Ethnicity</b>	Caucasian/White Only	6%	5%	6%	24%	56%	3%	467
	Not Caucasian/White Only	10%	10%	28%	24%	27%		42
<b>Region</b>	Keene	11%	6%	8%	25%	51%		112
	Rest of Cheshire	3%	8%	11%	25%	49%	5%	290
	Western Hillsborough	8%	1%	2%	19%	68%	1%	131
<b>Veteran Status</b>	No Veteran in HH	6%	5%	8%	26%	53%	3%	430
	Veteran in HH	5%	9%	9%	15%	57%	5%	98
<b>Voter Registration</b>	Registered Democrat	1%	3%	3%	17%	76%		173
	Registered Undeclared	5%	2%	8%	29%	50%	6%	181
	Registered Republican	10%	17%	8%	23%	37%	3%	126

Q21a If you needed help with the following situations, would you know an entity or organization where you could go to get help? - An issue with you or a loved one's mental health

		Definitely	Probably	Probably not	Definitely not	Don't know/Not sure	N
<b>Overall</b>		28%	43%	14%	9%	5%	531
<b>Age of Respondent</b>	18 to 34	25%	42%	14%	11%	8%	123
	35 to 49	35%	44%	10%	10%	1%	101
	50 to 64	31%	45%	14%	5%	5%	152
	65 and older	24%	42%	17%	10%	7%	139
<b>Children in Household</b>	No children in HH	28%	48%	13%	8%	4%	369
	One child in HH	25%	55%	5%	7%	7%	67
	Two or more children in HH	30%	16%	30%	14%	11%	90
<b>Employment Status</b>	Employed full-time	33%	41%	10%	10%	5%	204
	Employed part-time	32%	49%	8%	4%	8%	41
	Self-employed	29%	48%	7%	2%	14%	34
	Retired	22%	45%	18%	8%	6%	165
	Homemaker	34%	29%	35%		1%	47
	Unemployed	7%	49%	7%	36%		28
<b>Financial Situation</b>	0-4 Financial Situation	23%	48%	15%	15%	0%	130
	5-7 Financial Situation	29%	39%	15%	7%	10%	249
	8-10 Financial Situation	31%	48%	13%	7%	2%	141
<b>Gender</b>	Man	24%	45%	9%	14%	8%	252
	Woman	33%	41%	19%	4%	4%	256
<b>Highest Level of Education</b>	High school or less	23%	34%	16%	13%	13%	179
	Tech school/Some college	33%	46%	13%	8%		153
	College graduate	28%	50%	15%	5%	2%	115
	Postgraduate work	31%	48%	12%	6%	3%	83
<b>Household Income</b>	Less than \$30,000	33%	41%	13%	11%	3%	56
	\$30,000 - \$59,999	21%	27%	26%	14%	11%	89
	\$60,000 - \$74,999	19%	54%	11%	15%	1%	68
	\$75,000 - \$99,999	36%	41%	11%	3%	8%	65
	\$100,000 - \$149,999	20%	64%	13%	2%	0%	87
	\$150,000 or more	40%	50%	7%	3%	0%	75
<b>Own or Rent Home</b>	Own Home	28%	44%	16%	6%	7%	419
	Rent Home	36%	44%	8%	12%		83
<b>Race/Ethnicity</b>	Caucasian/White Only	28%	45%	15%	7%	6%	465
	Not Caucasian/White Only	34%	23%	13%	30%		42
<b>Region</b>	Keene	36%	44%	7%	12%	1%	112
	Rest of Cheshire	30%	39%	14%	10%	7%	289
	Western Hillsborough	19%	50%	21%	4%	6%	131
<b>Veteran Status</b>	No Veteran in HH	30%	44%	13%	8%	5%	428
	Veteran in HH	21%	38%	21%	13%	6%	98
<b>Voter Registration</b>	Registered Democrat	29%	51%	16%	2%	2%	173
	Registered Undeclared	30%	45%	8%	10%	7%	181
	Registered Republican	23%	39%	22%	8%	9%	126

Q21b If you needed help with the following situations, would you know an entity or organization where you could go to get help? - You or a loved one struggling with substance use

		Definitely	Probably	Probably not	Definitely not	Don't know/Not sure	N
<b>Overall</b>		25%	40%	19%	9%	7%	532
<b>Age of Respondent</b>	18 to 34	11%	47%	16%	10%	17%	123
	35 to 49	34%	44%	16%	3%	3%	101
	50 to 64	34%	36%	18%	7%	5%	152
	65 and older	21%	36%	24%	15%	4%	139
<b>Children in Household</b>	No children in HH	27%	39%	21%	9%	4%	369
	One child in HH	11%	70%	13%	2%	3%	67
	Two or more children in HH	29%	21%	17%	9%	24%	90
<b>Employment Status</b>	Employed full-time	30%	39%	18%	7%	6%	204
	Employed part-time	20%	32%	19%	17%	12%	41
	Self-employed	27%	57%	10%	5%	1%	34
	Retired	23%	35%	25%	12%	6%	165
	Homemaker	24%	51%	15%	9%	2%	47
	Unemployed	9%	33%	21%	2%	35%	28
<b>Financial Situation</b>	0-4 Financial Situation	19%	42%	21%	8%	10%	131
	5-7 Financial Situation	29%	39%	18%	7%	7%	249
	8-10 Financial Situation	25%	41%	20%	10%	3%	141
<b>Gender</b>	Man	25%	40%	14%	10%	11%	252
	Woman	25%	39%	24%	8%	4%	256
<b>Highest Level of Education</b>	High school or less	21%	31%	23%	11%	14%	179
	Tech school/Some college	26%	43%	18%	8%	4%	154
	College graduate	26%	48%	16%	8%	2%	115
	Postgraduate work	29%	40%	18%	8%	5%	83
<b>Household Income</b>	Less than \$30,000	14%	34%	26%	15%	10%	56
	\$30,000 - \$59,999	14%	47%	15%	9%	15%	89
	\$60,000 - \$74,999	26%	34%	24%	15%	2%	68
	\$75,000 - \$99,999	43%	37%	14%	5%	1%	65
	\$100,000 - \$149,999	18%	51%	25%	4%	2%	87
	\$150,000 or more	37%	49%	8%	5%	1%	75
<b>Own or Rent Home</b>	Own Home	26%	41%	18%	9%	6%	419
	Rent Home	20%	41%	28%	9%	1%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	25%	42%	20%	8%	5%	466
	Not Caucasian/White Only	23%	21%	19%	15%	23%	42
<b>Region</b>	Keene	28%	38%	19%	13%	2%	112
	Rest of Cheshire	27%	38%	14%	10%	11%	289
	Western Hillsborough	19%	45%	30%	3%	3%	131
<b>Veteran Status</b>	No Veteran in HH	24%	40%	19%	8%	9%	429
	Veteran in HH	29%	37%	22%	12%	1%	98
<b>Voter Registration</b>	Registered Democrat	30%	40%	20%	5%	4%	173
	Registered Undeclared	24%	44%	18%	7%	8%	181
	Registered Republican	20%	42%	25%	11%	2%	126



Q21c If you needed help with the following situations, would you know an entity or organization where you could go to get help? - You or a loved one needing financial help to afford necessities like paying for rent or food

		Definitely	Probably	Probably not	Definitely not	Don't know/Not sure	N
<b>Overall</b>		21%	32%	23%	15%	9%	533
<b>Age of Respondent</b>	18 to 34	23%	20%	18%	19%	20%	123
	35 to 49	20%	43%	20%	15%	3%	101
	50 to 64	23%	36%	20%	17%	4%	152
	65 and older	19%	32%	33%	9%	8%	140
<b>Children in Household</b>	No children in HH	22%	32%	28%	12%	7%	370
	One child in HH	11%	48%	9%	28%	4%	67
	Two or more children in HH	27%	22%	15%	14%	21%	90
<b>Employment Status</b>	Employed full-time	21%	32%	19%	19%	10%	206
	Employed part-time	32%	26%	17%	18%	7%	41
	Self-employed	15%	26%	42%	17%		34
	Retired	18%	29%	35%	10%	7%	164
	Homemaker	36%	39%	9%	16%	0%	47
	Unemployed	22%	27%	6%	10%	35%	28
<b>Financial Situation</b>	0-4 Financial Situation	25%	30%	21%	17%	7%	132
	5-7 Financial Situation	17%	31%	29%	13%	10%	249
	8-10 Financial Situation	26%	35%	17%	13%	8%	140
<b>Gender</b>	Man	20%	32%	23%	11%	14%	253
	Woman	23%	33%	21%	19%	4%	256
<b>Highest Level of Education</b>	High school or less	26%	27%	13%	18%	16%	180
	Tech school/Some college	18%	34%	32%	14%	2%	154
	College graduate	16%	33%	27%	16%	8%	115
	Postgraduate work	24%	38%	25%	9%	5%	83
<b>Household Income</b>	Less than \$30,000	28%	45%	17%	10%		56
	\$30,000 - \$59,999	28%	22%	14%	23%	12%	89
	\$60,000 - \$74,999	11%	39%	40%	8%	3%	68
	\$75,000 - \$99,999	19%	34%	27%	19%	1%	64
	\$100,000 - \$149,999	9%	39%	27%	21%	4%	87
	\$150,000 or more	29%	36%	17%	7%	10%	75
<b>Own or Rent Home</b>	Own Home	21%	34%	24%	13%	8%	421
	Rent Home	28%	23%	24%	26%		83
<b>Race/Ethnicity</b>	Caucasian/White Only	23%	31%	23%	15%	8%	467
	Not Caucasian/White Only	2%	30%	27%	18%	23%	42
<b>Region</b>	Keene	17%	43%	17%	21%	2%	112
	Rest of Cheshire	19%	33%	25%	14%	9%	290
	Western Hillsborough	30%	22%	24%	11%	13%	131
<b>Veteran Status</b>	No Veteran in HH	18%	35%	21%	16%	9%	430
	Veteran in HH	32%	19%	33%	8%	8%	97
<b>Voter Registration</b>	Registered Democrat	14%	46%	28%	6%	5%	172
	Registered Undeclared	27%	23%	21%	21%	8%	181
	Registered Republican	25%	25%	27%	13%	10%	126

Q21d If you needed help with the following situations, would you know an entity or organization where you could go to get help? - You or a loved one needing help caring for someone who is aging

		Definitely	Probably	Probably not	Definitely not	Don't know/Not sure	N
<b>Overall</b>		22%	40%	22%	11%	5%	530
<b>Age of Respondent</b>	18 to 34	13%	36%	26%	23%	1%	123
	35 to 49	21%	50%	16%	8%	5%	101
	50 to 64	25%	37%	23%	7%	8%	151
	65 and older	25%	40%	21%	8%	7%	139
<b>Children in Household</b>	No children in HH	24%	39%	23%	7%	6%	367
	One child in HH	13%	45%	21%	14%	7%	67
	Two or more children in HH	20%	40%	20%	19%	2%	90
<b>Employment Status</b>	Employed full-time	21%	43%	22%	12%	2%	204
	Employed part-time	21%	45%	7%	16%	11%	41
	Self-employed	14%	26%	44%	2%	14%	32
	Retired	25%	37%	24%	6%	8%	165
	Homemaker	16%	31%	22%	29%	2%	47
	Unemployed	18%	58%	15%	9%		28
<b>Financial Situation</b>	0-4 Financial Situation	12%	40%	24%	19%	4%	129
	5-7 Financial Situation	22%	42%	22%	7%	8%	249
	8-10 Financial Situation	31%	38%	21%	8%	1%	141
<b>Gender</b>	Man	22%	44%	18%	10%	6%	250
	Woman	21%	37%	24%	13%	5%	256
<b>Highest Level of Education</b>	High school or less	19%	37%	21%	13%	10%	179
	Tech school/Some college	25%	38%	24%	11%	3%	152
	College graduate	19%	43%	26%	10%	2%	115
	Postgraduate work	26%	44%	18%	7%	4%	83
<b>Household Income</b>	Less than \$30,000	30%	23%	11%	21%	15%	56
	\$30,000 - \$59,999	19%	37%	18%	25%	2%	89
	\$60,000 - \$74,999	13%	61%	18%	7%	1%	68
	\$75,000 - \$99,999	28%	34%	20%	10%	8%	65
	\$100,000 - \$149,999	19%	43%	33%	2%	2%	87
	\$150,000 or more	34%	33%	29%	4%	0%	75
<b>Own or Rent Home</b>	Own Home	23%	39%	23%	9%	6%	419
	Rent Home	20%	37%	20%	18%	5%	82
<b>Race/Ethnicity</b>	Caucasian/White Only	22%	38%	24%	10%	6%	465
	Not Caucasian/White Only	21%	59%	4%	16%		42
<b>Region</b>	Keene	30%	32%	19%	15%	3%	110
	Rest of Cheshire	21%	42%	22%	9%	5%	289
	Western Hillsborough	16%	40%	25%	11%	7%	131
<b>Veteran Status</b>	No Veteran in HH	19%	44%	22%	10%	5%	427
	Veteran in HH	32%	22%	23%	16%	7%	98
<b>Voter Registration</b>	Registered Democrat	26%	40%	24%	6%	4%	173
	Registered Undeclared	21%	41%	23%	13%	1%	179
	Registered Republican	18%	41%	24%	8%	9%	126

Q21e If you needed help with the following situations, would you know an entity or organization where you could go to get help? - You or a loved one needing help caring for a child or adolescent

		Definitely	Probably	Probably not	Definitely not	Don't know/Not sure	N
<b>Overall</b>		19%	35%	27%	12%	6%	530
<b>Age of Respondent</b>	18 to 34	17%	28%	35%	13%	8%	123
	35 to 49	13%	52%	17%	14%	4%	101
	50 to 64	26%	30%	24%	12%	7%	152
	65 and older	16%	37%	31%	11%	6%	138
<b>Children in Household</b>	No children in HH	21%	33%	27%	14%	6%	368
	One child in HH	9%	54%	25%	9%	3%	67
	Two or more children in HH	16%	32%	32%	9%	11%	90
<b>Employment Status</b>	Employed full-time	20%	43%	20%	14%	3%	206
	Employed part-time	30%	18%	37%	7%	8%	41
	Self-employed	19%	15%	33%	33%		34
	Retired	21%	29%	31%	11%	8%	162
	Homemaker	11%	40%	39%	9%	2%	47
	Unemployed	3%	21%	31%	6%	39%	28
<b>Financial Situation</b>	0-4 Financial Situation	14%	18%	43%	14%	11%	132
	5-7 Financial Situation	17%	42%	25%	10%	5%	249
	8-10 Financial Situation	26%	39%	18%	14%	3%	138
<b>Gender</b>	Man	18%	41%	17%	15%	9%	251
	Woman	20%	30%	38%	8%	4%	256
<b>Highest Level of Education</b>	High school or less	21%	26%	36%	8%	9%	180
	Tech school/Some college	14%	41%	20%	20%	5%	151
	College graduate	20%	39%	25%	12%	4%	115
	Postgraduate work	21%	38%	26%	9%	6%	83
<b>Household Income</b>	Less than \$30,000	8%	32%	31%	20%	9%	56
	\$30,000 - \$59,999	14%	26%	33%	23%	5%	89
	\$60,000 - \$74,999	15%	48%	26%	9%	2%	68
	\$75,000 - \$99,999	30%	39%	22%	7%	2%	64
	\$100,000 - \$149,999	16%	39%	35%	7%	3%	87
	\$150,000 or more	31%	38%	12%	15%	4%	75
<b>Own or Rent Home</b>	Own Home	19%	39%	25%	12%	5%	419
	Rent Home	19%	23%	39%	16%	4%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	18%	34%	30%	13%	5%	464
	Not Caucasian/White Only	30%	35%	8%	4%	23%	42
<b>Region</b>	Keene	17%	38%	23%	20%	2%	112
	Rest of Cheshire	19%	34%	25%	14%	9%	287
	Western Hillsborough	20%	35%	37%	3%	4%	131
<b>Veteran Status</b>	No Veteran in HH	17%	38%	25%	13%	7%	428
	Veteran in HH	28%	22%	37%	11%	2%	97
<b>Voter Registration</b>	Registered Democrat	18%	34%	29%	14%	5%	172
	Registered Undeclared	22%	33%	30%	10%	4%	181
	Registered Republican	13%	49%	30%	7%	2%	124

Q22 How safe do you feel out in public spaces, such as parks, sidewalks, or trails during the day?

		Very safe	Somewhat safe	Not very safe	Not safe at all	Don't know/Not sure	N
<b>Overall</b>		44%	46%	8%	2%	0%	533
<b>Age of Respondent</b>	18 to 34	26%	62%	12%			123
	35 to 49	69%	27%	4%			101
	50 to 64	46%	46%	5%	4%		152
	65 and older	42%	43%	13%	2%	1%	141
<b>Children in Household</b>	No children in HH	44%	46%	7%	2%	0%	371
	One child in HH	64%	30%	5%			67
	Two or more children in HH	29%	57%	14%			90
<b>Employment Status</b>	Employed full-time	55%	38%	5%	2%		206
	Employed part-time	42%	46%	13%			41
	Self-employed	41%	59%				34
	Retired	38%	51%	11%		1%	165
	Homemaker	37%	40%	23%			47
	Unemployed	13%	75%		12%		28
<b>Financial Situation</b>	0-4 Financial Situation	29%	54%	13%	3%		132
	5-7 Financial Situation	43%	48%	7%	1%	0%	249
	8-10 Financial Situation	58%	36%	5%		0%	141
<b>Gender</b>	Man	50%	42%	7%	1%	0%	254
	Woman	39%	49%	9%	3%	0%	256
<b>Highest Level of Education</b>	High school or less	31%	55%	11%	4%		180
	Tech school/Some college	43%	46%	10%	1%	0%	154
	College graduate	54%	39%	7%			115
	Postgraduate work	63%	34%	2%		1%	83
<b>Household Income</b>	Less than \$30,000	30%	53%	8%	8%	1%	56
	\$30,000 - \$59,999	40%	46%	13%			89
	\$60,000 - \$74,999	49%	42%	9%			68
	\$75,000 - \$99,999	32%	59%	9%			65
	\$100,000 - \$149,999	60%	32%	8%			87
	\$150,000 or more	56%	43%	1%			75
<b>Own or Rent Home</b>	Own Home	45%	46%	8%	1%	0%	421
	Rent Home	44%	42%	9%	5%		83
<b>Race/Ethnicity</b>	Caucasian/White Only	47%	44%	8%	2%	0%	467
	Not Caucasian/White Only	23%	61%	16%			42
<b>Region</b>	Keene	58%	33%	5%	4%		112
	Rest of Cheshire	42%	50%	7%	1%		290
	Western Hillsborough	38%	49%	12%		1%	131
<b>Veteran Status</b>	No Veteran in HH	46%	48%	5%	1%	0%	430
	Veteran in HH	37%	40%	23%			98
<b>Voter Registration</b>	Registered Democrat	46%	45%	7%	2%		173
	Registered Undeclared	46%	45%	7%	1%	0%	181
	Registered Republican	42%	45%	12%	1%	0%	126

Q23 Do you agree or disagree with the following statement: I feel a sense of community with others in my town or city.

		Strongly agree	Somewhat agree	Neutral	Somewhat disagree	Strongly disagree	N
<b>Overall</b>		18%	36%	25%	12%	8%	533
<b>Age of Respondent</b>	18 to 34	15%	29%	27%	18%	11%	123
	35 to 49	15%	42%	28%	9%	5%	101
	50 to 64	15%	37%	26%	10%	12%	152
	65 and older	22%	41%	24%	9%	4%	141
<b>Children in Household</b>	No children in HH	20%	40%	21%	12%	7%	371
	One child in HH	14%	38%	41%	4%	3%	67
	Two or more children in HH	12%	24%	33%	19%	13%	90
<b>Employment Status</b>	Employed full-time	18%	43%	24%	8%	6%	206
	Employed part-time	30%	34%	6%	15%	15%	41
	Self-employed	16%	52%	4%	22%	6%	34
	Retired	21%	35%	25%	14%	5%	165
	Homemaker	7%	11%	58%	23%	1%	47
	Unemployed	2%	23%	26%	2%	47%	28
<b>Financial Situation</b>	0-4 Financial Situation	8%	32%	29%	14%	18%	132
	5-7 Financial Situation	16%	36%	29%	15%	5%	249
	8-10 Financial Situation	31%	43%	16%	8%	2%	141
<b>Gender</b>	Man	16%	40%	27%	8%	9%	254
	Woman	19%	35%	26%	13%	8%	256
<b>Highest Level of Education</b>	High school or less	9%	31%	31%	13%	16%	180
	Tech school/Some college	16%	34%	28%	15%	8%	154
	College graduate	27%	43%	19%	10%	1%	115
	Postgraduate work	28%	43%	17%	11%	2%	83
<b>Household Income</b>	Less than \$30,000	3%	30%	45%	4%	18%	56
	\$30,000 - \$59,999	20%	21%	36%	19%	4%	89
	\$60,000 - \$74,999	20%	35%	33%	9%	2%	68
	\$75,000 - \$99,999	18%	44%	17%	14%	7%	65
	\$100,000 - \$149,999	14%	63%	17%	5%	1%	87
	\$150,000 or more	28%	38%	13%	18%	2%	75
<b>Own or Rent Home</b>	Own Home	19%	39%	24%	13%	5%	421
	Rent Home	14%	29%	36%	6%	14%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	19%	37%	26%	12%	6%	467
	Not Caucasian/White Only	6%	37%	6%	14%	37%	42
<b>Region</b>	Keene	22%	32%	29%	6%	11%	112
	Rest of Cheshire	14%	30%	31%	15%	10%	290
	Western Hillsborough	21%	54%	10%	13%	2%	131
<b>Veteran Status</b>	No Veteran in HH	19%	37%	24%	12%	8%	430
	Veteran in HH	14%	32%	31%	13%	9%	98
<b>Voter Registration</b>	Registered Democrat	21%	39%	17%	17%	6%	173
	Registered Undeclared	22%	34%	31%	8%	6%	181
	Registered Republican	11%	41%	32%	15%	1%	126

Q24 Overall, how would you rate your community as a place to live?

		Very good	Good	Fair	Poor	Very poor	Don't know/Not sure	N
<b>Overall</b>		35%	46%	12%	5%	2%	0%	526
<b>Age of Respondent</b>	18 to 34	27%	42%	21%	10%			116
	35 to 49	31%	56%	11%	0%	2%		101
	50 to 64	40%	44%	10%	4%	2%	0%	152
	65 and older	39%	47%	9%	2%	2%	1%	141
<b>Children in Household</b>	No children in HH	39%	45%	9%	5%	2%	0%	363
	One child in HH	31%	58%	9%		3%		67
	Two or more children in HH	19%	42%	29%	11%			90
<b>Employment Status</b>	Employed full-time	37%	49%	8%	3%	3%	0%	206
	Employed part-time	51%	28%	12%	10%			41
	Self-employed	66%	22%	5%	6%			26
	Retired	35%	50%	11%	3%	0%	0%	165
	Homemaker	16%	45%	39%				47
	Unemployed	14%	33%	19%	35%			28
<b>Financial Situation</b>	0-4 Financial Situation	23%	35%	27%	10%	4%	1%	132
	5-7 Financial Situation	31%	53%	11%	5%		0%	242
	8-10 Financial Situation	51%	45%	2%	0%	1%		141
<b>Gender</b>	Man	33%	50%	8%	6%	2%		254
	Woman	37%	42%	16%	4%	1%	0%	256
<b>Highest Level of Education</b>	High school or less	25%	44%	18%	11%	2%		180
	Tech school/Some college	32%	48%	13%	3%	2%	1%	146
	College graduate	46%	48%	5%	1%			115
	Postgraduate work	46%	42%	10%	2%	0%	0%	83
<b>Household Income</b>	Less than \$30,000	13%	52%	22%	4%	8%	1%	56
	\$30,000 - \$59,999	32%	46%	20%	2%		0%	89
	\$60,000 - \$74,999	25%	67%	8%				67
	\$75,000 - \$99,999	37%	44%	19%				65
	\$100,000 - \$149,999	39%	56%	5%		0%		87
	\$150,000 or more	57%	34%	4%	3%	3%		67
<b>Own or Rent Home</b>	Own Home	37%	47%	11%	3%	1%	0%	413
	Rent Home	31%	42%	18%	5%	2%	1%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	36%	46%	12%	3%	2%	0%	460
	Not Caucasian/White Only	31%	31%	15%	23%			42
<b>Region</b>	Keene	39%	46%	13%	1%	1%		112
	Rest of Cheshire	32%	45%	13%	8%	2%		283
	Western Hillsborough	38%	48%	12%	1%	1%	1%	131
<b>Veteran Status</b>	No Veteran in HH	36%	46%	11%	5%	2%	0%	423
	Veteran in HH	32%	47%	16%	5%			98
<b>Voter Registration</b>	Registered Democrat	43%	41%	11%	5%		1%	165
	Registered Undeclared	38%	42%	15%	4%	1%		181
	Registered Republican	25%	64%	8%	2%	1%		126

Q25 Imagine that there is a catastrophic disaster event that affects your entire community. How long do you believe it will take for an emergency responder to get to you?

		Never	Under 1 hour	Within a day	Within several days	Within several hours	Don't know/Not sure	N
<b>Overall</b>		2%	24%	12%	16%	30%	16%	533
<b>Age of Respondent</b>	18 to 34	8%	19%	16%	11%	35%	12%	123
	35 to 49		27%	8%	16%	35%	14%	101
	50 to 64		12%	13%	21%	32%	22%	152
	65 and older		38%	11%	12%	22%	16%	141
<b>Children in Household</b>	No children in HH		24%	13%	16%	32%	15%	371
	One child in HH		26%	8%	17%	28%	21%	67
	Two or more children in HH	11%	18%	13%	15%	27%	17%	90
<b>Employment Status</b>	Employed full-time		25%	10%	16%	34%	16%	206
	Employed part-time		32%	15%	7%	29%	16%	41
	Self-employed		2%	11%	39%	16%	32%	34
	Retired		30%	12%	20%	21%	17%	165
	Homemaker	20%	19%	1%	6%	44%	9%	47
	Unemployed		15%	49%		29%	7%	28
<b>Financial Situation</b>	0-4 Financial Situation	7%	25%	10%	14%	29%	15%	132
	5-7 Financial Situation		21%	12%	20%	28%	19%	249
	8-10 Financial Situation		25%	15%	11%	37%	11%	141
<b>Gender</b>	Man		24%	14%	18%	23%	21%	254
	Woman	4%	24%	11%	11%	38%	12%	256
<b>Highest Level of Education</b>	High school or less	5%	23%	10%	13%	29%	20%	180
	Tech school/Some college		26%	4%	23%	29%	18%	154
	College graduate		23%	28%	6%	32%	12%	115
	Postgraduate work		25%	11%	22%	34%	9%	83
<b>Household Income</b>	Less than \$30,000		30%	4%	11%	30%	25%	56
	\$30,000 - \$59,999	11%	26%	7%	13%	19%	24%	89
	\$60,000 - \$74,999		23%	9%	17%	42%	8%	68
	\$75,000 - \$99,999		16%	12%	19%	28%	25%	65
	\$100,000 - \$149,999		35%	9%	14%	35%	7%	87
	\$150,000 or more		21%	18%	19%	32%	10%	75
<b>Own or Rent Home</b>	Own Home	2%	24%	11%	17%	29%	16%	421
	Rent Home		23%	6%	13%	39%	19%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	2%	24%	11%	15%	31%	17%	467
	Not Caucasian/White Only		27%	27%	26%	10%	10%	42
<b>Region</b>	Keene		38%	10%	7%	32%	13%	112
	Rest of Cheshire		21%	13%	21%	27%	18%	290
	Western Hillsborough	7%	18%	13%	11%	37%	13%	131
<b>Veteran Status</b>	No Veteran in HH		23%	12%	17%	32%	16%	430
	Veteran in HH	10%	27%	13%	13%	22%	15%	98
<b>Voter Registration</b>	Registered Democrat		27%	15%	18%	29%	12%	173
	Registered Undeclared		17%	9%	17%	39%	17%	181
	Registered Republican	8%	21%	9%	15%	26%	21%	126

Q26 Does your household have an emergency kit that would allow you to shelter in place for 3 days, including the following items: at least two days of food and water, a flashlight, a portable radio and spare batteries, emergency phone numbers, and a meeting place for family members in case of evacuation?

		All	Some	None	Don't know/Not sure	N
<b>Overall</b>		31%	50%	17%	3%	533
<b>Age of Respondent</b>	18 to 34	20%	44%	27%	9%	123
	35 to 49	28%	53%	19%	0%	101
	50 to 64	31%	51%	16%	1%	152
	65 and older	41%	50%	9%	0%	141
<b>Children in Household</b>	No children in HH	32%	50%	15%	3%	370
	One child in HH	23%	64%	13%	1%	67
	Two or more children in HH	27%	42%	27%	4%	90
<b>Employment Status</b>	Employed full-time	33%	46%	17%	4%	206
	Employed part-time	23%	41%	26%	10%	41
	Self-employed	17%	57%	26%		34
	Retired	43%	50%	7%	0%	165
	Homemaker	14%	46%	40%	1%	47
	Unemployed	9%	74%	17%		27
<b>Financial Situation</b>	0-4 Financial Situation	15%	45%	33%	7%	132
	5-7 Financial Situation	32%	52%	14%	2%	249
	8-10 Financial Situation	41%	52%	7%	0%	140
<b>Gender</b>	Man	43%	42%	14%	1%	254
	Woman	19%	57%	20%	4%	255
<b>Highest Level of Education</b>	High school or less	29%	42%	25%	4%	180
	Tech school/Some college	33%	54%	9%	4%	154
	College graduate	28%	55%	18%		115
	Postgraduate work	34%	53%	12%	1%	83
<b>Household Income</b>	Less than \$30,000	15%	51%	31%	3%	56
	\$30,000 - \$59,999	35%	42%	22%	0%	89
	\$60,000 - \$74,999	30%	57%	11%	2%	68
	\$75,000 - \$99,999	25%	64%	11%	0%	65
	\$100,000 - \$149,999	29%	44%	19%	9%	87
	\$150,000 or more	41%	55%	4%		75
<b>Own or Rent Home</b>	Own Home	35%	48%	15%	3%	420
	Rent Home	18%	54%	28%		83
<b>Race/Ethnicity</b>	Caucasian/White Only	29%	50%	18%	3%	467
	Not Caucasian/White Only	36%	47%	13%	4%	42
<b>Region</b>	Keene	14%	62%	23%	0%	112
	Rest of Cheshire	36%	51%	11%	2%	290
	Western Hillsborough	32%	38%	24%	7%	131
<b>Veteran Status</b>	No Veteran in HH	25%	54%	18%	3%	430
	Veteran in HH	51%	35%	13%	0%	98
<b>Voter Registration</b>	Registered Democrat	21%	63%	16%	0%	172
	Registered Undeclared	38%	37%	20%	5%	181
	Registered Republican	39%	50%	11%		126



Q27a Below, please indicate whether you agree or disagree with the following statements - I am confident that I could deal efficiently with unexpected events

		Strongly agree	Somewhat agree	Neutral	Somewhat disagree	Strongly disagree	Don't know/Not sure	N
<b>Overall</b>		32%	46%	12%	7%	1%	3%	531
<b>Age of Respondent</b>	18 to 34	16%	48%	13%	18%	1%	4%	121
	35 to 49	37%	37%	21%	5%	0%		101
	50 to 64	35%	45%	13%	3%	0%	3%	152
	65 and older	37%	55%	5%	2%	0%	0%	141
<b>Children in Household</b>	No children in HH	33%	48%	11%	5%	1%	1%	369
	One child in HH	39%	25%	19%	10%		7%	67
	Two or more children in HH	19%	57%	12%	12%			90
<b>Employment Status</b>	Employed full-time	41%	42%	11%	5%	1%		204
	Employed part-time	15%	63%	11%	0%		10%	41
	Self-employed	39%	16%	10%	22%		13%	34
	Retired	30%	52%	10%	5%	0%	3%	165
	Homemaker	22%	28%	30%	20%			47
	Unemployed	2%	69%	24%	3%	2%		28
<b>Financial Situation</b>	0-4 Financial Situation	16%	52%	21%	10%	1%		131
	5-7 Financial Situation	30%	44%	13%	8%	1%	4%	249
	8-10 Financial Situation	50%	45%	3%	2%		0%	141
<b>Gender</b>	Man	43%	47%	8%	2%		0%	254
	Woman	21%	45%	18%	10%	1%	5%	254
<b>Highest Level of Education</b>	High school or less	19%	45%	20%	9%		7%	180
	Tech school/Some college	36%	46%	7%	11%	0%		152
	College graduate	39%	50%	9%	2%	1%		115
	Postgraduate work	41%	43%	10%	3%	2%	1%	83
<b>Household Income</b>	Less than \$30,000	20%	54%	23%	1%	1%		55
	\$30,000 - \$59,999	18%	51%	10%	21%	0%		89
	\$60,000 - \$74,999	36%	40%	22%	0%	1%	0%	68
	\$75,000 - \$99,999	25%	49%	10%	9%		7%	65
	\$100,000 - \$149,999	42%	40%	18%	0%			87
	\$150,000 or more	53%	30%	1%	14%	2%		75
<b>Own or Rent Home</b>	Own Home	35%	43%	13%	7%	1%	2%	421
	Rent Home	15%	53%	14%	11%	1%	5%	83
<b>Race/Ethnicity</b>	Caucasian/White Only	32%	44%	13%	8%	0%	2%	465
	Not Caucasian/White Only	19%	62%	6%		1%	11%	42
<b>Region</b>	Keene	22%	52%	15%	7%	1%	4%	112
	Rest of Cheshire	33%	44%	12%	7%	1%	3%	289
	Western Hillsborough	37%	44%	11%	8%	0%	0%	131
<b>Veteran Status</b>	No Veteran in HH	31%	46%	13%	6%	1%	3%	428
	Veteran in HH	34%	44%	10%	12%	0%		98
<b>Voter Registration</b>	Registered Democrat	26%	47%	14%	10%	1%	3%	173
	Registered Undeclared	38%	47%	10%	4%	1%	0%	181
	Registered Republican	34%	42%	11%	9%		4%	126

Q27b Below, please indicate whether you agree or disagree with the following statements - I am able to adapt when changes occur

		Strongly agree	Somewhat agree	Neutral	Somewhat disagree	Strongly disagree	N
<b>Overall</b>		40%	45%	7%	7%	1%	530
<b>Age of Respondent</b>	18 to 34	39%	39%	5%	16%		121
	35 to 49	40%	50%	6%	4%		101
	50 to 64	35%	41%	15%	6%	3%	151
	65 and older	43%	53%	3%	1%		141
<b>Children in Household</b>	No children in HH	39%	46%	8%	6%	1%	368
	One child in HH	35%	55%	3%	7%		67
	Two or more children in HH	44%	36%	9%	12%		90
<b>Employment Status</b>	Employed full-time	48%	40%	4%	6%	2%	202
	Employed part-time	37%	49%	0%	13%		41
	Self-employed	50%	32%	4%	13%		34
	Retired	37%	51%	11%	2%		165
	Homemaker	15%	51%	13%	21%		47
	Unemployed	38%	37%	19%	5%		28
<b>Financial Situation</b>	0-4 Financial Situation	29%	42%	10%	16%	3%	131
	5-7 Financial Situation	39%	48%	8%	5%		248
	8-10 Financial Situation	48%	47%	4%	1%		141
<b>Gender</b>	Man	52%	41%	3%	2%	2%	254
	Woman	28%	48%	12%	11%		253
<b>Highest Level of Education</b>	High school or less	34%	36%	12%	16%	2%	180
	Tech school/Some college	37%	55%	5%	2%		150
	College graduate	48%	45%	5%	2%		115
	Postgraduate work	45%	47%	6%	2%		83
<b>Household Income</b>	Less than \$30,000	16%	59%	18%	7%		55
	\$30,000 - \$59,999	35%	39%	14%	12%		89
	\$60,000 - \$74,999	48%	50%	1%	0%		68
	\$75,000 - \$99,999	29%	52%	12%	8%		65
	\$100,000 - \$149,999	50%	36%	5%	9%		87
	\$150,000 or more	55%	41%	1%	3%		75
<b>Own or Rent Home</b>	Own Home	41%	44%	7%	7%	1%	419
	Rent Home	25%	59%	9%	6%		83
<b>Race/Ethnicity</b>	Caucasian/White Only	37%	46%	8%	8%	1%	464
	Not Caucasian/White Only	67%	31%	1%	1%		42
<b>Region</b>	Keene	43%	46%	7%	4%		112
	Rest of Cheshire	39%	45%	11%	4%	1%	289
	Western Hillsborough	39%	46%	1%	15%		129
<b>Veteran Status</b>	No Veteran in HH	40%	48%	6%	6%		427
	Veteran in HH	38%	35%	13%	10%	4%	98
<b>Voter Registration</b>	Registered Democrat	36%	48%	11%	4%		173
	Registered Undeclared	45%	45%	3%	5%	2%	181
	Registered Republican	31%	50%	7%	11%		125

Q27c Below, please indicate whether you agree or disagree with the following statements - I tend to bounce back after illness, injury, or other hardships

		Strongly agree	Somewhat agree	Neutral	Somewhat disagree	Strongly disagree	Don't know/Not sure	N
<b>Overall</b>		37%	50%	6%	5%	0%	1%	531
<b>Age of Respondent</b>	18 to 34	41%	43%	6%	10%	1%		121
	35 to 49	34%	53%	8%	4%			101
	50 to 64	35%	51%	8%	2%	1%	3%	152
	65 and older	38%	54%	3%	4%	0%		141
<b>Children in Household</b>	No children in HH	33%	54%	9%	3%	1%		369
	One child in HH	45%	48%	1%			7%	67
	Two or more children in HH	44%	40%	2%	14%			90
<b>Employment Status</b>	Employed full-time	49%	40%	8%	2%	0%		204
	Employed part-time	39%	47%	8%	6%			41
	Self-employed	29%	51%	2%	5%		13%	34
	Retired	31%	58%	7%	4%	0%		165
	Homemaker	13%	63%		20%	4%		47
	Unemployed	45%	52%	2%	1%			28
<b>Financial Situation</b>	0-4 Financial Situation	25%	48%	13%	12%	1%		131
	5-7 Financial Situation	36%	55%	4%	3%	0%	2%	249
	8-10 Financial Situation	47%	47%	4%	1%	0%		141
<b>Gender</b>	Man	42%	49%	5%	4%	0%		254
	Woman	32%	52%	8%	5%	1%	2%	254
<b>Highest Level of Education</b>	High school or less	26%	54%	9%	8%	1%	2%	180
	Tech school/Some college	35%	56%	6%	3%			152
	College graduate	50%	41%	5%	4%			115
	Postgraduate work	47%	47%	3%	2%	1%		83
<b>Household Income</b>	Less than \$30,000	17%	65%	9%	9%			55
	\$30,000 - \$59,999	36%	42%	8%	13%			89
	\$60,000 - \$74,999	42%	56%	1%	0%	0%		68
	\$75,000 - \$99,999	30%	58%	5%	0%		7%	65
	\$100,000 - \$149,999	45%	40%	11%	4%			87
	\$150,000 or more	50%	48%	2%		1%		75
<b>Own or Rent Home</b>	Own Home	39%	49%	6%	5%	0%	1%	421
	Rent Home	24%	63%	10%	3%			83
<b>Race/Ethnicity</b>	Caucasian/White Only	37%	50%	7%	5%	0%	1%	465
	Not Caucasian/White Only	46%	53%			1%		42
<b>Region</b>	Keene	39%	53%	5%	3%	1%		112
	Rest of Cheshire	39%	48%	6%	4%	1%	2%	289
	Western Hillsborough	31%	53%	8%	8%	0%		131
<b>Veteran Status</b>	No Veteran in HH	37%	51%	6%	3%	1%	1%	428
	Veteran in HH	33%	50%	6%	11%			98
<b>Voter Registration</b>	Registered Democrat	34%	54%	7%	5%			173
	Registered Undeclared	45%	44%	7%	2%	1%		181
	Registered Republican	22%	63%	4%	8%		4%	126

## Appendix B

### **Q6\_97\_TEXT: “Why were you unable or did not receive care for a routine physical exam or checkup”- Other (Please specify) - Text**

- current provider left practice
- doc says didn't need to as they see me 2 times a yr for other issues
- Lack of communication between DH and outside cardiologist
- My GP thinks ibuprofen cures everything...
- Never missed an appointment
- NH lack sufficient number of primary care doctors
- no appts available for several months
- Not applicable
- Our providers keep leaving or retiring
- provider cancelled scheduled appt and had to reschedule
- Was not accepting new patients
- Was too symptomatic to drive myself and I don't have any other way to get there and no one to take me

### **Q7\_97\_TEXT: “Why were you unable or did not receive care for a sickness or illness” - Other (Please specify) - Text**

- A referral was placed but I never got the appointment scheduled
- bad weather
- Had an eye emergency but Cheshire Med wasn't taking new patients, even though this was a true emergency.
- Haven't seen a dr in 10 years
- Left a message but didn't get called back.
- locally, our medical facilities are awful thus have to go all the way to Nashua
- Long wait time
- Never missed an appointment
- Not enough doctors in NH
- Nurse did not feel my symptoms warranted a visit. I disagree.
- Office did not return calls
- They refused to schedule myself and family in
- Wait time too long in the ER
- Was too symptomatic to drive myself and I don't have any other way to get there and no one to take me

**Q8\_97\_TEXT: "In the past 12 months three sources used most often as a source of health information for yourself" - Another source (Please specify) - Text**

- /merck manual
- 1,2 healthcare professionals via podcasts and their websites, citizen scientists his same
- alternate care providers
- Books
- Books
- Convenient MD
- Doctor
- Doctor
- Dr. Mercola & Children's Health Defense
- personal interaction with pros
- Friends who are doctors
- Healthcare enewsletters
- hospital websites
- Insurance company
- Local hospital
- Magazine article or newspaper article
- materials provided by physician
- mayoclinic.org
- Medical Journals
- Medical texts
- Medicare Advisor
- Medscape. com
- My knowledge from past experience
- My wife she is a RN
- myself
- Myself
- Myself
- myself, I am trained in natural health
- Myself, I'm an RN
- Newsletters
- None
- None
- none. physicians and nurse practitioners in the family
- online courses
- Online support groups for health issues
- paying attention to my body
- Personal medical intuition
- Spouse retired P.A.
- T. Colin Campbell Center for Nutrition Studies

- Telehealth
- VA.gov

**Q10\_97\_TEXT: “What things typically do to provide care or assist family member or friend who is aging, has a health problem, or has a disability” - Other (Please specify) - Text**

- Arrange for daycare and homecare. Give medication
- communication autistic
- Help at medical visits
- Home dialysis
- Legacy planning. Parents of somewhat disabled nephew are aged
- Long distance caregiving for mother: mostly paperwork and technical advice
- Mom with dementia lives with us
- Mow lawn, other household chores
- Outdoors gardening and mowing the lawn
- Pick up and coordinate medications
- Prepare meals
- Take care of cooking and bills and some cleaning
- Things he needs help with like pulling in a chair. Weakness on left side need help with some lifting, etc.
- Washing and colostomy bag changes
- yard work

**Q15\_97\_TEXT: “Why would you say that it is difficult for you to buy healthy foods like fresh fruits and vegetables” - Other (Please specify) - Text**

- Availability of a variety of fresh fruits and vegetables
- I got a grant for farm Co op share but could not pay my 1/2 so had to pass
- My health limits how often I can shop, and my budget limits my options also, I often need to use a food pantry which has mostly processed stuff. I want to eat whole food plant based vegan 100% but it's hard to do that with my health issues and budget
- My kids and I love fruits and vegetables it's just impossible to afford to be able to eat them on a daily basis.
- Spoil if buy too much at once but can't conveniently go to store often enough.
- Teeth in very poor condition
- The veggies and fruits get rotten within days of me buying them

**Q18\_97\_TEXT: “Does a lack of transportation ever prevent you from doing the following things?” - Text**

- Getting out of town
- Going for a ride
- I cannot go for an eye exam without finding a driver.

- I have had to take over driving and there are times I am just too tired to do so..husband should no longer be driving
- I live 45 minutes away from all these things
- Just going out to different stores
- Lack of my ability to drive my transportation limits ALL the things listed. I have only the energy for bare essentials (dr appts and groceries and those are limited too)
- Long distance trips and lack of viable public transportation . Gas prices hinder travel
- No
- No problems
- Not having transportation makes my kids and I miss out on so much, including outings as a family for fun or learning, grocery shopping, clothes shopping, appointments, hair cuts, time with friends and family, public events such as fireworks, apple picking, farmers market, old homes day, etc and it makes us miss many other things in our lives.
- occasionally when it is 'in the shop' (being repaired)
- one car family-husband uses for work all week
- ride to/from surgeries

## Appendix C

# 2024 Greater Monadnock Community Survey

### INTRO1

The Healthy Monadnock Alliance, a regional partnership of community leaders, is conducting a community health needs assessment survey to better understand our community's health concerns and quality of life.

The survey should take between 10 and 15 minutes to complete.

The Healthy Monadnock Alliance has partnered with the University of New Hampshire Survey Center to administer this survey. The UNH Survey Center will keep all responses confidential, and you may refuse to answer any questions or stop taking the survey at any time.

If you have any questions or concerns, please contact Magdalynn Graul ([mgraul@cheshire-med.com](mailto:mgraul@cheshire-med.com)). If you have any technical difficulties accessing the survey, please contact Zach Azem ([zachary.azem@unh.edu](mailto:zachary.azem@unh.edu)) at the UNH Survey Center.

Please select "Begin" below to begin the survey.

Q1 In general, how would you rate your overall health?

- Very good (1)
- Good (2)
- Fair (3)
- Poor (4)
- Very poor (5)
- Don't know (98)



Q2

For about how many days during **the past 30 days** did poor physical health keep you from doing your usual activities, such as self-care, work, or recreation?

(Please enter a whole number only)

---

Q3

For about how many days during **the past 30 days** did poor mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(Please enter a whole number only)

---

Q4

In **the past 12 months**, have you or another adult in your household needed or wanted medical care for the following reasons but did not or could not get care?

	Yes (1)	No (2)	Don't know/Can't remember (98)
A routine physical exam or checkup (Q4a)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A sickness or illness (Q4b)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

*Display This Question:*  
*If Q4 [ 1 ] (Count) >= 1*

Q5

How many times in **the past 12 months** have you or another adult in your household needed or wanted medical care for the following reasons but did not or could not get care for any reason?

(Please enter a whole number only)

	Number of times (1)
<p><i>Display This Choice:</i> <i>If Q4 = 1 [ 1 ]</i></p> <p>A routine physical exam or checkup (Q5a)</p>	
<p><i>Display This Choice:</i> <i>If Q4 = 2 [ 1 ]</i></p> <p>A sickness or illness (Q5b)</p>	

Display This Question:

If Q4 = 1 [ 1 ]

Q6

Why were you unable or did not receive care for a routine physical exam or checkup?  
(Please select all that apply)

- Didn't know where to go or who to call to get help (1)
  - Do not have a primary care provider or place where you usually get care (2)
  - Could not get an appointment scheduled in a reasonable time (3)
  - Could not get to the appointment because you could not get transportation there (4)
  - Lack of insurance made it too expensive (5)
  - Couldn't afford co-pay or out-of-pocket costs even with insurance (6)
  - Couldn't find the time between other priorities (i.e. work, school, child care, etc.) (7)
  - Considered getting care but decided it wasn't necessary (8)
  - Could not get an appointment without a referral (9)
  - Other (Please specify) (97)
-

*Display This Question:*

*If Q4 = 2 [ 1 ]*

Q7

Why were you unable or did not receive care for a sickness or illness?

(Please select all that apply)

- Didn't know where to go or who to call to get help (1)
  - Do not have a primary care provider or place where you usually get care (2)
  - Could not get an appointment scheduled in a reasonable time (3)
  - Could not get to the appointment because you could not get transportation there (4)
  - Lack of insurance made it too expensive (5)
  - Couldn't afford co-pay or out-of-pocket costs even with insurance (6)
  - Couldn't find the time between other priorities (i.e. work, school, child care, etc.) (7)
  - Considered getting care but decided it wasn't necessary (8)
  - Could not get an appointment without a referral (9)
  - Was feeling too sick (10)
  - Other (Please specify) (97)
-

Q8

In **the past 12 months**, which of the following are the **three** sources you have used **most often** as a source of health information for yourself?

Please place a "1" next to the source you have used most often, a "2" next to the source you have used second most often, and a "3" next to the source you have used third most often)

- \_\_\_\_\_ Healthcare professionals (1)
- \_\_\_\_\_ Pharmacists (2)
- \_\_\_\_\_ Family members, friends, or co-workers (3)
- \_\_\_\_\_ Internet or websites (4)
- \_\_\_\_\_ Social media (5)
- \_\_\_\_\_ Print materials (i.e., magazines, brochures, or newspapers) (6)
- \_\_\_\_\_ Online magazines or newspapers (7)
- \_\_\_\_\_ Television or radio (8)
- \_\_\_\_\_ A public or community outreach event (i.e., a health fair) (9)
- \_\_\_\_\_ Podcasts (10)
- \_\_\_\_\_ Another source (Please specify) (97)

Q9 Do you **currently** provide care or assistance to a friend or family member who is aging, has a health problem, or has a disability?

- Yes (1)
- No (0)

*Display This Question:*

*If Q9 = 1*

Q10

What kind of things do you typically do to provide care or assist your family member or friend who is aging, has a health problem, or has a disability?

(Please select all that apply)

- Help dress or feed (1)
  - Do physical tasks such as cleaning home (2)
  - Go shopping on their behalf (3)
  - Assist with paperwork or documentation (4)
  - Help pay for expenses (5)
  - Provide transportation (6)
  - Help with medical decisions (7)
  - Provide companionship or social interaction (8)
  - Other (Please specify) (97)
-

*Display This Question:*

*If Q10 = 1*

*Or Q10 = 2*

*Or Q10 = 3*

*Or Q10 = 4*

*Or Q10 = 6*

*Or Q10 = 97*

Q11 About how often do you typically provide care or assistance to a family member or friend who is aging, has a health problem, or has a disability?

- More than once a day (1)
- About once a day (2)
- A few times a week (3)
- A few times a month (4)
- Every few months (5)
- A few times a year or less often (6)
- Don't know/Not sure (98)

*Display This Question:*

*If Q9 = 1*

Q12

How much, if it all, does providing care or assistance to a friend or family member who is aging, has a health problem, or has a disability add to **your** personal levels of stress?

- A lot (1)
- Some (2)
- Not very much (3)
- Not at all (4)
- Don't know/Not sure (98)

Q13 In a typical week, how often do you exercise in a way that causes some increase in breathing or heart rate for at least 20 minutes?

- Never (1)
- Less than once a week (2)
- About 1-2 times a week (3)
- About 3 times a week (4)
- More than 3 times a week (5)
- Don't know/Not sure (98)

Q14 How easy or difficult is it for you to buy healthy foods like fresh fruits or vegetables?

- Very easy (1)
  - Somewhat easy (2)
  - Somewhat difficult (3)
  - Very difficult (4)
  - Don't know/Not sure (98)
-



*Display This Question:*  
If Q14 = 3  
Or Q14 = 4

**Q15**

Why would you say that it is difficult for you to buy healthy foods like fresh fruits and vegetables? (Please select all that apply)

- Cost of healthy foods (1)
- Healthy foods not available where I usually shop (2)
- Healthy foods take too long to prepare (3)
- Prefer the taste of other foods (4)
- Don't have adequate transportation to find healthy foods (5)
- Other (Please specify) (97)

**Q16** How often did the following things happen for anyone in your household over **the past 12 months**?

	Always (1)	Often (2)	Sometimes (3)	Rarely (4)	Never (5)	Don't know/Can't remember (98)
Cut the size or skipped meals because there wasn't enough food (Q16a)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Couldn't afford to eat balanced meals (Q16b)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Couldn't buy the kind of food you wanted because it was too expensive (Q16c)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q17 Which of the following **best** describes your current situation regarding a personal motor vehicle (i.e., car, truck, or motorcycle)?

- Have a personal motor vehicle which is functioning, registered, and passed its last inspection (1)
- Have a personal motor vehicle but it is either not functioning, not registered, or did not pass its last inspection (2)
- Don't have a personal motor vehicle but would like one (3)
- Don't have a personal motor vehicle and do not want one (4)
- Don't know/Not sure (98)

Q18

Does a lack of transportation ever prevent you from doing the following things?  
(Please select all that apply)

- Accessing medical services (1)
  - Grocery shopping (2)
  - Visiting with friends or family (3)
  - Attending social, educational, or informative events (4)
  - Attending or participating in local government events (i.e. meetings or voting) (5)
  - Other (Please specify) (97)
- 
- None (96)
  - Don't know/Not sure (98)

Q19

If something unexpected happened, like an emergency, do you have someone in your life who you could count on to support you?

- Definitely (1)
- Probably (2)
- Probably not (3)
- Definitely not (4)
- Don't know/Not sure (98)

Q20 Below, please indicate whether you agree or disagree with the following statements about mental health.

	Strongly agree (1)	Somewhat agree (2)	Neutral (3)	Somewhat disagree (4)	Strongly disagree (5)	Don't know/Not sure (98)
I wouldn't want my friends or family to know if I were receiving mental health treatment (Q20a)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People today often use mental health as an excuse to get out of tough situations (Q20b)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People today worry too much about their mental health (Q20c)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Only people with serious mental health issues need mental health treatment (Q20d)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q21 If you needed help with the following situations, would you know an entity or organization where you could go to get help?

	Definitely (1)	Probably (2)	Probably not (3)	Definitely not (4)	Don't know/Not sure (98)
An issue with you or a loved one's mental health (Q21a)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You or a loved one struggling with substance use (Q21b)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You or a loved one needing financial help to afford necessities like paying for rent or food (Q21c)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You or a loved one needing help caring for someone who is aging (Q21d)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You or a loved one needing help caring for a child or adolescent (Q21e)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q22 How safe do you feel out in public spaces, such as parks, sidewalks, or trails during the day?

- Very safe (1)
- Somewhat safe (2)
- Not very safe (3)
- Not safe at all (4)
- Don't know/Not sure (98)

Q23 Do you agree or disagree with the following statement: I feel a sense of community with others in my town or city.

- Strongly agree (1)
- Somewhat agree (2)
- Neutral (3)
- Somewhat disagree (4)
- Strongly disagree (5)
- Don't know/Not sure (98)

Q24 Overall, how would you rate your community as a place to live?

- Very good (1)
- Good (2)
- Fair (3)
- Poor (4)
- Very poor (5)
- Don't know/Not sure (98)

Q25 Imagine that there is a catastrophic disaster event that affects your entire community. How long do you believe it will take for an emergency responder to get to you?

- Under 1 hour (1)
- Within several hours (2)
- Within a day (3)
- Within several days (4)
- Never (5)
- Don't know/Not sure (98)

Q26 Does your household have an emergency kit that would allow you to shelter in place for 3 days, including the following items: at least two days of food and water, a flashlight, a portable radio and spare batteries, emergency phone numbers, and a meeting place for family members in case of evacuation?

- All (1)
- Some (2)
- None (3)
- Don't know/Not sure (98)

Q27 Below, please indicate whether you agree or disagree with the following statements.

	Strongly agree (1)	Somewhat agree (2)	Neutral (3)	Somewhat disagree (4)	Strongly disagree (5)	Don't know/Not sure (98)
I am confident that I could deal efficiently with unexpected events (Q27a)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am able to adapt when changes occur (Q27b)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I tend to bounce back after illness, injury, or other hardships (Q27c)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TOWN\_NH

In which town or city do you live?

▼ Alstead (1) ... Other (97)

*Display This Question:*

*If TOWN\_NH = 97*

TOWN\_NH\_other You indicated an "other" town or city above. Which town or city is that?

---

Q28 Including yourself, how many adults currently live in your household?

- One (1)
- Two (2)
- Three (3)
- Four (4)
- Five (5)
- Six (6)
- Seven or more (7)
- Don't know/Not sure (98)

Q29 How many of the persons who currently live in your household are under 18 years of age, including babies and small children?

- Zero (0)
- One (1)
- Two (2)
- Three (3)
- Four (4)
- Five (5)
- Six (6)
- Seven or more (7)
- Don't know/Not sure (98)



Q30

What is your current age?

(Please enter a number only)

---

Q31 Do you own or rent your current home?

- Own (1)
- Rent (2)
- Other (97)

Q32 What is the highest grade in school or level of education that you've completed and got credit for?

- Eighth grade or less (1)
- Some high school (2)
- High school graduate (includes G.E.D.) (3)
- Technical school (4)
- Some college (5)
- College graduate (6)
- Postgraduate work (7)
- Don't know/Not sure (98)

Q33 Are you or any person in your household a member or veteran of the armed forces?

- Yes (1)
- No (2)
- Don't know/Not sure (98)

Q34 What is your current employment status?

- Employed full-time (1)
- Employed part-time (2)
- Self-employed (3)
- Unemployed (4)
- Retired (5)
- Student (6)
- Homemaker (7)
- Don't know/Not sure (98)

Q35 How much **total** income did you and your family receive in 2023, not just from wages or salaries but from **all** sources, that is, before taxes and other deductions were made?

- Less than \$15,000 (Less than \$1,250 per month) (1)
- \$15,000-\$29,999 (\$1,250-\$2,499 per month) (2)
- \$30,000-\$44,999 (\$2,500-\$3,749 per month) (3)
- \$45,000-\$59,999 (\$3,750-\$4,999 per month) (4)
- \$60,000-\$74,999 (\$5,000-\$6,249 per month) (5)
- \$75,000-\$99,999 (\$6,250-\$8,333 per month) (6)
- \$100,000-\$149,999 (\$8,334-\$12,499 per month) (7)
- \$150,000-\$199,999 (\$12,500-\$16,666 per month) (8)
- \$200,000 and over (\$16,667 and over per month) (9)
- Don't know/Not sure (98)
- Prefer not to say (99)

Q36 Imagine the number 10 represents the best possible financial condition for you, and the number 0 represents the worst possible financial situations for you. Please state where on the scale of 0 to 10 you stand right now.

- 0 (Worst possible financial situation) (0)
- 1 (1)
- 2 (2)
- 3 (3)
- 4 (4)
- 5 (5)
- 6 (6)
- 7 (7)
- 8 (8)
- 9 (9)
- 10 (Best possible financial condition) (10)
- Don't know/Not sure (98)

Q37 Which of the following ethnic or racial groups do you identify with? (Please select all that apply)

- Native American, Inuit, or Aleut (1)
  - Asian American/Pacific Islander (2)
  - African American/Black/Caribbean American (3)
  - Caucasian/White (4)
  - Latin/Hispanic (5)
  - Other (Please specify) (97)
- 

- Prefer not to say (99)

Q38 Which of the following best describes your gender?

- Woman (1)
- Man (2)
- Transgender man (3)
- Transgender woman (4)
- Genderqueer/Gender-nonconforming (5)
- Prefer not to say (99)

Q39 Which of the following best describes your sexual identity?

- Straight or heterosexual (1)
- Lesbian or gay (2)
- Bisexual (3)
- Queer, pansexual, and/or questioning (4)
- Something else (97)
- Prefer not say (99)

Q40 Are you registered to vote at your current address?

- Yes (1)
- No (2)
- Don't know/Not sure (98)

---

*Display This Question:*

*If Q40 = 1*

Q41 And what are you registered as?

- Registered Democrat (1)
  - Registered Independent/Unaffiliated/Undeclared (2)
  - Registered Republican (3)
  - Registered Other (Please specify) (97)
- 
- Don't know/Not sure (98)

RAFF1 Would you like to be entered for a chance to win **one of ten \$50 Amazon giftcards?**

- Yes (1)
- No (2)

*Display This Question:*

*If RAFF1 = 1*

RAFF2 Please provide the following information so that we may contact you if you are the winner.

- Name (1) \_\_\_\_\_
- Email (3) \_\_\_\_\_